JUNE 2021 | Issue 001

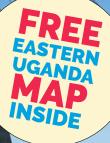
# Tourism Services DICECTOTY FOR EASTERN UGANDA

WELCOME TO THE MYSTICAL EAST

WISE MEN AND WOMEN FROM THE EAST

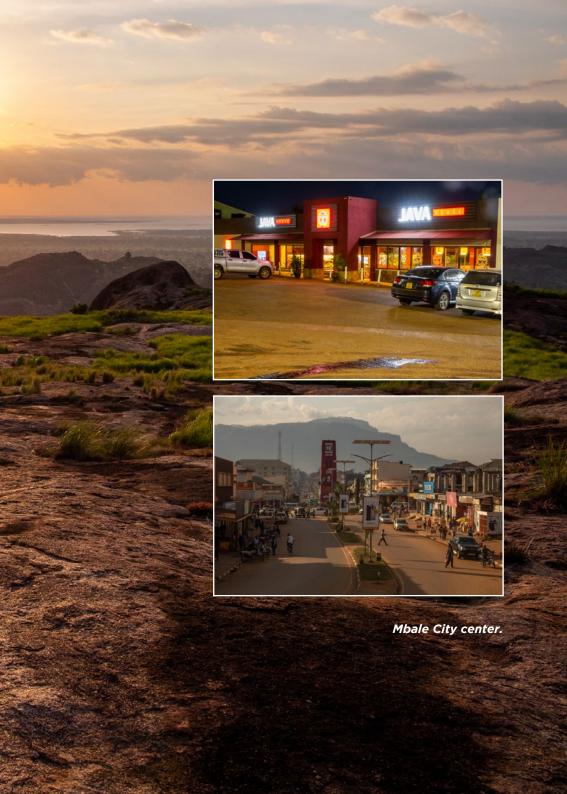
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## **FOREWORD**



The people are hospitable, progressive and so eager to share their essence and their history with you. Words such as adventure, thrill and culture come to mind when you think of this hilly land whose high altitude has given us world champions such as Moses Kiprotich and Joshua Cheptegei.

n the last few decades, Eastern Uganda has been transformed into a tourist haven. With natural attractions such as the source of the Nile, Sipi Falls, Nyero Rock Paintings and caves and Mt Elgon the hikers' paradise there is so much to explore and experience. Small farmers have opened up their farms and homes to tourists, while investors have put up state-of-the-art facilities. To me, this signals great progress in taking down the barriers between the surrounding community and the traveler. It is a land bursting with unique culture and a variety

of traditions. This is the land of the Imbalu initiation ceremony and the Kadodi dance. Your taste buds will also be treated to local culinary delights such as mboli (potatoes), kamalewa, maido (ground nuts) and coffee from Masaba land. The people are hospitable, progressive and so eager to share their essence and their history with you. Words such as adventure, thrill and culture come to mind when you think of this hilly land whose high altitude has given us world champions such as Moses Kiprotich and Joshua Cheptegei. The luxury traveler is spoilt for choice for locations to visit, experiences to be had while the budget traveler has quality guest houses and campsites to choose from. The thrill seeker too, will not be able to exhaust the offers on hand. It has also been noticed that where resorts once kept guests within the confines of its walls, today, hotels encourage guests to go out and explore local culture while also inviting residents to come enjoy on-site restaurants, bars, and coffee shops. Hotels have also recognized that home-sharing services are here to stay and are taking cues from what they do well. It's a more open-minded take on the best of classic hospitality. When done right, it's good for the traveler and it's good for the travel business. I commend and recommend this trend.

Doreen Katusiime

PERMANENT SECRETARY MINISTRY OF TOURISM WILDLIFE & ANTIQUITIES

## COVID 19 SOPS HOW WE ARE EMBRACING THE NEW NORMAL AS A COUNTRY

## GENERAL HEALTH AND SAFETY PROTOCOLS

The following measures that have been communicated by the Ministry of Health, Local Health Authorities and World Health Organization should be strictly adhered to all times:

Social distancing measures together with frequent hand hygiene and respiratory etiquette are the main measures to prevent transmission of COVID-19. Although it is probable that guests are already familiar with these measures, they should be reminded as a form of hospitality.

#### Social Distancing

Social distancing includes refraining from hugging & shaking hands with guests as well as among fellow staff. It involves maintaining a distance of at least 2m (6 ft) and avoiding anyone who is coughing, sneezing or talking without a mask.

#### **Hand Washing**

Hand hygiene means regularly and thoroughly cleaning hands with an alcohol-based hand rub or washing them with soap and water. Also avoid touching eyes, nose, and mouth. Hand disinfection is indicated after exchanging objects (money, credit cards) with guests.

#### **Respiratory Hygiene**

Respiratory etiquette means covering mouth and nose with bent elbow or tissue when coughing or sneezing. The used tissue should be disposed of immediately in a bin with a lid. Ensure that face masks are worn at all times while with guests.

#### Disinfection

All indoor areas such as entrance lobbies, corridors and staircases, escalators, elevators, security guard booths, office rooms, meeting rooms, cafeteria should be mopped with a disinfectant (1% sodium hypocrite or phenolic disinfectants).

For metallic surfaces like door





handles, security locks, keys etc. 70% alcohol based sanitizer can be used to wipe down surfaces where the use of bleach is not suitable.

#### **Health and Safety Communication**

Communication should be maintained between Management and staff in charge of the different departments in order to pre-define an information policy for guests as well as to rapidly provide and obtain information on incidents that may arise in the establishment and to know the status of the situation at all times.

Providing guidelines to the staff on how they should communicate the action plan to guests and other stakeholders can ensure alignment consistency.

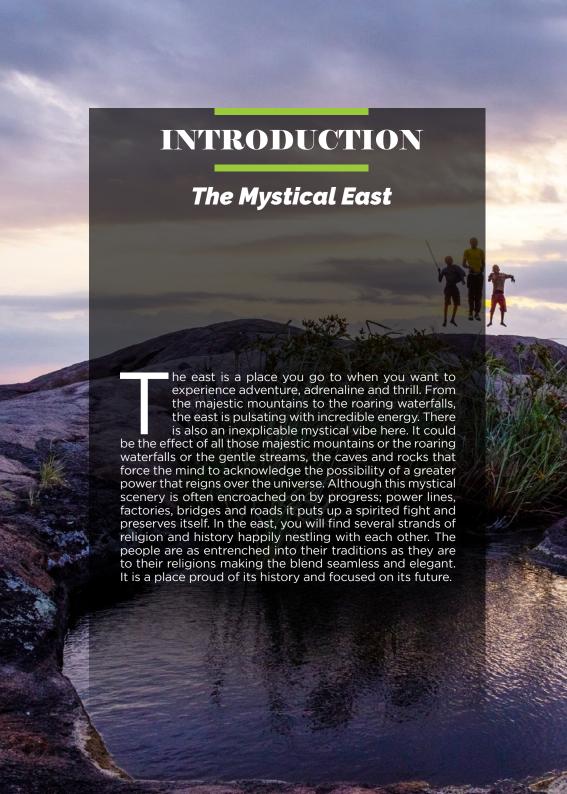
Short documents or informative posters can amplify the key messages among guests and staff, including:

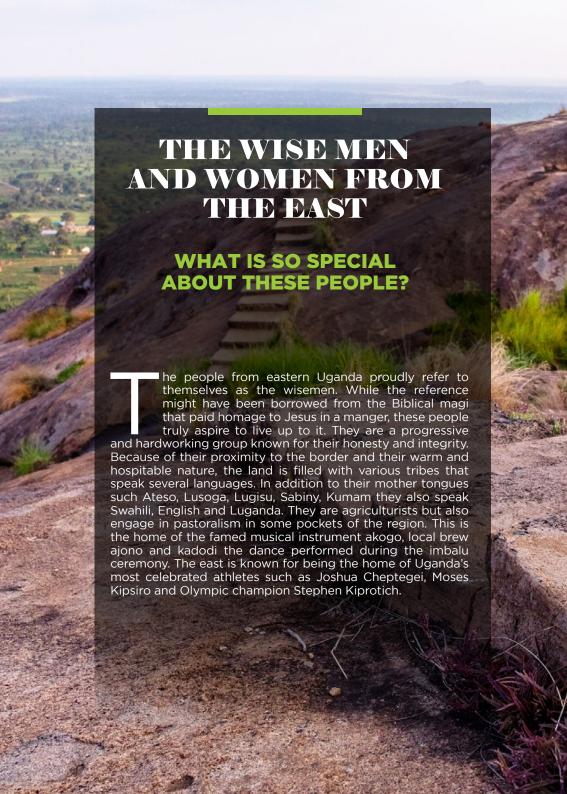
- a) Promoting of hand washing
- b) Respiratory hygiene
- c) Basic hygiene practices
- d) Coughing etiquette
- e) Contact information of key staff personnel
- f) Emergency Telephone number Official leaflets on basic

hygiene practice and COVID-19, in different languages, could be useful information tools.

It is useful to have an up-to-date list of the contact information of the staff, including emergency telephone numbers.

For more information visit www.tourism.go.ug





## **MUKONO**

Mukono is bordered by Kayunga District to the north, Buikwe District to the east, Kalangala District to the south-west, Kira Town and Wakiso District to the west, and Luweero District to the north-west. The town of Mukono is about 21 kilometres (13 mi) by road, east of Kampala, the capital and largest city of Uganda.

#### Ssezibwa Falls

The falls are located on Ssezibwariver. It offers a breath-taking views freshair and a calming environment. The people in the region of Buganda treat it with reverence due to its cultural and spiritual significance. Believers visit the falls to seek favours from the godsthat are believed to dwell here.

Telephone Contact: +256757990300

#### **Activities**

- Birdwatching
- Camping
- Sight seeing
- Nature walks
- Rock climbing

#### **Mabira Forest**

Mabira forest is one of Uganda's largest natural forest covering an area of 306sq km. The forest has over 312 species of trees, 315 species of birds, 218 butterfly species, 97 moth species, 23 small mammal species.

The forest is located on the main Kampala- Jinja Highway between Mukono and Buikwe district and it is also accessible by all vehicles throughout the year.

Telephone Contact: +256704410296

#### Activities

- Forest walks
- Mountain biking
- Bird watching
- Butterfly identification
- Camping
- Environmental Education and Research

#### **STOPOVERS**

#### Namawojolo Roadside Market

This market is located along Kampala-Jinja highway, it is a popular roadside market with variety of roastsi.e., plantain, chickengoat, beef and drinks. Vendors usually approach passengers in their cars however, one can also go and buy directly from the stalls.

#### **Najjembe Market**

ThemarketislocatedalongKampala-Jinja highwayasyouapproachMabiraforest.



It is also a famous market for roasted chicken, plantain, goat's meat, beefand also soft drinks like water and soda.

#### Njeru

The New Nile Suspension Bridge This Nile suspension bridge is a beautiful man-made bridge and also major land mark that separates Njeru from Jinja.

Telephone Contact:

+256 751500010

#### **Activities**

- Sight seeing
- Photography

#### Speke Memorial Monument

This is a historical land mark; it commemorates the explorer John

HanningtonSpekewhoisbelievedtobe thefirstexplorertodiscoverthesourceof the Nile.

The monument is located at Living Waters Resort, hence for one to access it they have to book through the management at Living Waters Resort.

Telephone Contact:

+256793845255

#### **Nile Horseback Safaris**

Telephone Contact:

+256774101196

Email: www.nilehorsebacksafaris.com

#### **Activity**

- Intro Pony rides
- Sunset ride
- Mixed group rides
- Advanced rides
- Overnight safaris





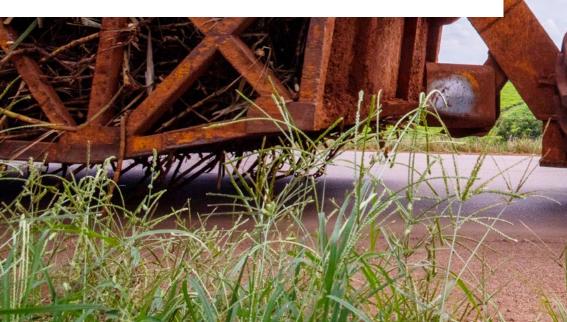


Vendors display their meats and gonja roasts in Namawojjolo. In addition to refreshments, tourists can take a bathroom break at this stopover.





The town is on the Kampala-Jinja highway, approximately 45 kilometres east of Kampala, Uganda's capital and largest city. Located in Buikwe District the town is also called "Kawolo", and the two names are interchangeably used by the local inhabitants. The main economic activity is sugarcane growing.









## JINJA

Jinja District, Busoga sub-region, in the Eastern Region of Uganda. It is approximately 81 kilometres (50 mi), by road, east of Kampala, the capital and largest city of Uganda. It sits along the northern shores of Lake Victoria, near the source of the White Nile.

## Tourism Information Center

The information Centre is located at Jinja City Hall, the center offers support and guidance to tour ist sand also information about tour ist sites and accommodation in Jinja. The center has a shop that sells souvenirs.

Telephone Contact: +256755198219

#### **Source of the River Nile**

ThemightyRiverNileflowsfromUganda throughfivecountriesincludingSouth Sudan,Sudan,Ethiopia,Egyptwithits sourcebeinginLakeVictoriainJinjaCity. The Nile offers variety of adventurous activities one could indulge in; from jet boating, bungee jumping, kayaking, horseback riding, spot fishing, water rafting,quadbiking,swimmingamong others.

The area also boasts a rich climate that provides a conducive habitat for variety of wildlife; snakes, birds, crocodiles among others. It further boasts of the ability to continuously attract people from diverse background and cultures to host festivals like Nyege Nyege, the Annual Agricultural Trade Show, and the source of Nile Trail Running Challenge. There are also other tourist attractions including; Source of the Nile craft shopping, Mahatma Gandi Monument, and the CHOGM Monument, among others. Telephone Contact:

+256782198219

#### **Activities**

- Boat ride to the source of the Nile
- Canoeina
- Shopping
- Birding
- Cultural dances

- Picnic
- Sight seeing

#### **Busowoko Falls**

Busowoko Fallsis located downstream along River Nile in Bususwa/Bukongo village, ithas rapidly flowing water. The rushing waters are coupled with beautiful views of rocks and caves. Some of the rocks at the site have spiritual attachments and some believers visit the site to pray for blessings of wealth, fertility and healing among others. Some of the rocks at the site are believed to have spiritual powers. Telephone Contact:

+256772882085 / +256754882085

#### **Activities**

- Spot fishing
- Swimming
- Rafting
- Sight seeing
- Rock climbing
- Cultural tours
- Story telling

#### **Itanda Falls**

LocatedalongRiverNile, Itandafamous for its captivating beauty with a breath-taking scenery and white waterrafting. It has also hosted some of the famous people like Prince William of Great Britain. A drift leases the land from National Forest Authority Telephone Contact:

+256312237438

#### **Activities**

- White water rafting
- Cultural tours
- Sight seeing
- Picnics

#### Samuka Island

SamukalslandisjustofftheshoresofLake VictoriainJinja.OnecanaccessSamuka

Islandby boats and corporate cruises at Rumours at the Source of the Nile, Masese landing site and Jinja Sailing club. The Islandhas abeautiful boutique lodge with a beautiful scenery and variety of bird species.

Telephone Contact:

+256772401508/9

Email: info@samukaisland.com Website: www.samukaisland.com

#### **Services**

- Accommodation
- Restaurant and bar
- Boat cruise
- Swimming
- Bird watching
- Nature walks

#### **Mpumudde Hill**

Mpumudde (Mpumwire) hill is an important cultural site in Busoga. The hill is coronation site for the Busoga cultural leaders (Kyabazinga). It is also an important site in the history of Bunyoro-Kitara Kingdom, since it is where the Omukama Ikingura Chwall Kabalega of Bunyororo-Kitara (1869-1899) rested from in 1923 on his way from exile.

Telephone Contact:

+256772170914

#### **Activities**

- Rock climbing
- Story telling

#### **Kyazinga Palace**

The Palace is located on Igenge Hill, in Bugembe Town Council. The hill offers a clear view of Jinja City and a glimpse at Lake Victoria. The Palace is the official residence for the Kyabazinga of Busoga Kingdom.

Telephone Contact:

+256772170914

#### Nabamba Shrine Bujagali

The site is located in Budondo Sub county, Bujagali village, the shrine is believed to be inhabited by powerful spirits that influence people's lives. As such people visit to pray for healing and blessings and offer thanksgiving. It is enclosed in a beautifully crafted perimeter of reeds with various shrines inside. The caretaker of the spirits is believed to be chosen by the spirits and is called Budhagali Nahamha

#### **Activities**

- Cultural tours
- Story telling
- Healing

#### Jinja War Cemetery

During the Second World War, Jinia was the Uganda Centre for the King's African Rifles. Jinja War Cemetery contains one burial of the First World War and 179 burials and commemorations of the Second World War. Within the cemetery stands the Jinja Memorial, which commemorates 127 men of the East Africa Forces who died during the Second World War. The Cemetery is open from Monday- Friday 06: 00-18:00.

#### **Masese Landing Site**

The landing site is located in the outskirts of Jinja City and main activity at the landing site is fishing and transportation. There are various stalls of fresh, dried. smoked and fried fish of various fish species.

#### **Cultural Research Center**

The cultural centre is an institution under the Diocese of Jinja with the duty to research, document, preserve and promote the culture of the Basoga, has a museum and library of books about Busoga and also some in Lusoga language. The museum offers an opportunity to engage with the traditional Kisoga culture and Heritage with the collections and exhibitions. Telephone Contact:

+256783260323 / +256434120133 Email: crc@crc-jinja.org

Website: https://www.crc-jinja.org/

#### **All Terrain Adventures**

Telephone Contact:

+256772377185 / +256758624390/

+256702462230

Email: info@atadventurejinja.com Web: www.atadventuresiinia.com

#### **Activities**

- ATV Quad Bike Safaris
- Mini Golf
- Kids Quad Circuits
- River Nile Safaris

#### Kayak the Nile

Telephone Contact: +25677880322

Web: www.kayakthenile.com

#### Activities

- White water Kayaking
- Tandem Kayaking
- Flat water Kayaking

#### **Dolwe Island Bukole Island**







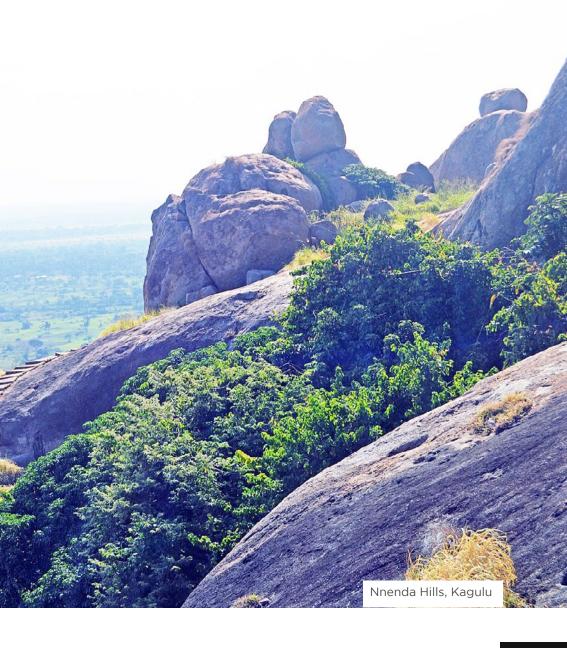




## **KAMULI**

Kamuli District is bordered by Buyende District to the north, Luuka District to the east, Jinja District to the south, and Kayunga District to the west. The district headquarters at Kamuli are approximately 74 kilometres north of Jinja, the largest city in the Busoga sub-region.

One of the most prominent sites in Kamuli District is Kagulu Hill, also Kagulu Rock. The hill which rises 10,000 feet (3,048 m), above sea level, is believed to have been inhabited by the Bacwezi. Due to the panoramic view from the top, one can view where the Victoria Nile enters Lake Kyoga. There is a waterfall, where water comes from the rocks and cascades down the hill. Exploring the caves at the bottom of the hill offers another activity to visiting travelers.



## **IGANGA**

Iganga District is bordered by Kaliro District to the north, namutumba District to the northeast, Bugweri District to the east, Mayuge District to the south, Jinja District to the southwest, and Luuka District to the west. The district headquarters at Iganga are located approximately 44 kilometres northeast of Jinja, the largest city in the Busoga sub-region.

#### **Nnendha Cultural Site**

The site is located on a Nnhenda hill hence giving you a good view of the town. There are also scattered beautiful rocks in different shapes and sizes. It is a cultural site for the Igaga clan in Busoga region. The hill is used by tarditional believers who come for worship and meditation.

#### **Activities**

- Rock climbing
- Picnics
- Sightseeing

#### Kigulu Chiefdom/Museum

Kigulu cultural museum preserve and promotes Busoga cultural

heritage and it is found in Kigulu Chiefdom in Busoga Kingdom. The museum has exhibitions of the Basoga Culture with artifacts, that were used by the Basoga during the various activities like social life, religion and medicine among others.

#### **Activities**

- Story telling
- Exhibitions
- Education and research
- Exploration of artifacts
- · Cultural dances





## **KALIRO**

Kaliro District borders Serere District to the north, across Lake Nakuwa, one, of the lakes that comprise the Lake Kyoga water complex. Pallisa District lies to the northeast, Namutumba District to the southeast, Iganga District to the south, Luuka District to the southwest, and Buyende District to the northwest. The town of Kaliro is approximately 40 kilometres north of Iganga, the nearest large town.

#### Wako Zibondo palace

Memorial site for Ezekieri Tenywa Wako Zibondo IX, Isebantu, one of the traditional hereditary chiefsin Busoga. The palace was built in 1930 and it is located in Naigobya village, Bulamogi county.

#### St. Gonzaga Shrine

This site was built in commemoration of St. Gonzaga Gonza one of the Uganda Martyrs who came from Busoga. He was the sixth martyr to be killed in Uganda and he was born in 1862. The Catholic martyr was speared by Mukajanga on his way to Namugongo and died on May 27th, 1886 at the age of 24 years.





## BUIKWE

Buikwe District is bordered by Kayunga District to the north, Jinja District to the east, Buvuma District to the southeast, the Republic of Tanzania to the south and Mukono District to the west. The district headquarters at Buikwe are located approximately 60 kilometres east of Kampala, the capital of Uganda and the country's largest city.

#### **Mabira Forest Reserve**

Mabira forest is located in the tropics north of the shoreline of Lake Victoria, immediately to the west of the River Nile. Mabira covers an area of 306 square kilometres (118 sq mi). It is the biggest forest reserve in central Uganda and one of the few surviving rain forests in Uganda. Mabira is well known for ecotourism. The forest harbors in excess of 300 species of birds.

many of which are rare; including the pied hornbill, superb sunbird, grey parrot, crowned eagle, black-billed turacos and the endangered Nahan's Frankolin. There are over 300 plant species, some of which are of medicinal value. Tourists will enjoy forest walks, camping, picnic, environmental education and entertainment with local drama groups. There is a network of trails to facilitate the exploration of the forest.





## **MAYUGE**

Mayuge District is bordered by Iganga District to the north, Bugiri
District to the northeast, Namayingo District to the east, the Republic
of Tanzania to the south, and Jinja District to the west. The district
headquarters are located at Mayuge, approximately 38 kilometres east
of Jinja.

#### St Matia Mulumba Shirne

Matia Mulumba Kalemba, a Ugandan martyr was born in 1836 and died May 30 1886. His shrine is located in Kyebando Parish in Bunya County. Thousands of believers pay pilgrimage to the site from October 12-14 every year to pray to saint.

## **Bishop Hannington Shrine Kyando**

Memorial site to commemorate late Bishop Hannington's efforts in spreading Christianity in Uganda. The bishop was killed on orders of the Luba chief, the then Head of Busoga chiefdom. The site has various beautiful stones with a green garden, it is also believed

that one of the cave was used by Bishop Hannington as a library

#### **Fort Walumbe**

The fort was constructed in 1818 by the slaves as a watch tower to signal ships to dock during British colonialism in Uganda. The site also has some existing lagoons which were dug during the period of slave trade to prevent them from escaping.

#### **Buswikira Shrines**

The shrines are located in Mpungwe Subcounty and it is believed to be the birth place of Kintu. Kintuis believed to be the first Muganda on earth.





### BUYENDE

Buyende District is bordered by Amolatar District to the northwest, Kaberamaido District to the north, Serere District to the northeast, Kaliro District to the east, Luuka District to the southeast, Kamuli District to the south and Kayunga District to the west. The district headquarters at Buyende are located approximately 30 kilometres north of Kamuli, the nearest large town.

#### Kagulu rock

These rocks are believed to have mystical powers and are revered by the locals. Kagulu rock is also an adventurous site for rock climbers and it provides a splendid view of Lake Kyoga. It is one of the famous hills in the country that have been adapted for rock climbing with an annual rock climbing challenge organised by Busoga Tourism Initiative.

#### **Activities**

- Rock climbing
- Story telling
- Nature walks

#### **Kasato Hill**

The hills are believed to have spiritual powers.

#### **lyingo Landing Site**

This site was the entrance point of the Babiito family into Busoga. The road towards the landing site offers a beautiful scenery of palm trees, birds and other beautiful rocks. Fishing is the main activity at the site with various species like ornament fish.





# **PALLISA**

Pallisa District is bordered to the north by (from west to east): Serere District, Ngora District, Kumi District and Bukedea District. Mbale District lies to the east. Budaka District lies to the southeast, Kibuku District to the southwest and Kaliro District to the west. Pallisa, the 'chief town' of the district, is located approximately 65 kilometres west of Mbale, the largest city in the sub-region.

## **Limoto Farm**

Limoto Farm is a community-based initiative comprising women and youth under the management of Limoto Farmers' Cooperative Society. The farm is seated on eight acres with modern farming methods which can interest a tourist. It has vegetables (cabbages, onions, tomatoes) and five fish ponds rearing catfish, Lung fish.

A tour around the farm takes about two hours.

Telephone Contact: +256772989394/ +256700721799 Email: lifaco@gmail.com

# **Lake Nakuwa Landing Site**

Located in Opeta Village, Obutete Sub county. Lake Nakuwa is one of the branches of Lake Kyoga, with various kinds of fish like tilapia, mud fish, cat fish, Nile perch. The main activity at the site is fishing.

Contact: +256786184381/ +256757420339

# **Nyaguo Landing site**

The site is located in Keria village, Agule Sub county. Fishing, transport, bird watching are the main activities at the site.

Telephone Contact: +256771934896

# **Gadimba Foot Stamp**

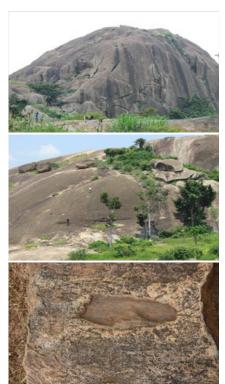
Legend has it that foot stamp was left by Gadimba the strongest man in the village at the time.

## **Midodi Historical Rock**

Midodi rock is located in Okunguro village in Agule Sub-county about nine kilometers from Pallisa town. The rock is said to be inhabited by spirits of ancestors. This rock is endowed with many attractive features and among these include a sign of the cross, caves, and a granary shaped rock.

# **Okiruket Rock**

The rock is found in Kapanyi B, Kapuai Parish, Opwateta Sub-County. It was used for Iteso cultural rituals. The rock has also got a pool of water on top that is believed to spring from the bottom of the rock. This water was considered to be holy water and people used to move from distant districts for it. The rock has got also some wild life such as monkeys and it provides a good view from the top.





# **MBALE**

Mbale District is bordered by Sironko District to the north, Bududa District to the northeast, Manafwa District to the southeast, Tororo District to the south, Butaleja District to the southwest and Budaka District to the west. Pallisa District and Kumi District lie to the northwest of Mbale District. Mbale, the largest town in the district and the location of the district headquarters, is located approximately 245 kilometres northeast of Kampala, the capital of Uganda, and the largest city in that country.

he allure of Mbale is its uniqueness: the multiplicity of its population, the culture and the booming commerce. Once proudly known as the cleanest town in Uganda. Mbale was recently elevated to a city. The old architecture neatly laid out in spacious streets now coexists with new developments making it bigger and better. Mbale is a friendly bustling city and its people are accommodating and obliging. There are endless attractions to keep tourists occupied for weeks. Apart from the natural tourist sites there is also a booming agriculture sector especially the coffee demonstration farms, the culture and religion. Just a short drive away from the city Centre is the compound where every even year,

thousands of boys undergo the Imbalu a cultural circumcision that ushers boys into manhood. The ceremonial hut itself is surrounded by an unmistakable reverence. Adjacent to it is the district administration block which houses the statue of Mwambu proudly showing off his circumcised manhood. The Imbalu is one of the most revered ceremonies and a tradition that forges a strong bond among the Bamasaba, Also, one cannot help but notice the peaceful coexistence of mosques and churches. However, Mbale is famous for being the home of a Jewish community that has been around for 500 years. Founded by the administrator Semei Kakungulu, the sect leads a separate and quiet life on the outskirts of the city.



# **Bugisu Co-operative Union**

The Bugisu Co-operative Union is a Ugandan agricultural cooperative federation, established in July 1954. It was started by a group of coffee farmers who are organized in primary societies. The Bugisu region grows Arabica coffee on the volcanic soils and Bugisu Co-operative Union is the main Coffee processing plant.

Telephone Contact:

- +256702052167/ Whatsapp
- +256702052167

# Abayudaya Community

The community is located in Gangama, Namanyonyi Sub county. Bayudaya (Jews) community is a group of Jewish believers that practice Jewish practices and beliefs. The religion was introduced in Mbale around 1919 by Semei Kakungulu who was also their first leader. Even though they were perecuted in the past years during Idi Amin regime they still remained strong in their faith.

They are known for spreading peace and hard work through the various projects not just for the Bayudaya community alone but also shared with others. It has about 1000 members spread in Mbale region.

# The Jewish community in eastern Uganda

Elgon Historical and cultural Museum. Located in Bukasakya Sub county, the Museum showcases culture from the different parts of Bugisu. Among the objects displayed include items such as head gear and tools that are used during the Imbalu, the traditional circumcision for young men to transition into adulthood. Telephone Contact:

+256782101423

# **Mtoto Cultural Site**

Just a short drive away from the city Centre is the compound where every even year, thousands of boys undergo the Imbalu a cultural circumcision that turns boys into men. Adjacent to the ceremonial hut is the district administration block which houses the statue of Mwambu proudly showing off his circumcised member. The Imbalu is one of the most revered ceremonies and a tradition that forges a strong bond among the Bamasaba.

Telephone Contact: +256754494142

## **Wanale Hill**

Wanale Hill can be seen from

different directions as one is approaching Mbale City. The hill is estimated to be 6864 ft above sea level. Wanale has beautiful water falls which give the hill a white appearance from a far, this made Semei Kakungulu name the ridge, Nkokonjeru meaning white cock. Hiking this hill is physically demanding and also adventurous due to the various caves, deep valleys, rocks.

For bookings one has go through the UWA offices in Mbale. Website: www.ugandawildlife.org

#### **Activities**

- Hiking
- Cave exploration
- Camping
- Nature walks
- Community tours

# Semei Kakungulu Burial Site

Semei Kakungulu was born in 1869 in Kooki the present day Masaka District. He was a prominent leader in Buganda Kingdom due to his good leadership skills. Hence, he was appointed to be a Buganda Chief by the Kabaka of Buganda. While in Mbale, he collaborated with the Birtish to spread British colonialism in the Eastern Uganda. He is known to have planted Myule trees on his way to the Eastern Region even reaching the boarder of Uganda and Kenya. His grave is located at Gangama hill, north of Mbale City.









Sironko District is bordered by Bulambuli District to the north, Kapchorwa and Kween Districts to the north-east, Kenya to the east, Bududa District to the south-east, Mbale District to south-west, and Bukedea District to the west. Sironko is approximately 22 kilometres north-east of Mbale, the largest city in the Bugisu sub-region.

Part of Mount Elgon National Park lies within Sironko District. One of the two main trails in the park, Sasa trail, starts near the Budadiri trading center located within the district.







# KWEEN

Kween District is bordered by Nakapiripirit District to the north, Amudat District to the northeast, Bukwo District to the east, the Republic of Kenya to the south, Kapchorwa District to the west and Bulambuli District to the northwest. The town of Binyiny, where the district headquarters are located is approximately 69 kilometres northeast of Mbale, the nearest large city.





# KAPCHORWA

The district is bordered by Kween District to the northeast and east, Sironko District to the south, and Bulambuli District to the west and northeast. The district headquarters at Kapchorwa, which means "home of friends", are located approximately 65 kilometres northeast of Mbale.

# Joshua Cheptegei Training Sports Facility

This facility was started in 2018, it sits on six acres by Ugandan long-distance runner and 2019 world champion Joshua Cheptegei. It is found in Kwot parish Western Division, bordering Mt. Elgon National Park and is about 10 kilometers from Kapchorwa Town. The sports facility skills the youth to boost their talent in athletics.

#### **Activities**

- Accommodation
- Jogging
- Running
- Meet and greet with Cheptegei

# National High Altitude Training Centre Teryet

The facility is under the management of the Government of Uganda, it stands at 2,573 metres above sea level. It is located in Teryet village, Kwot Ward and is being developed into an elite sports training center.

#### **Facilities**

- Football and rugby pitched
- 3.7km jogging track
- Accommodation
- Natural turf field
- Artificial turf field and artificial track for 800metres

# Home of friends/ Run for Kapchorwa

The establishment organizes guided running session in Kapchorwa for tourists.

Telephone Contact: +256780548202

Website: www.runkapchorwa.com

#### **Activities**

- Guided runs
- Residential running camps
- Meet and greet athletes
- Fitness sessions

# **Phillips Coffee farm**

Coffee is one of the major cash crops in Uganda, coffee and coffee plantations are one of the tourist attractions in Uganda. In Kapchorwa Arabica coffee is the type grown which is mainly grown in highland. The farm offers a full coffee experience of all the stages from the farm to the cup. The farm size is about 2 acres with over 1500 coffee trees.

Telephone Contact: +256756515553

#### **Activities**

- Nursery bed and transplanting
- planting,
- harvesting,
- Coffee Roasting
- Coffee brewing.

# **Sebei Cultural Centre**

The center is located in Chema Sub County and its purpose is to preserve and promote the cultural heritage of the Sebei. One is able to have a full Sebei cultural experience through food, traditional dances, songs and artifacts among others.

Telephone Contact: +256772647564

#### **Activities**

- Cultural performances
- Camping
- Story telling
- Community tours
- Coffee tours
- · Sipi falls tours

# Mountain Elgon Exploration Centre

Mount Elgon's slopes are riddled with caves left by moving lava and erosion of soft volcanic deposits. The most accessible are Kapkwai Cave, near the Forest Exploration Centre, and Khauka Cave on Wanale Ridge.

# Sipi falls

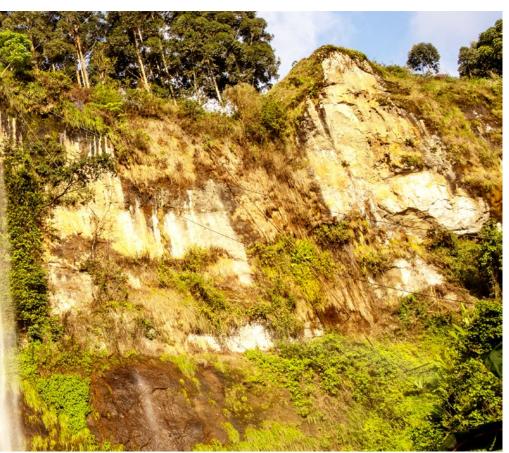
Sipi falls is a series of three water falls on the slopes of Mt Elgon, Kapchorwa District, Eastern Uganda, These waterfalls vary in heights ranging from 110 meters (highest).85 metres (Second highest) and 65 metre drop of water (smallest) consecutively. Sipi comes from the word "sep". Sep is a kind of wild banana called Abbysinian banana which grows up in the mountain. This wild banana is believed to have medicinal properties and is used locally to treat diseases like measles, malaria, fever and other infections. Due to the high for it, the tree is almost extinct.















# KATAKWI

Katakwi District is bordered by Napak District to the north, Nakapiripirit District to the east, Kumi District to the south, Ngora District and Soroti District to the southwest and Amuria District to the west. The district's 'main trading Katakwi, is located approximately 55 kilometres (34 mi), by road, north of Soroti, the largest town in the sub-region.

# **Tourism Sites**

Alekilek Rocks and Inselbergs
This rock is located off Moroto
Road in Palam Sub county, Katakwi
District. Its captivating beauty and
shape makes it one of the iconic
sites in Katakwi. It is also used for
rituals by the locals. The ecomai
trees found around the site are
used for food, medicine and wine
making.

#### **Activities**

- Rock climbing
- Cultural rituals
- Nature walk
- Photography

# Lake Opeta information Centre

This information centre is under the management of Lake Opeta Conservation and Development Association. At site one is able to get tourist information and tour guiding services to Lake Opeta. On your way to the site one will see communal grazing and shea tree plantations (Ekunguekungur), among others.

Telephone Contact:

- +256789931140/
- +256782645693

# Lake Bisina/ Opeta Ramsar Site

This is a protected site for some of the endemic bird species; shoe bill Stock birds, Fox Weaver. One of the key tourist activities at the site is bird watching.

Telephone Contact: +256775732355

# Airiget Okolimo Cultural Site

This site is located in Usuk Sub county, Katakwi. It is a cultural ground for initiation of Iteso to adulthood and leadership.

Tourists need permission from the Chief before visiting the site.

#### **Activities**

- Cultural tours
- · Community tours

## **Abela Rocks**

This rock is located in Getom Sub county, and is a host to various monkey species.

#### Activities

- Rock climbing
- Photography





# **SOROTI**

Soroti District is bordered by Amuria District to the north, Katakwi District to the east, Ngora District to the southeast, Serere District to the south, and Kaberamaido District to the west. Soroti, the district headquarters is located approximately 116 kilometres by road, northwest of Mbale

# **Tourism Sites**

# Awoja small Scale Irrigation Scheme

The irrigation scheme is found in Awoja catchment area. At the site there are greenhouses with vegetables like cabbage, onions and tomatoes. The site also has accommodation facilities and a camp site.

Telephone Contact: +256772863693

#### Activities

- Farm tours
- Bird watching
- Nature walks

# Iteso Cultural Union Museum

The museum is located opposite Soroti Hotel. The museum promotes both tangible and intangible cultural products of the Itesot. There are tangible displays of utensils, hunting tools of the Itesot.

Telephone Contact:

- +256782540765/
- +256781096059

#### **Activities**

- Story telling
- Cultural tours

# **Opiyai Rock**

Opiyai rock is a striking rock and an iconic land mark in Soroti

City. One is able to see it from all angles in the city. One gets a clear beautiful view of Soroti City when on top of the rock.

Telephone Contact: +256788546608

#### **Activities**

- Rock Climbing
- Photography
- Bird watching
- Camping

# British Colonialist Burial Site

This site has the remains of the of the first Resident District Commissioner, Italians, Indians, blacks and whites. This site is located next to Opiyai Rock.

## **Soroti Fruits Limited**

Soroti Fruits Limited is a government of Uganda investment promotion initiative aimed at

supporting value addition in fruit processing. This is one of the famous companies in Soroti that produces Teju fruit juice. The company adds value to locally grown fruits from northern and eastern region of Uganda like oranges and mangoes.

Telephone Contact: +256200455455 Email: teju@softe.co.ug

# **Sun City Amusement Park**

The site is located along Soroti- Mbale Road, Soroti, this recreational park offers entertainment for both adults and children.

#### **Activities**

- · Swimming,
- Children play facilities
- Bar and grill.

Telephone Contact: +256783969779





# KUMI

Kumi District is bordered by Katakwi District to the north, Nakapiripirit District to the northeast, Bukedea District to the east, Pallisa District to the south, and Ngora District to the west.[1] The 'chief town' in the district is Kumi, which is located approximately 54 kilometres southeast of Soroti, the largest town in Teso sub-region.

#### **Tourism Sites**

# **Mukongoro Art Site**

This site is located along Kumi road in Mukongoro Sub county. The site has a beautiful rock with red concentric circles similar to those of Nyero Rock Painting. The beautiful rocks at the site provide a good view of the area and a moment for photography.

Telephone Contact: +256772499881

Nyero Rock Paintings The site is located in Keesi village, Nyero Sub county. The rock painting is one of the most famous paintings in the country, due to their captivating beauty of the red geometric motifs. They represent figures of animals, canoes, circles among others.

There are over six kind of shelters with paintings but the three are the main ones.

# Nyero 1

Series of geometric and abstract paintings which may once have been used for sacred rituals, such as rain making and or fertility. The art is believed to be the work of Twa hunter-gatherers who may have made these images between 1000 and 3000 years ago.

# Nyero 2

Main Nyero site comprising two main panels. On the left is a smaller vertical composition with circles and abstract shapes including so-called "canoe" (most likely an abstract symbol whose meaning is lost) and on the right is the huge panel with many concentric circles, "canoes" and other shapes.

# Nyero 3

Small low shelter accessible from behind, with ceiling paintings that include sets of concentric circles painted in red and white. Telephone Contact:

+256787031243

#### **Activities**

- Rock sighting
- Homestay
- Rock Climbing

# **Lake Bisina Ramsar Site**

Lake Bisina wetland is located in the north east of Uganda in three districts; Kumi, Katakwi, Soroti. Lake Bisina is a shallow fresh water lake, which covers an area of about 192km and it is 32km long and 6km wide. Lake Bisinia was popular for bird watching. It is a major feeding area for wading birds including the endangered species of the shoebill. The lake is also important to the community for fishing, transport, water supply.

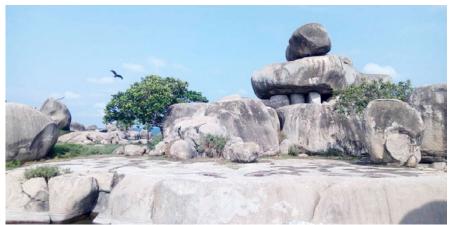
#### **Activities**

- Bird watching
- Fishing
- Transport













# MANAFWA

Manafwa District is bordered by Bududa District to the north, Kenya to the east and south, Tororo District to the south-west, and Mbale District to the west. The district headquarters at Manafwa are located approximately 27 kilometres south-east of Mbale.

## **Bukusu mountain**

This hill gives a beautiful scenic view of lake Lubola. The hill also has some caves which one can explore during the hike. The hill also has cultural attachments to some of the locals in religion of "Dini-Ya Musambwa".

#### Activities

- Hikina
- · Community walks

# **Bushula organic farm**

This farm is located near Bushula forest with over several species of birds, monkeys, snakes, baboons and over 130 tree species.







# BUDUDA

Bududa District is bordered by Sironko District to the north, Kenya to the east, Manafwa District to the south, and Mbale District to the west.

The district headquarters at Bududa are located approximately 36 kilometres south-east of Mbale.

# **Bull fights in Bududa**

Normally known for the devastating mudslides, this sleepy corner of the east is slowly reinventing itself as the bull fighting Centre of the nation. The district is majorly agricultural with most families engaged in subsistance farming, Occasionally, you will spot a paddock with cows gently grazing. It is the latter economic activity that is infusing this otherwise tranquil place with a new energy. Watching bulls fight in Bududa requires an enormous amount of determination and interest but the reward is great. The first hurdle to jump is the timing. According to the locals, the fights happen very early in the morning or late in the

evening. There is no specific time but if you are determined enough you can work around that schedule. The second one is locating the place at which the activity is taking place. Depending on who you ask, bull fights happen every Saturday or every other Saturday at different fields. Reaching these particular venues is an adventure itself, you will pass through steep hillsides below which muddy streams lazily flow. The bulls are marched according to age and size. Then bets are placed on the most likely winners which makes the sport very exciting for the invested spectators. The sport itself is very entertaining and somewhat therapeutic.



# **TORORO**

Tororo District is bordered by Mbale District to the north, Manafwa District to the north-east, Kenya to the east, Busia District to the south, Bugiri District to the south-west, and Butaleja District to the north-west. Tororo, the largest town in the district and the location of the district headquarters, is approximately 230 kilometres east of Kampala.

# **Tororo Rock**

Tororo rock was formed by volcanic activities several years back. Tororo rock is a key defining feature in Tororo town and one of the popular tourist attractions in town. The rock can be climbed in about one hour and doesn't require much skill. The rock is also home to several ancient caves.

## Telephone Contact:

- +256778030518/
- +256750813260

#### Activities

- Hiking
- Bird watching
- Photography

# **Virgin Mary Monument**

The monument is under the management of the Catholic Church. It is a prayer site where believers come for prayers to the Mother Mary. Near the monument is Osukuru Hill, a mountain used for prayer that can be climbed in about 30 minutes.









# ITINERARY FOR THE EASTERN REGION

Major highlights. Mabira forest for birds, primates, butterflies and botany. Source of the Nile, Rafting on the Nile, Quad biking along the Nile, Mt.Elgon National Park, Sipi falls experience, Abseiling down the mountain, Spectacular scenic views, Game viewing, Bird watching, Pian Upe wildlife Reserve for game drives, Tororo Rock climbing and Nyero rock Paintings.











# 7-DAY CULTURAL ENCOUNTER

The east is a haven of cultural delights that cannot be exhausted at ago, but here are the ones you do not want to miss out.

**Day 1.** Visit Ssezibwa falls where you will get acquainted with the Buganda traditional gods and beliefs

Day 2. In Jinja visit the shrine of Nabamba Budhagali, a spiritual leader of Busoga clans, curer of different ailments, and the oracle of the River Nile rapids and Busowoko Falls. After lunch visit Cultural Research Centre Museum

Day 3. Liase with the Busoga Tourism Board to facilitate for you visits to the Kyabazinga Palaces, Mpumudde Hill then proceed to Budhumbula Palace in Kamuli District. **Day 4.** Visit Bishop Hannington Shrine Kyando and Kigulu cultural museum.

**Day 5.** In Mbale, visit Inzu Ya Masaaba then proceed to Emutoto.

#### Afternoon

Discover the legend of Semei Kakungulu the founding conservationist and environmentalist and the Bayudaya community.

**Day 6** Early in the morning travel to Kumi district to visit Nyero Rock Paintings.

**Day 7.** Transfer back to Kampala with stopovers at fresh food markets.





# 7-DAY EASTERN TOUR

### Day I

After your very early breakfast leave from Kampala and drive along Jinja road through Mabira forest to Jinja city. Plan an early lunch, do a boat cruise to the source of the Nile. The drive gives you views of changing landscape and economic developments. Make a stopover in Mukono Town for refreshments and bathroom break and proceed to Ssezibwa falls. The site guide is eager and more than willing to take you through the cultural significance of this site to the Buganda kings and the Baganda culture at large. Enjoy the scenic view of the new Nile Bridge

## Day 2

Early in the morning visit Nabamba Shrine to learn about the cultural beliefs, and traditions from Busoga region then proceed to Busowoko falls. The waters at the site are believed to have spiritual powers and some believers visit the site to seek blessings and healing.

#### Afternoon.

Have lunch in Jinja City, the city has plenty of places offering delicious fare at friendly rates whether you want a continental meal, local cuisine or just fast food.

After lunch drop in at the Cultural Research Centre Museum you will get an opportunity to explore the traditional Kisoga culture and heritage through the collections and exhibitions.

### Day 3

Early in the morning visit Kyabazinga Palace at Igenge Hill then proceed to Mpumudde Hill this hill is an important cultural site in Busoga, it is the coronation site for the Kyabazinga of Busoga. Enjoy your lunch then proceed to





Kamuli to visit Budhumbula Palace the official palace of traditional hereditary chiefs of Busoga from the Gabula lineage. Spend a night in Kamuli District.

## Day 4

After breakfast, set off to visit Bishop Hannington Shrine in Kyando. This is the place where the bishop was killed on orders of the Luba chief, the then Head of Busoga chiefdom.

#### Afternoon

Visit Kigulu cultural museum, the museum offers an opportunity to explore Busoga cultural heritage through story telling, exhibitions, education and research, cultural dances. Spend a night in Iganga or proceed to Mbale

## Day 5

In Mbale, visit Inzu Ya Masaaba, the official administrative seat, located a few kilometers from the city center. Currently under the leadership of Umukuuka III Wagabyalire Amram John. Then proceed to Mutoto the official compound of the Imbalu ceremony.

#### **Afternoon**

Discover the legend of Semei Kakungulu the founding conservationist and environmentalist. Visit his burial grounds and hear captiving stories about his life then later in the afternoon visit the Stern Synagogue, the sanctuary for the Jewish community he founded.

### Day 6

Early in the morning travel to Kumi District to visit Nyero Rock Paintings, these are one of the most famous paintings in the country, due to their captivating beauty of the red geometric motifs.

## **Day 7.**

Transfer back to Kampala with stopovers at fresh food markets.

**NB:** This itinerary is very flexible and depending on your core passions and interest, your travel consultant can customize it to meet your desired outcome.





# 5 DAY AGRO-TOURISM

### Day 1

Drive from Kampala via Kampala-Jinja High way, on your way you will be captivated by the scenic tea plantations along the road. Visit Uganda Tea Corporation Limited (UTCL) at Kasaku near Lugazi. UTCL has been a leading tea producer and exporter in Uganda for over 20 years. A guided tour can be organised to take you through all the production processes. On your way to Jinja make a stopover at Najjembe market for roasted chicken, plantain, goat's meat, beef and also soft drinks like water, soda and also some fresh fruits. Spend a night in Jinja

## **Evening**

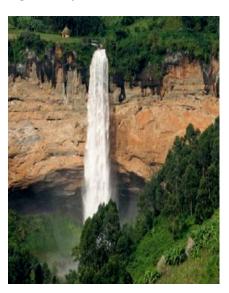
Enjoy a sun set boat cruise to the source of the Nile to refresh your mind.

### Day 2

In Bugiri, tour the Kibimba rice scheme. Recognised as one of Uganda's best local rice producers.

#### **Afternoon**

Drive to Pallisa District to visit Limoto Farm, the tour around the farm takes about 2 hours. The farm is sited on 8 acres with modern farming methods which can interest a tourist. It has vegetables





(cabbages, onions, tomatoes) and 5 fish ponds rearing catfish, Lung fish. Spend a night in Pallisa

#### Day 3

Drive to Soroti District and visit Soroti Fruits Limited, that produces Teju fruit juice. The company adds value to locally grown fruits from Northern and Eastern Uganda like oranges, mangoes. During your tour, you will be taken through the production processes of Teju however, you have to book earlier before arrival.

After lunch transfer to Kapchorwa for great agricultural experiences.

# **Day 4**While in Kapchorwa, visit the Sipi Falls, Arabic coffee farmers who



are available to demonstrate the coffee journey from the garden to the cup. They also offer special tours for students and other people interested in learning the art of growing and making money from coffee.

#### **Evening**

Visit the craft shops in the Sipi area to take souvenirs back home, you can Spend a night in Kapchorwa.

### Day 5

Transfer back home with great agricultural memories.



# 7 DAY TOUR OF EASTERN UGANDA

#### **MAJOR HIGH LIGHTS**

Ssezibwa falls, Mabira forest for birds, primates, butterflies and botany. Source of the Nile, Rafting on the Nile, Quad biking along the Nile, Sipi falls experience, Abseiling down the mountain, Spectacular scenic views of Mt.Elgon National Park, Game viewing, Bird watching, Pian Upe wildlife Reserve for game drives, Tororo rock climbing and Nyero rock Paintings.

#### DAY 1

Set off early from Kampala to beat the jam. Take in the changing views along Jinja Road and drive to Mabira Forest you can indulge in nature walk, bird watching, ziplining. No matter what your interests are, you will find something to excite you and enjoy about the beautiful forest. Mabira is a natural habitat for 312 species of trees, home of 315 species of birds, 218 butterfly species, 97 moth species and 23 small mammal species. Break for lunch in Jinja City and do a boat cruise at the source of the Nile with views of the Mahatma Gandhi and John Speke monuments and spend a night in Jinja City.

## Day 2

If you are looking for thrilling adventure, go for white water rafting on the Nile River. After a comprehensive briefing about the activity you are free to enjoy a beautiful scenery, birds and the thundering rapids of the White Nile. Take time to recover from this





exhilarating activity and spend a night in Jinja City.

### Day 3

Travel to Mbale City and make a stopover at Iganga Town for refreshments and bathroom break at Total fuel station. Make another stopover at Busembatia rice growing and selling scheme and arrive in Mbale City in the early afternoon and do a cultural tour of Bamasaba culture. Visit the main compound where the Imbalu takes place every even year. Spend a night in Mbale City.

### Day 4

Drive to Kapchorwa for a hike to the amazing Sipi Falls. Sipi Falls is a series of three water falls plunging along the lower slopes of Mt.Elgon. In the afternoon visit Mise cave to explore the cultural heritage of the Sabiny.

### Day 5

Do a nature walk in Mt. Elgon National Park. A full day walk will lead you to Budadiri and Budange



cliffs known as the walls of death. at the boundary of the park located in tropical forests. There are high chances of encountering blue monkeys, black and white Colubus monkeys and baboons. You will enjoy an African sunrise across the Karamoja plains. Remember to come with packed lunch, with enough safe drinking water, hiking shoes, first aid kit, and rain clothes, remember to have charged phones and cameras for photography. Meet the experienced park guides who will brief you and are ready to guide you through the trails of the mountain for a full day hike, there will also be potters that can help carry your luggage at a fee just in case it is heavy. Mt. Elgon National Park is run by Uganda Wildlife Authority.

### Day 6

Travel to Pian Upe Wildlife Reserve. Spread on 2,788sq kilometres semi-arid land north of Mt Elgon, Pian Upe is one of Uganda's best kept secrets. Being under the care of Uganda Wildlife









Authority, all activities have to be guided by UWA ranger guides. It is a true African wilderness with a few people but with rich wildlifeTransfer to Pian Upe wildlife reserve. Morning and afternoon game drives around Pian Upe wild life reserve where you will spot cheetahs, ostriches, antelopes, giraffes, roan antelopes, maneless zebra, elands and birds.

### Day 7

Early in the morning travel to Kumi district to visit Nyero Rock Paintings, these are one of the most famous paintings in the country, due to their captivating beauty of the red geometric motifs. Spend a night in Kumi District at any accommodation establishment of your choice.

### Day 8

Transfer back home, remember to buy agricultural fresh produce on the food markets along the way.

### **ADVENTURE**

**Day 1.** Hike up Wanale Hill for the best views of Mbale City.

**Day 2.** In Kapchorwa go for a hike to the amazing Sipi Falls. Sipi Falls is a series of three water falls plunging along the lower slopes of Mt.Elgon.

Day 3. Visit Mt. Elgon National Park National Park and do a hike of Mt. Elgon. Known as a mountain of illusion, Elgon has several peaks the highest of which Wagagai at an elevation of 4.321 meters

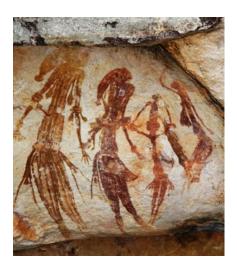
**Day 4.** Morning and afternoon game drives around Pian Upe wild life reserve where you will spot cheetahs, ostriches, antelopes, giraffes, roan antelopes, maneless zebra, elands and birds.

### **ADRENALINE**

**Day 1.** If you are looking for thrilling adventure, go for white water rafting at the Itanda Falls.

Day 2. In Tororo Town go rock climbing. The Tororo rock is climbable in an hour on an elevation of 1,483 meters. The Tororo rock is an unmissable feature of this bustling town. The climb involves ladders to the last section which does not require any skill and can be done in an hour

**Day 3.** A full day walk will lead you to Budadiri and Budange cliffs known as the walls of death at the boundary of the park located in tropical forests.











# ON YOUR WAY TO JINJA

# **MUKONO**

# **Stone Castle Inn**

(35 rooms) (mid-range)





Telephone Contact: 0393243406 Email: stonecastleinn@gmail.com

### Services

Accommodation Restaurant and bar

### **BUIKWE DISTRICT**

# Rain Forest Lodge (High End)





Telephone Contact: +256414258273/ +256312260758 Website: geolodgesafrica.com

### Services

Accommodation Restaurant and bar Swimming pool Sauna

### **NJERU**

# **Living waters Resort**

(6 cabins, 4 tented rooms, 2 family units, dorm for 6 people) mid-range





Telephone Contact: +256793845255



Telephone Contact: 0772632063 / 0752080987 Email: jinja@kingfisher-hotels.com Web: www.kingfisher-hotels.com

Accommodation
Swimming pool
Gardens
Restaurant and bar
Indoor and outdoor games
Boat ride safaris to the Source of
the Nile

### Services

Accommodation Restaurant and bar Visit to the source of the Nile Visit to the Speke Monument

# King Fisher Safari Resort (Mid-Range)



# The Haven Eco River Lodge (High end)





Telephone Contact: +256 782905959/+256702905959 Web: www.thehaven-uganda.com

### **Activities**

camping Bird watching Nature walks Boat cursing on the Nile Horse riding Quad bikes

# Tulina Riverside Treat (8 rooms, 1 cottage, 1 suit, dorm) high end





Telephone Contact: +256752460354 Web: www.tulinariverside.com

### **Services**

Accommodation
Restaurant and bar
Water sports and white water
rafting
Sight seeing
Bird watching
camping
Outdoor games like football, volley
ball, mini golf
Horse riding
Canoeing
The center also supports a
children's home called masha
children villages

# Nile Discovery Resort Beach (Mid-range)



Telephone Contact: +256702282726

Accommodation gardens
Restaurant and bar

# **Riverside Hotel**

(mid-range)





Telephone Contact: +256783535955 Web: www-river-side-hotel-jinja. business

### Services

Accommodation Restaurant and bar Swimming

# Luhan Suites (mid-range)





Bujowali Road off Kayunga-Jinja Rd Telephone Contact: +256775668507/ +256705333984 Email: info@luhansuites.com Web:luhansuites.com

### **Services**

Accommodation Restaurant and bar

# Nile Hotel Jinja

(Mid-Range) Telephone Contact: +256703941301/ +256752934588 Email: info@nilehoteljinja.com Website: www.nilehoteljinja.com

### Services

Accommodation Restaurant and bar Swimming Conference halls

# **Tongolo Resort Beach**

(5 cottages) (Mid-range)





Telephone Contact: +2567844 93965, +256776202555

Boat ride
Outdoor games (Basketball, Volley
ball, Badminton)
Mountain bikes
Hiking
Sight seeing

# Nile Hotel Jinja (20 rooms) (mid-range)



Telephone Contact:

### +256434122226/

+256703941301/+256752924588

Email: info@nilehoteljinja.com Web: www.nilehoteljinja.com

### Services

Accommodation Restaurant and bar Swimming Conference halls

## **JINJA CITY**

# **Nile River Camp**

(mid-range)





Telephone Contact: +256776900450 Email:bookings@camponthenile.com Web: www.camponthenile.com

### **Activities**

Accommodation Kayaking Rafting Fishing Birding Swimming Biking

# The Nile Porch River Lodge (High-end)





Telephone contact: +256782321541 Email: relax@nileporch.com Email: www.nileporch.com

### Activities

Accommodation Rafting Kayaking Swimming Biking Cruises

# Nile River Explores (dorm, tent, and camp) (mid-range)





Telephone Contact:+256772422373 Email: rafting@raftafrica.com Website: www.raftafrica.com

### Activities

Accommodation Rafting Boat cruises

# Source of the Nile gardens (Mid-range)





Telephone Contact: +256777077422

Web:www.sourcegardenhotel.co.ug

### **Services**

Accommodation Restaurant and bar Swimming

# Jinja Sailing Club

(High-end)





Address Plot 1-5 Pier Road, Nile Cresent Jinja Telephone Contact:

+256750035901/

+256434120222/333

Email:marketing@jinjasailingclub.com Website: www.jinjasailingclub.com

### Services

Restaurant and bar Conference facilities Bon night fire Boat cruises

# Crested Crane Hotel (High-end)





Telephone Contact: +256434121954 Email: reservations@ crestedcranehotel.com Web: www.crestedcranehotel.com

### **Services**

Accommodation
Restaurant and bar
Conference

# Anisaa Hotel and Spa





Telephone Contact: +256434122660/ +256784521436

# **Bellevue Hotel**

(low-end)





Kutch West Road, Jinja Telephone Contact: +256392001567/ +256766003481

### **Services**

Accommodation Restaurant and bar

# **Signature hotel apartments** (High-end)





Plot 12 Nalufenya Road Telephone Contact:+256788443193 Email: info@signaturehotel.co.ug Web: www.signaturehotel.co.ug

### **Services**

Accommodation Restaurant and bar White water rafting Horse riding Quad biking

# Source of the Nile Hotel (High-end)





Plot 31-37 Bridge Street Telephone Contact: +256790911318 Email:info@sourceofthenilehotel.ug Web:www.sourceofthenilehotel.com

Accommodation Restaurant and bar Water rafting Kayaking

# **Hotel Maria Grant**

(Low-end)





Telephone Contact: +256757918697, +256392176784

Email: hotelmariagrant@gmail.com/book@hotelmariagrant.com
Web: www.hotelmariagrant.com

### **Services**

Accommodation Restaurant and bar

# **Chel and Vade Cottages**

(18 rooms) (mid-range)



Plot 11, Victoria Lane, Jinja-Uganda Telephone Contact: +256792738548/ +2567827385481 Email; reservations@ chelandvadecottages.co.ug/ info@chelandvadecottages.co.ug Web:www.chelandvadecottages.co.ug

### **Services**

Accommodation Restaurant and bar Conference

# Jinja Nile Resort Hotel (High End)





Plot M130 Kimaka Road Jinja Telephone Contact: +256434122190 Web: www.madahotels.com

Accommodation Restaurant and bar Swimming

# **Hotel Indo Caribbean**

(Low end)





Walukuba-Masese Road Telephone Number: +256753439055/ +256757240490

### Services

Accommodation Restaurant and bar Outdoor games Canoeing Boat cruise

### **KAMULI DISTRICT**

# **Century Hotels Kamuli**

(28 rooms) (mid-range)





Telephone Contact: +256434353228/ +256772340399

### **Services**

Accommodation Restaurant and bar Conference facilities Kagulu Rock climbing Tours to Itanda falls

# **Kyemba Sande Garden Hotel** (Mid-range)





Byaino Road, Kamuli Telephone Contact: +256772483573

Email: kyembasandegardenhotel@gmail.com

Web:kyembasandegardenhotel.com

### **Services**

Accommodation Restaurant and bar Steam, sauna and massage

# **Malamu Centre**

(21 rooms) (low end)





Plot 84, Kamuli Road street Telephone Contact: +256782310204 Website: www.malamucenter.com

### **Services**

Accommodation
Restaurant and bar
Conference facilities

## **Dawson hotel**

(37 rooms) (mid-range)





Telephone Contact: +256772481962

### **Services**

Accommodation Restaurant and bar

# Mpongo Country Inn (Mid-range)





Kamuli Road Kabukye, Telephone Contact: +256772411448

# **MAYUGE DISTRICT**

# **Zeu Resort Hotel**

(22 rooms) (mid-range)





Telephone Contact: +256772401466/ +256702091457

### **Services**

Accommodation Restaurant Conference

# **Betty's Guesthouse**

(13rooms) (Mid-range) Telephone Contact:+256706557641

### **Services**

Accommodation Restaurant

# Gilpine Guest House

Email:gilpine.guesthouse@gmail.com

### **Services**

Accommodation Restaurant

# **IGANGA DISTRICT**

# NV Fort Lugard Resort Hotel

(30 rooms) Mid-range





Telephone Contact: +256704530591

Accommodation Restaurant Swimming

### **Mum Resort Hotel**

(62 rooms) high end



Telephone Contact:

+256393277379/ +256772451576/

+256752585330

Web: www.mumresort.com Email: info@mumresort.com

### **Services**

Accommodation Restaurant and bar Sauna and steam

## **Continental Hotel**





Telephone Contact: +256392947752/ +256701947752

Email: reservations@ hotelcontinental.co.ug

Web: www.hotelcontinental.co.ug

### **Services**

Accommodation Restaurant and bar

# Ntinda valley Resort Hotel (18 rooms) low end

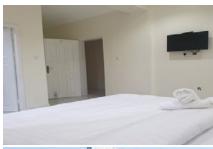


Telephone Contact: 0704797665/ 0776490820

Accommodation Restaurant Child play area

# **Mulandabi Hotels**

(mid-range)





Telephone Contact: +256776514431

### Services

Accommodation Restaurant

# Mwana highway hotel

(32 rooms) (mid-range)

9th street Iganga Town, Tororo Road Telephone Contact: +256781779773/ 0434242595

### **Services**

Accommodation Restaurant and bar

# Sikezy hotel

(mid-range)



Luba Road, Iganga Telephone Contact: +256750521023

### **Services**

Accommodation Restaurant Conference facilities

# **Canaan Resort hotel**

(30 Rooms) (low-end) Telephone Contact: +256778730198

### **Services**

Accommodation

## **KALIRO DISTRICT**

# **Kaliro Country Resort**

(13rooms) (mid-range)





Telephone Contact: +256776482436 Email:info@kalirocountryresort.com Web: www.kalirocountryresort.com

### **Services**

Accommodation Restaurant and bar

## **Jokers Inn Kaliro**

(7rooms) (Low-end) Kyabazinga Road, Kaliro

### Services

Accommodation

# Lovisa guest house

(14 rooms) (mid-range) Muloki Road, Kaliro Telephone Contact: +256777088395/ +256706154759

### Services

Accommodation Restaurant

## New Jokers Inn

(24 rooms) (mid-range)

Nansubuga Road, Kaliro Telephone Contact: +256756433433

### Services

Accommodation Restaurant and bar

### **PALLISA DISTRICT**

# La Quinta Safari

Resort (Mid-range) 16 cottages



Telephone Contact: +256773221219

### Services

Accommodation, Bar and restaurant. Conference hall. Gardens

# **Aster Guest House**

(Mid-range) Telephone Contact: +256779039904

### Services

Accommodation, Restaurant and bar

## **Everest Guest House**

(Mid-range) Telephone Contact: +256772062848/+256702685004

### **Services**

Accommodation

# Bukusu Cross Roads Hotel (High end) 20 rooms

Located at Mutembei Road Telephone Contact: +25677431158/ +256704677334 Web:bukusu-crossroads-hotels. business.site

### Services

Accommodation Restaurant and bar

# **Country Inn Hotel**

(High end) 20 rooms 2 cottages Located on Gogonyo Road Telephone Contact: +256772353435

### **Services**

Accommodation restaurant and bar conference facilities

# **Comfort Inn**

(Budget) 18 rooms Telephone Contact: +256777425718

### Services

Accommodation

### Pallisa Gardens

(Budget) 12 rooms Located on Agule Road Telephone Contact: +256777021619

### Services

Accommodation Restaurant and bar Conference

# Crystal Palace Guest House (Budget) 11 rooms

Located on Muloki Road Telephone Contact: +256772905128

### **Services**

Accommodation Restaurant and bar Conference facilities.

# **Heritage Courts Hotel**

(Mid-range) 19 rooms





Located on Olok Road Telephone Contact: +256701273784/ +256776465273 Email: heritagepallisa@gmail.com Web: www.heritagecourtshotel.com

### **Services**

Accommodation
Restaurant and bar

### **KUMI DISTRICT**

# The Pearl Hotel

(Mid-range) 15 rooms



Located Kamunyu Road, Kumi District Telephone Contact:+256702669099 Email: Pearlhotel2015@gmail.com

### **Services**

Accommodation, Restaurant and bar

## **North East Villa**

(Mid-range) 13 rooms Ago Road, Kumi District Telephone Contact; +256773971153

### **Services**

Accommodation Restaurant

### Grandma's Inn Hote

(Mid-range) 12 rooms Located along Kumi- Pallisa Road Telephone Contact: +256780324144

### Services

Accommodation Restaurant and bar

# **Green Top Hotel**

(Mid-range) 20 rooms Located on Kumi -Mbale Road Telephone Contact: +256780673810

### Services

Accommodation

# The Plain Springs Hotel (Mid-range) 17 rooms



Located on Osipim Road, Kumi Telephone Contact:+256772403554

### **Services**

Accommodation

# **Kumi Hotel**

(High-end) 22 Rooms





Located on Malera Road, Plot 68 Telephone Contact: +256772490659

Accommodation
Conference facilities
Restaurant and bar

## SOROTI DISTRICT

# The Sparrow Centre



Telephone Contact: +256779386767 Email: sparrowsentresoroti@gmail.com

### Services

Accommodation Restaurant and bar Swimming pool Gardens Children's Park

# Taj mah al Lion's Hotel

(Mid-range) 21 rooms Located on Plot 12 North Avenue Soroti

Telephone Number:

+256772439479/ +256702439479

### **Services**

Accommodation (Bed & Breakfast)

# The Hursey Resort @ Camp St. Mary

(High-end) 15 rooms





Located on Moroto Road Telephone Contact: +256392001682 Email: admin@hursey.co.ug Website: www.hursey.co.ug

### **Services**

Accommodation Restaurant and bar Health Club

# **Akello Hotel**

(High end) 78 rooms





Telephone Contact: +256776995501

Email: info@akellohotel.co.ug Website: www.akellohotel.co.ug

### **Services**

Accommodation Conference facilities Restaurant Gardens

# **Strikers Hotel**

(Mid-range) 59 rooms





Telephone Contact: +256789875476 Web: www.strikershotel.co.ug

### **Services**

Accommodation Restaurant and bar Conference facilities

# **Turning Point Hotel**

(Mid-range) 15 rooms Located along Mbale- Soroti Road Telephone Contact: +256702846922

### **Services**

Accommodation Restaurant and bar

# **Soflyv Hotel** (Mid-range)



Plot No. 17 Moroto Road, Soroti Uganda Telephone Contact: +256 393224543

### **Services**

Accommodation Restaurant and bar

# Soroti Hotel 2001 Limited (High-end)





Plot 1416 Old Serere Road, Soroti Telephone Contact: +256772301154

### Services

Accommodation Restaurant and Bar

# **Akello Hotel Annex**

(High end)





Telephone Contact; +256392662669 Email: info@akellohotel.co.ug

### **Services**

Accommodation Restaurant

# Timisha Hotel (Mid-range)





Plot 12, Opeta Close, Soroti Telephone Contact: +256759392274/ +256773557719 Web: www.timishahotel.co.ug

### **Services**

Accommodation Restaurant and bar

# **Town View Hotel**

Soroti Mid-range

Telephone Contact: +256772403882/ +2567088880770 Email: townvhsoroti@gmail.com

Website: www.townvhsoroti.co.ug

### **Services**

Accommodation Restaurant Conference facilities

### KATAKWI DISTRICT

## **Classic Guest House**

(Low end) 8 non-self-contained rooms Telephone Contact: +256785329309/+256772480297

### Services

Accommodation

# Nightingale Guest

**house** (Low-end) 8 rooms Located in Katakwi central Telephone Contact: +256776444888

### Services

Accommodation
Restaurant and soft drinks

# **Royalis Hotel**

(Low-end) 6 rooms

Located along Chemaseut Road. Telephone Contact: +256788041352

### **Services**

Accommodation Restaurant Conference facilities

### **Petua Gardens**

(Mid-range) 5 rooms Telephone Contact: +256779562046/+256755215440

### **Services**

Accommodation
Restaurant and bar

## **Ebenezer Guest House**

(Low -end) 8 self-contained and 2 non self-contained rooms Telephone Contact: +256772424647/ +256789449682

### **Services**

Accommodation
Conference facilities

# **Akello Guest House**

(Low-end) Telephone Contact: +25677909889/+256705883985

### Services

Accommodation Restaurant and bar

### **Eden Hotel**

(Mid-range) 9 rooms Telephone Contact: +256778310211/+256781619644

### **Services**

Accommodation

# Lake Opeta Guest

House (Low-end) 9 non selfcontained rooms Telephone Contact: +256782860274/+256780592891

### **Services**

Accommodation Restaurant and bar

# KAPCHORWA DISTRICT

# Sipi Traveler's Lodge

(mid-range) 13 rooms





Located along Kapchorwa-Mbale Rd Telephone Contact:

+256783817748/ +256772606232

### **Activities**

Accommodation
Sipi falls hike
Cave adventures
Abseiling
Mt. Elgon exploration
Sunset view

# The Crow's Nest Sipi

Falls (Mid-range) 20 rooms and campsite Telephone Contact: +256772687924/ +256776052582 Email:thecrowsnestsipifalls@gmail.com

### **Activities**

Accommodation Hiking Rock Climbing Abseiling Cultural dances Coffee tours Nature walks Biking Sunset view

# Rafiki Lodge Sipi

(High-end) 6 rooms and 6 bandas





Telephone Contact: +256757449360/ +256783817748 Email: info@rafikilodgesipi.com Web: www.rafikilodgesipi.com

### **Activities**

Abseiling Cultural tours Sunset /Sunrise views Coffee tours

# Labamba Country Resort (Mid-range) 29 rooms





Telephone Contact: +256750313881/ +256772448472 Email: labambacountryresort@ outlook.com

### Services

Accommodation Restaurant and bar Indoor sports

# Pacific Summit Hotel (Mid-range)



Plot 1-11 Kenyatta Lane, Kapchorwa Town Telephone Contact: +256454660341/ +256392946206 Web: www.pacificshotelug.com

### **Services**

Accommodation Restaurant and bar

### **Masha Hotel**

(Mid-range) 8 rooms Telephone Contact: +256774342105/ +256700868193 Email: mikemwanga@yahoo.com

### **Services**

Accommodation Restaurant and bar Sipi falls tours Mountain Elgon tours

# Kingo Cottage

(mid-range) 8 cottages Located in Kapchorwa Central division Telephone Contact: +256777254754

### Services

Accommodation Restaurant

# Noah's Ark Hotel

(High end) 22 rooms



Located in Kapchorwa Central Division Telephone Contact: +256772646364/+256788783938 Email: hotelnoahsark@yahoo.com

# Savanna Guest House

Telephone Contact: +256772350411 Email: savannaguesthouse@yahoo.com

# **Home of Friends Guest**

**house** (High-end) 8 self-contained and 3 non self-contained





Barawa Road 1, Kapchorwa Telephone Contact: +256780548202 Website: www.homeoffreinds.com

### Activities

Accommodation Restaurant Hikes and walks Local culture experiences Sports and adventure

# Sipi Valley Resort

(High-end) 16 rooms





Telephone Contact: +256781674387 Email: sipivalleyresort@gmail.com

### **Activities**

Abseiling Hiking Coffee tours Sunset experience Cave adventure Community walks

# Sipi Guest House

(mid-range) 8 rooms Telephone contact: +256759307789

### **Activities**

Mt. Elgon exploration Cave exploration Sipi falls tours

# Sipi River Lodge

(High-end) 5 Cottages and 4 Banda



Telephone Contact: +256751796109 Email: info@sipiriverlodge.com Website: www.sipiriverlodge.com

### **Services**

Hiking Coffee tours Abseiling Mt. Elgon Trekking Runners experience

# Casa Sipi Falls

(Lodge High) end 8 rooms



Located in Sipi Trading centre Telephone: +256782328085 Website: www.gotouruganda.com

# **MBALE CITY**

## **Mbale Travelers Inn**

(29 rooms) mid-range





Plot 45 Naboa Road, Mbale (U) Telephone Contact: +256 454 432790/ +256 703 160319/ +256 776 997 074

Email: info@mbaletravellersinn.net/bookings@mbaletravellersinn.net
Web:www.mbaletravellersinn.net

### Services

Accommodation Restaurant and bar Visits to Sipi falls

# Starlight hotel (Mid-range)



Wanale Road, Mbale Telephone Contact: +256704023485

### **Services**

Accommodation Restaurant

# **Wash and Wills**

(54 rooms) high end





Plot 37 Mbiro Rd, Mbale Telephone Contact: +256772518675

Accommodation Restaurant and bar

# Mt. Elgon Hotel

(30 rooms) High end





Telephone Contact: +256773008903 Email: sales@mountelgonhotel.com

Web: www.mtelgonhotelmbale.xyz

### Services

Accommodation Restaurant Swimming

# Casa del Turista

(High end)





Plot 18 Nkonkonjeru Terrace, Mbale Telephone Contact:

- +256702328085/
- +256701460014

Email:casaugandasafaris@gmail.com Website: http://gotouruganda.com

### **Services**

Accommodation Restaurant and bar Swimming Safari tours

# Kayegi Hotel

(mid-range)





Plot 45B Masaba Road Telephone Contact: +256 392 176497/ +256 789 543316 Website: www.kayegihotelug.com

### Services

Accommodation Restaurant and Bar Gardens

## **Mbale resort**

(93 rooms) high end





Plot 50, Bungokho Rd, Mbale Telephone Contact: +256 758 210121/ +256 782 787333 Email: reservation@ mbaleresorthotel.com Web: www.mbaleresorthotel.com

### **Services**

Accommodation Restaurant and bar Swimming pool Conference facilities

# **Green Gardens Hotel**

(20 rooms) Mid-range Telephone Contact: +256704023485

### **Services**

Accommodation

# Elgon Heights Motel





Plot 4, Muleme road, Maluku, Mbale Telephone: +256 700 233 333, +256 777 723 333

Email: reservations@ elgonheightsmotel.com

Web: www.elgonheightsmotel.com

### Services

Accommodation Restaurant and bar Garden

# **Two Seasons Hotel**

(mid-range)



Plot 25 Masaba Avenue, Mbale Telephone Contact: +256704023485

### Services

Accommodation Restaurant and bar

# **Dream Palace Hotel**

(Mid-range) Plot 7, Bwayo Crescent Telephone Contact: +25675478038600 Email: info@dreampalace.co.ug/dreampalacembale@gmail.com Website: www.dreampalace.co.ug

### **Services**

Accommodation Restaurant and bar Conference facilities

# **Crown Suites Hotel**

(High -end)





Plot 23/25 Nankupa Road Telepohone Contact: +256789885326/ +256772485605 Email: info@crownsuiteshotel.com Website: www.crownsui teshotel.com

### **Services**

Accommodation Restaurant and bar

# **Marple Cottages**

(High -end)



Mbale-Tirinyi Road, Kamonkoli Telephone Contact: +256704811338/ +256775811338 Email: marplecottages@gmail.com Web: www.marplecottagesug.com

### **Services**

Accommodation Restaurant and bar Swimming pool

# Kaanos Hope Complex Inn

(20 rooms) mid-range Plot 25. Naboa Road, Mbale Telephone Contact: +256393206845/ +256703229002

### Services

Accommodation Restaurant

# Agabet Hotel (Low-end)

Plot 8, Bufumbo Road Telephone Contact: +256775 501553 Website:agabet-hotel-mbale. business.site

### **Services**

Accommodation
Restaurant and bar

# **Bills Motel**

(mid-range)



Muyembe Lane, Mbale Telephone Contact: +25675310800

### **Services**

Accommodation Restaurant and bar

# Lucia Villas Mbale

(Mid-range) University View, Mbale Telephone Contact: +256700582828

### **Services**

Accommodation Restaurant and bar

# MANAFWA DISTRICT

# Mist gardens Hotel

Paasa beach

### **TORORO**

## **Kanfi Hotel Ltd**

(Mid-range) 11 rooms





Located at Plot 3, East Road Tororo Telephone Contact:+256781966696 Email: info@kanfihotel.com

### Services

Accommodation Restaurant and bar Gardens

### **Rock Classic Hotel**

(High-end) 97 rooms Located along Malaba Road Website: www.rockclassichotel.com Email: rockclassic@yahoo.com Telephone Contact: +256772768535

### Services

Accommodation Restaurant and bar Conference facilities

# Le Rock Royale Hotel

(High -end) 8 rooms Telephone Contact: +256778906290/ +256779158419

### **Services**

Accommodation
Restaurant and bar

# **Piedmont Hotel**

(High-end) 22 rooms Telephone Contact:+256394892036

### Services

Accommodation Restaurant Tororo rock hike

## East Sun Hotels Ltd

(Mid-range) 40 rooms Telephone Contact:+256759800132 Email: eshltororo@gmail.com

### **Services**

Accommodation Restaurant and bar

## **Sofitel Guest House**

(Mid-range) 44 rooms Plot 41 market street Telephone Number: +256782558483/ +256772456807

### **Services**

Accommodation Restaurant and bar Conference facilities

## **Hotel Meritoria**

(Mid-range) 16 rooms Located along Dock Crescent Road Telephone Contact: +256701373803+256454437693 Email: info@hotelmeritoria.com

### **Services**

Accommodation Restaurant and bar

# Mamikki Hotel and

**Apartments** (High-end) Located along Osia Road Tororo Telephone Contact: +256702845634

### Services

Accommodation Restaurant and bar

## **BUSIA DISTRICT**

# Reyo hotel

(10rooms) (Mid-range) Telephone Contact: 0392947127/ +2567726180596

Email: reyohotel@yaoo.com

### **Services**

Accommodation Restaurant

# La Palm Suites and Spa

(28 rooms) High-end Equator Road, Busia Telephone Contact: +256772661287 / +256772410047

Email: hotellapalm03@gmail.com Web:www.lapalmsuites.com

### Services

Accommodation Restaurant and bar

### 12 Pearls Hotel

(17rooms) Mid-range Telephone Contact: Email: 12pearlshotel@gmail.com Website: www.12pearlhotel.ug.com

# RESTUARANTS & HANGOUT AREAS ON YOUR WAY TO JINJA

## **Bannz Nile Grill**

Lugazi Located on Kampala-Jinja Highway, Lugazi Telephone Contact: +256700606723

# **Forest Mart**

Located on Kampala-Jinja Highway, Buikwe. At the site there is a Petrol Station, Restaurant and accommodation with 3 operating rooms.

Telephone Contact: +256752182519

### **JINJA CITY**

## **Namu Local Food**

Lubas Road Plot No.27 Telephone Contact: +256782162562

# **Igar Café**

Main street, Jinja Plot 16 Telephone Contact: +256770807702 Email: info@igarplazahotel.com

# **Java House**

Amber Court, 204 Jinja Telephone Contact: +256703042306

## **Nile View Casio**

Plot 54 Lubas Road Telephone Contact: +256703712945

# Paralyze spot

Telephone Contact: 0754459955

# Pit stop lounge bar

17 Nile Avenue Telephone Contact: +256785618103

# BUYENDE DISTRICT

# **Century Heritage** Restaurant

The restaurant is located next Kagulu hill. In Buvende District

# **IGANGA** DISTRICT

# **Muscut Star** Restaurant

Saza Road, Iganga Telephone Contact: +256704369433

# Concepts Café

Kvevune Road Telephone Contact: +256757291118

# Leoz Restaurant

Telephone Contact: +256702199790

# Sole view Restaurant

Market Street, Iganga Telephone Contact: +256774743533

# **PALLISA DISTRICT**

# **Dup's Corporate Zone**

Telephone Contact: +256775523110

# **Aroma Fast Foods**

Telephone Contact: +256706855294/ +256779116887 Email: apolotsarah880@gmail.com

# Twaiba restaurant

Telephone Contact: +256784964173

### Salama restaurant

Telephone Contact: +256753502538

# Casablanca Restaurant

Telephone Contact: +256756672461

### **KUMI DISTRICT**

# **Come Again 1st Choice** Restaurant

Telephone Contact: +256774930200

# Home Again

Restaurant and Accommodation Telephone Contact: +256704169615

### SOROTI DISTRICT

### Food Hub Fast

(food restaurant) Telephone Number: +256705650294

### Café Canunu

(Local and fast foods) Telephone Number: +256702733070

# **Opuyo Pork Joint**

Telephone Contact: +256774697335/ +256774661613

### Pamba Pork Joints

Located on Old Mbale- Soroti Road, Soroti

### **Arch foods**

Restaurant and Takeaway (Local and fast foods) Telephone Contact: +256392963502

### KATAKWI DISTRICT

### Katakwi Café

(Local and fast foods) Telephone Contact: +256778344438/+256782453590

### Nemra Guest House

(Local food)

# KAPCHORWA DISTRICT

### The Place Club

Telephone Contact: 0774177746

### **Feathers Bar**

Telephone Contact: +256778317450

### Royal Café

0778317450: +256757632036

### Sebei Café

Telephone Contact: +256772647564

### The Hive Bar Sipi

Telephone Contact: +256700136160

# **Sipi Coffee Shop**

Telephone Contact: +256772647564

### Vegas Pub

Telephone Contact: +2560782035370

### **MBALE DISTRICT**

# Inspire Africa coffee point

Telephone Contact: +256705445773

### **Endiro Coffee**

Plot 39, 41 Republic St, Mbale Telephone Number: +256775 227132

# Cosmo coffee shop & Restaurant

Republic St, Mbale Telephone Contact: +256782 397460

### Eco Shamba Café

Plot 18 Nkonkojeru Terrace, Mbale Telephone Contact: +256702328085

### **Delicious Dishes**

Republic street, Mbale Telephone Contact: +256758983840

### **TORORO DISTRICT**

### **Blue Mountains Inn**

Located along Bazaar street Telephone Contact: +256772627273 Restway Restaurant and takeaway

### Café Davis

(Local and fast foods) Located along station road Telephone Number: +256775688801

### **Rock Classic Hotel**

Plot 70. Osukuru Road. Tororo (U) Telephone Contact:

### **BUSIA**

# **LiQuid Inn**

Telephone Contact: +256793803959

### Hashtag 040

Telephone Contact: +256700865568.

### **Galaxy Pub**

Telephone Contact: 0704272141/0785787110





# **CULTURAL TOURISM**

### **Kyabazinga palace**

To learn about the Busoga culture, visit the Kyabazinga Palace and Mpumudde Hill. Mpumudde Hill, is where the cultural leaders were crowned. It is also widely regarded by historians as the site where Omukama (king) Kabalega of Bunvoro died in 1923, Located approximately four kilometres from Jinja City, the hill overlooks Lake Victoria, Bugembe





### Inzu Ya Masaaba

The official administrative seat is located a few kilometers from the city center. Currently under the leadership of Umukuuka III Wagabyalire Amram John, the institution dates back to the times of Mwambu and Sera the ancestors of the Bamasaba.



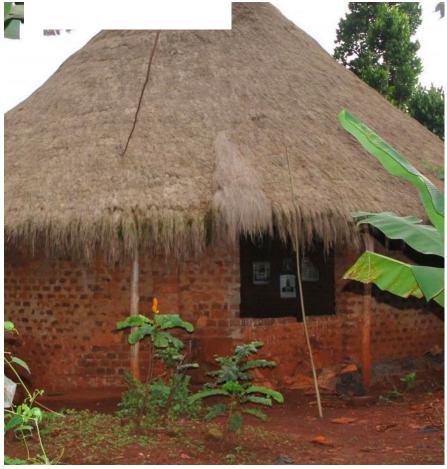


Umukuuka III Wagabyalire Amram John and other officials at the Inzu Ya Bamasaba in Mbale.

### Nabamba shrine

Visit Nabamba Shrine to learn about the traditional beliefs from Busoga region. The shrine is believed to be inhabited by powerful spirits that influence people's lives. As such people visit to pray for healing and blessings and offer thanksgiving.

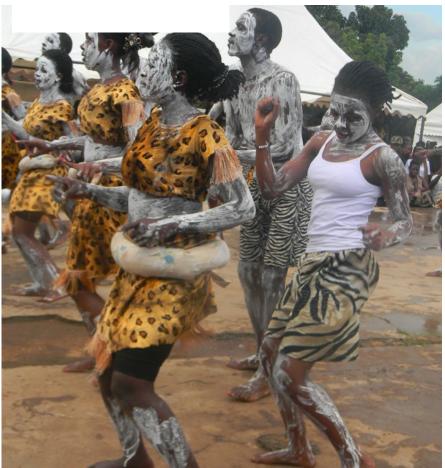




### **Emutoto**

Emutoto just on the outskirts of Mbale City is the official compound of Imbalu. Imbalu is one of the most revered Bamasaba culture. Carried out every even year, thousands of eager boys gather at this compound to be circumcised as an initiation rite of transition from boyhood to manhood.

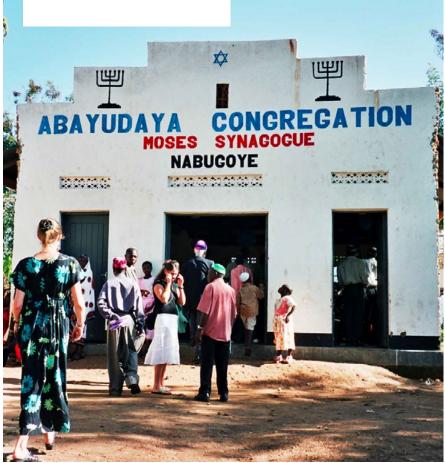




# **The Stern** synagogue

However, Mbale is famous for being the home of a Jewish community that has been around for 500 years. Founded by the administrator Semei Kakungulu, the sect leads a separate and quiet life on the outskirts of the city.





### **Agro-tourism**

While in Kapchorwa, visit with the Sipi Falls Arabic coffee farmers who are available to demonstrate the coffee journey from the garden to the cup. They also offer special tours for students and other people interested in learning the art of growing and making money from coffee.

In Bugiri, tour the Kibimba rice scheme. Recognised as one of Uganda's best local rice producers, the Kibimba rice estate covers 5,000 hectares and its business capabilities, all of which are run in-house and on-site, include growing paddy, multi-stage milling, packaging and distribution.

For tea, visit the Uganda Tea Corporation Limited (UTCL) at Kasaku near Lugazi. UTCL has been a leading tea producer and exporter in Uganda for over 20 years. It has three estates with its headquarters in Kasaku which is about 48 Km from Kampala and 40 Km from Jinja.



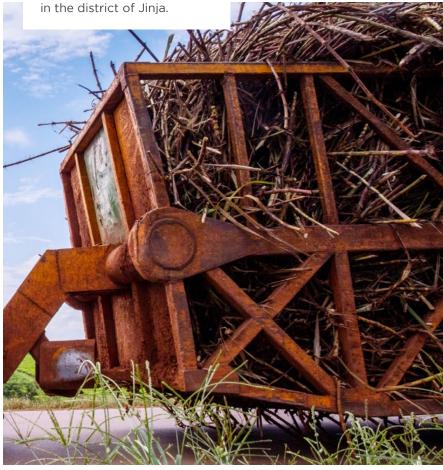




# Sugar cane

Uganda is the largest producer of granular brown sugar in the East African Community, accounting for about 500,000 metric tonnes annually as of May 2017. The east is the largest grower of sugarcane in Uganda. Visit Kakira Sugar





# Adrenaline adventure

If you are looking for thrilling adventure, go for white water rafting on the Nile River. After a comprehensive briefing about the activity, you are free to enjoy a beautiful scenery, birds and the

thundering rapids of the White Nile. Go rafting at the Itanda Falls, a steep cascade roaring waterfall on the majestic River Nile the longest river in the world, the water is estimated at 100 meters deep. For experienced kayakers and the daring novices, this is an unmissable experience. In Tororo Town go rock climbing. The Tororo rock is climbable in an hour on an elevation of 1,483 meters and it does not require a skill.

Hike up Wanale Hill for the best views of Mbale City.

In Kapchorwa go for a hike to the amazing Sipi Falls. Sipi Falls is a series of three water falls plunging along the lower slopes of Mt.Elgon. Visit Mount. Elgon National Park and do a hike of Mt. Elgon. Known as a mountain of illusion, Elgon has several peaks the highest of which Wagagai at an elevation of 4.321 meters.

A full day walk will lead you to Budadiri and Budange cliffs known as the walls of death at the boundary of the park located in tropical forests. There are high chances of encountering blue monkeys, black and white Colobus monkeys and baboons. Travel to Pian Upe Wildlife Reserve. Spread on 2,788sq kilometers semi-arid land north of Mt Elgon, Pian Upe is one of Uganda's best kept secrets. Being under the care of Uganda Wildlife Authority, all activities have to be guided by UWA ranger guides. It is a true African wilderness with a few people but with rich wildlife.

Morning and afternoon game drives around Pian Upe wild life reserve where you will spot cheetahs, ostriches, antelopes, giraffes, roan antelopes, maneless zebra, elands and birds.



# **Dolwe Island** (Jewel of Lake Victoria)

Dolwe Island Uganda's (and Lake Victoria's) best kept secrets situated in the North Eastern part of Lake Victoria (Busoga region) and hidden away inside these natural castles are messages and symbols from the past in the form of rock paintings, carvings and engravings and also gongs ("rock gongs"), left behind by unknown people's long ago (probably the biggest known concentration of gongs on this continent), opening windows

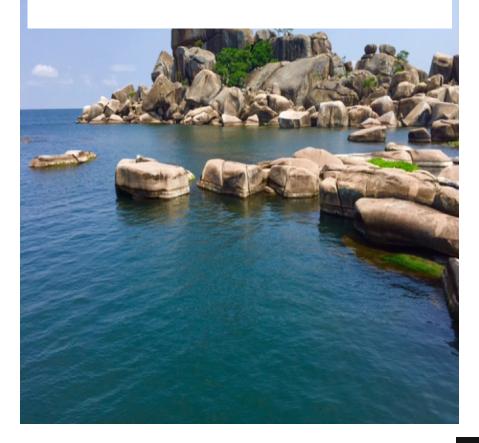
onto Dolwe's mysterious and enigmatic past. The Dolwe is one of, a beautiful island about 25 sq Kms, situated in Ugandan waters not far from the Kenvan border. It is characterized by the many granite rocks and boulders which rise like castles across the landscape, carved hollows, arinding hollows. decorated pottery sherds, decorated pottery sherds, stone age demarcation lines and grids. stone age demarcation lines and arids.



The site has various cultural products including rocking paintings and engraving, rock gongs, ground hollows, stone stools and pottery. It is possible that Dolwe hunters-gatherers and agriculturalists perceived this island's land scape as enshrining knowledge of what happened in the past and recorded in the rock art. There is also another mysterious and remarkable artistic heritage from the past in the form of what archaeologists call ground (carved) depressions/hollows

in the granite which abound here in their thousands. The island is much too remote for most tourists to reach by vehicle and boat which takes a long time a can entail rough crossings. Much of the island is still wild and undeveloped and therefore beautiful. There are no vehicles and it is important that the government make a rule for everybody not to introduce vehicles here which would ruin its exclusive nature.

Website: www.ugandamuseums.or.ug



# UGANDA'S LARGEST WILDLIFE RESERVE

# **Pian Upe Wildlife Reserve**

ByJonathan A. Benaiah

ian Upe Wildlife reserve is located in the northeastern semi-arid part of Uganda, spanning a land area of 2043 sqkm. It is undisputedly the largest wildlife reserve in the country and the second largest protected area in Uganda, after the Murchison Falls National Park, also one of the most picturesque points in the country.

#### **Pian Upe's History**

Until a few years ago, the area where the reserve sits was a famous battleground for two traditional pastoral groups, the Karamajongs of northeastern Uganda and the Pokot who originated from Kenya. The main road which leads through the reserve right up into Matheniko & Bokora Wildlife Reserve and into Kidepo Valley National Park formed the boundary which both tribes crisscrossed to raid one another, in a period of ruthless cattle rustling. Peace has however since returned to this region, and tourism continues to flourish. In 2003, there was a proposal to

In 2003, there was a proposal to degazette the reserve for fruit farming but this was blocked. The Government of Uganda,

fortunately, has recently expressed interest in upgrading Pian Upe Game Reserve to National Park status, and efforts to restock wildlife numbers are in the process, as well as plans to open up more areas for tourism development.

# Highlights of Pian Upe Wildlife Reserve; Attractions and Activities for visitors

Pian Upe Wildlife Reserve is popular for its signature dazzling sunsets and sunrises, which you won't help but breathe in when you visit. Every morning, the sun comes out from its resting spot behind the mountains and descends over the horizon.

#### Flora:

This area of northeastern Uganda is without doubt one of the remotest, but also one of the most charming expanses of distinct wildlands in the country, dominated by plateaus carpeted by green and golden undisturbed and wooded savannah plains ringed by mountains and cut in-between by rock-strewn ridges and Kopies.

The reserve's plains are dominated by thatching grass, but they also feature bristle species, lemon





grasses, and beard grasses. The sweeping plains are decorated with red acacia, desert date, bush willows and shrubs like the wooly caper bush and the butterfly pea.

#### Fauna:

Pian Upe Wildlife Reserve is most notable for harboring quite a number of rare animals found nowhere else in Uganda, including a healthy population of Cheetahs and Uganda's only remaining population of Roan Antelopes.

The low visitor numbers guarantee that all wildlife sightings are private, intimate and personal; dissimilar from the crowds that characterize Africa's popular wildlife destinations.

The reserve is also home to large herds of ungulates including the Common Eland, a small population of Zebra, Hartebeests, Günther's Dik Dik, the popular Oribis, and the impalas which were recently relocated here from Lake Mburo National Park, Cape Buffalo, the Uganda Kob, Waterbuck, Blue and Common Duiker, Klipspringers and the Bohor and Mountain Reedbuck also enjoy the homely Pian Upe Game Reserve. The African Hare, Crested Porcupine, Rock Hyrax, Aardvarks, Ververt and Patas Monkeys, Four-toed HedgeHogs, as well as the Olive Baboons can be found here. Cheetah sightings are ranked at 80% chances, making it the best place in the country to see earth's fastest mammal. But popular among the other predators in the

reserve include the jackals, wildcats, Spotted Hyenas, Serval Cats. Civets, the elusive Leopards and a healthy pride of Lions is reported to periodically visit from the nearby Amudat Wildlife Conservation Area. The reserve is also home to varied species of reptiles including venomous puff adders, savannah monitors, common agama, chameleons, geckos, skinks, rock pythons and crocodiles can be found in River Girik, Lions. elephants, black rhinos and giraffes once roamed these open plains, but they were hunted into extinction during the era of insurgencies. Uganda Wildlife Authority, however, has plans of reintroducing some of these species into this outsized wilderness.

# **Birding in Pian Upe Wildlife Reserve**

Pian Upe's ecosystems attract unique bird species which make her an endeared birding hotspot on the Uganda safari itinerary. Birds to look out for include the Karamoia apalis. which is endemic to northeastern Uganda, Ostriches (both wild and domesticated) are not hard to find here. Green bitta, Abyssinian ground hornbills, superb sterlings, secretary birds, even the shoebill can be sighted on the park's stretch of land. The reserve's boundary is broken by the extension of Lake Opeta, one in two places in Uganda and the entire world where the Fox's Weaver bird survives and can be sighted.





# REGISTERED AND INSPECTED FACILITIES IN EASTERN UGANDA

#### LOVISA GUEST HOUSE

MULOKI ROAE 0787 - 423133

#### JOKOR'S INN KALIRO

KYABAZINGA ROAD 0772 - 469319

#### **KALIRO TAVERN**

0778 - 871590 0772 - 551737

#### **NEW JOKERS' INN**

NANSUBUGA ROAD 0756 - 433433 0772 - 469319

#### **GREEN LIGHT GH**

KAMULI ROAD 0778 - 348309 0774 - 402890

#### NANDUSI GUEST HOUSE

LYABOGA STREET 0780 - 792265 0782 - 308051

#### SARONA GUEST HOUSE

KALIRO TC 0784 - 445697 0782 - 781123

#### KALIRO CONFERENCE

CENTER 0775 - 575262

#### **NEW LIFE GUEST HOUSE**

KIRUMIRA ROAI 0753 - 082714 0753 - 082714

#### EDEN GUEST HOUSE

MULOKI ROAI 0772 - 0133330 0785 - 3--441

#### FLORENCE GUEST HOUSE

LUKUMBU ROAD 0772 - 351813 0772 - 351813

#### KITENDE GUEST HOUSE

MUKUNYU ROAD 0786 - 335219 0772 - 601358

#### KIMUMBASA GUEST HOUSE

NAWAIKOK

NAVVAIKOKE ROAL 0705 - 449728 0703 - 871838

#### BUKUMBA GUESTHOUSE

BUMANYA ROAD 0706 - 816001

#### SALONGO GUESTHOUSE

BULUMBA ROAD 0750 - 775778 0750 - 775778

#### BAMBU GUEST HOUSE

NAWANDALA ROAE 0783 - 298608 0773 - 892021

#### **KALIRO TOWN**

COUNTRY RESORT HOTEL

KAMULI ROAD 0774 - 625821 0776 - 482436

#### **TOSS GUEST HOUSE**

ALDINA ROAD 0783 - 721257 0783 - 721257

#### LINK MAYOR'S FOREST GUEST HOUSE

IDUD

#### MAPAMBANO GUESTHOUSE

)752 - 399253 )752 - 399253

#### **FRIENDS CORNER**

GUEST HOUSE 0705 - 334075 0705 - 334075

#### **NEW LIFE MOTEL**

0752 - 854343 0752 - 854343

### **ALITONYA INN**

0774 - 09176 0774 - 09176

#### UNIQUE GUEST HOUSE

0751 - 387128 0751 - 387128

#### **STAR GUEST HOUSE**

0703 - 161708 0703 - 161708

# RAIL VIEW GUESTHOUSE

NARAMBAI ROAD 0782 - 869882 0782 - 869882

#### SOIVIEW MUSAWA GUESTHOUSE

0705 - 197319 0703 - 870509 haril@musana.org

#### SAFARI LAND GUEST HOUSE

MUGADYA ROAD 0776 - 701251 0705 - 309496

#### NTAJO GUEST HOUSE

MADN ROAD

0772 - 468261 0772 - 468261

#### MM COMFORT GUEST HOUSE

BULUDHUNDI CB 0706 - 911300 0706 - 911300

#### ROYAL KOBS RESORT

BULUDHUNDI CB 0772 - 481315 0772 - 481315

#### N.V FORT LUGARD RESORT

BULUDHUNDI CE 0751 - 313130 0751 - 313130

#### JENNY GUESTHOUSE

BUNYA ROAD 0755 - 145438 0702 - 895403

#### MAKO POINT GUEST HOUSE

MAINSTREET 0701 - 476237 0701 - 476237

### **CAMP DAVID**

MAINSTREET 0772 - 945684 0772 - 022872

#### **NEW KEFF**

BIKHADO ROAD 0706 - 911300

#### **NEW LIFE BAR**

BULUDHUNDI CB 0759 - 727752 0759 - 727752

#### **EVENING GLORY GUEST HOUSE**

#### **WAID HOTEL**

#### **SKYLINE GUEST** HOUSE

#### **BESSA GUEST** HOUSE

#### **EXPLORE GH**

#### KASSABLANKA **GUEST HOUSE**

#### **TOTO GUEST HOUSE**

#### **BARBRA GARDENS** UWAWI

#### SKIZY

#### **JOSA GUEST HOUSE**

#### **NEKOLI GUEST** HOUSE

#### **NTINDA VALLEY** RESORT

#### SAX PUB AND **GUEST HOUSE**

#### AFRICANA GUEST HOUSE

#### CRYSTAL GH

DAUDI WAISWA

#### **JOY GUEST HOUSE**

#### SANA COUNTRY HOTEL

#### **EXECUTIVE MOTEL**

#### LINKWAY **GUESTHOUSE**

#### **BLUE PLANET**

#### CLASSIC TRAVELERS INN

#### **EAST END GUEST** HOUSE

#### **AMEX GUEST** HOUSE

#### **BAKYAMENYA GUEST HOUSE**

#### **BOSTON VILLAS**

#### **PRIDE GUEST** HOUSE

#### **KAVULE COUNTRY** HOME

### **COMRADE HOTEL**

#### **VIC SHELTER GUESTHOUSE**

#### **BRIDGE HOTEL**

#### **EAST AFRICA** RESORT

#### **LITE PUB**

#### **MWINO COUNTRY INN**

#### **JOY GUEST** HOUSE

#### NAIGAGA **GUEST HOUSE**

### KASABULANKA

**GUESTA** IGANGA - MBAALE 0786-665182

### NAIGAGA LODGE **BAR AND**

**RESTAURANT** 

#### **JB GUEST HOUSE**

#### SAFARI INN **GUEST HOUSE**

#### **NEW AFRICAN RESORT GUEST** HOUSE

#### **DODI'S GUEST** HOUSE

#### SAFARI GUEST HOUSE

#### **JOKEY GUEST** HOUSE

#### **GEORGE'S PUB**

#### MUFUKO MULTI PURPOSE

0752-453356 0752-453356

#### TIZOMO

KAMEDE 0779-053794 0779-053794

#### SAFE CITY

NANGONDE ROAD 0782-405854 0782-405854

#### KING DAVID

NAKYERE ROAD 0782-059151 0782-059151

#### BEYONCE GUEST HOUSE

BUDONGO ROAD 0781-428914 0781-428914

#### BOVAN GUEST HOUSE

0787-529920 0774-439608

#### **HOTEL WHITE**

SAZA ROAD 0772-330933 0772-3309933

#### **MORNING STAR**

0701-942195 0701-942195

#### **JUBA GUEST HOUSE**

IGANGA - MBAAL HIGH WAY 0780-562200 0780-562209

# HOTEL CONTINENTAL

IGANGA 0701-947752 0701-947752

# FELIX COMMONS EXECUTIVE

KYABAZINGA ROAD 0772-428832 0772-428832

#### **HOTEL RESIDENCE**

MAIN STREET 0753-548761 0753-800307

#### MWAANA HIGHWAY HOTEL

MAIN STREET 0781-779773 0702-349920

LONDON MOTEL 0776-511067 0776-511067

#### **CREST RESORT**

MUTEKANGA ROAD 0752 - 353566 0752 - 353566

#### HELLENA'S GUEST HOUSE

WILSON ROAD 0753 - 662869 0753 - 662869

#### MUZURI GUEST HOUSE

NAMWENDHA ROAD 0789 - 744702 0776 - 860946

#### PINEHUST HOTEL LIMITED

KYANAZINGA ROAE 0783 - 340690 0783 - 340690 hotelpinehust@ yahoo.com

### ZANA COMPLEX PUB

NEAR MUNICIPAL COUNCIL 0752 - 683453 0750 - 300570

#### CIBIET BAR GARDENS

KAMULI MUNICIPAL COUNCIL 0752 - 614051

#### KIRUNDA BILUSANI CITY

GARDENS NAMWENDHA ROAD 0779 - 598149

#### **KYEMBA GARDENS**

DENNING RD 0750 - 497236 0703 - 798021

#### **MALAMU CENTRE**

BREWER RD 0782 - 310204 0772 -892214

#### G. KINGS PU AND GUEST HOUSE

0752 - 440604 0755 - 587328

#### **MANDELA PUB**

ADAMS ROAD 0750 - 689894 0750 - 689894

#### **PARIS PUB**

ADAMS ROAD 0705 - 638351 0705 - 638351

#### VICTORIA HOME AWAY GH

BREWER RD 0789 - 364704 0789 - 364704

#### EBENEZER GUESTHOUSE

KABURISTAN 0759 - 871314 0759 - 871314

#### OKAPI GUEST HOUSE

0756 - 917790 0756 - 917790

#### TEXAS PUB

ADAMS ROAD 0758 - 400840 0772 - 400840

# NADITATA RESTAURANT AND LODGING

37 ADAMS ROAD 0702 - 438068 0753 - 522837

#### DOBEK GUEST HOUSE

OFF LUBAGA ROA 0753 - 963230 0753 - 963230

#### CENTURY HOTELS LIMITED

CROWFORD AVE BUGABULA 0434 - 353228 0703 - 174197

#### **DAWSON**

BUKUNGU RD 0772 - 481962 0772 - 481962

#### **NEWLIFE PUB**

ADAMS ROAD )752 - 483578 )752 - 483578

# KAMULI COUNTRY CLUB

ADAMS ROAD 0702 - 293080 0702 - 293080

# CRAWFORD BAR AND LODGE

CROWFORD AVE. BUGABULA 0712 - 219470 0757 - 219470

#### LINK UP BAR AND GUEST HOUSE

LUBAGA ROAD 0787 - 466052 0772 - 483494

### **GYAGENDA GUEST HOUSE**

0789 - 360061 0789 - 360061

#### CORNER VIEW PUB KAMULI

0752 - 630271 0752 - 630271

#### **GREEN VALLEY**

0704 - 077307 0704 - 077307

#### CAPITAL PUB

GABULA ROAD 0783 - 283504 0783 - 283504

#### MUBEJJA GUEST HOUSE

RUBAGA ROAD 0700 - 927707 0785 - 023017

#### **KK PRIDE**

GABULA ROAD 0754 - 026594 0704 - 271236

#### **CITY ROCK**

MUTEKANGA ROAD

#### **BIG ZONE**

#### SAFARI HOTEL

#### **NOLYEMA THE GUEST HOUSE**

EQUATOR ROAD 0705 - 111533 0705 - 111533

#### **EASTERN PRIDE** HOTEL AMISI

#### **ABC MARBES** RESTAURANT

#### LIQUID INN

#### **MWASIGA GUEST HOUSE**

#### **CANAN COMPACT** SUITES

#### **HASHTAG 040**

#### **ROYAL HOTEL**

#### **MERRYLAND INN** LTD

### BETHLEHEM

GUESTHOUSE JINJA ROAD

# **COUNTRY SIDE**

INNOVATION NETWORK LTD 0751 - 365120

#### NAMUSWA GARDENS

0773 - 004224 0709 - 444444

#### **MATEKA GUEST** HOUSE

#### KWAJJA GUEST HOUSE

#### **HOPE GUEST** HOUSE

#### **TOM GUEST** HOUSE

### **GREEN BELT** TAVERN

### HOTEL GABRIELLA

#### WAJOMBA KARIBUNI GH

0752 - 866483 0752 - 866483

## **SOHO GUEST**

**HOUSE** SEMIA BUGA RD 0776 - 931550

#### VEDIT EXECUTIVE HOTEL

#### **HOTEL MESI**

#### **LA PALM SUITES** AND SP

#### **REYO HOTEL**

#### **BUSIA RESORT GARDENS**

#### **HIGHWAY GUEST** HOUSE

#### 12 PEARLS LTD

#### **JIREH GUESTHOUSE**

0702 - 330595 0702 - 330595 jirehguesthouse@

#### **EAGLE NEST**

#### **BLUE POINT GH**

#### **COOL PALACE**

### **MANGO GUEST**

#### **SUNRISE HOTEL**

#### **RAND HOTEL**

#### **MAGUMBA LODGING** HOUSE

#### **MIGINGO LODGE**

#### **NALALA APEX BAR** & LODGE

#### LAKE GATE BAR AND LODGE

KANDEGE 0788 - 629355

#### TAABU BAR AND **LODGE LYABANA**

#### **TORORO BAR &** LODGE

#### CASABLANCA

#### **COMRADE GUEST** HOUSE

#### **NAMUYAGA BAR & LODGE**

#### FREEDOM CORNER **GUEST HOUSE**

#### **VICTORIA BAR** AND LODGE

#### **MUGENYI BAR &** LODGE

#### YAYA GUESTHOUSE

#### ONE BY ONE GUEST HOUSE

#### **HOMEL AND GUEST** HOUSE

#### **NAMAYINGO GUEST** HOUSE

0752 - 543483 0772 - 406919

#### HALF LONDON BAR **AND LODGE**

#### NAZEBA BAR AND LODGE

#### **NEWLIFE BAR AND GUEST HOUSE**

JINJA ROAD 0774 - 990675

#### LUCUGE GUEST HOUSE

#### **GREEN VALLEY**

#### **CHINA BAR** AND LODGE

#### **NEW SITE BAR AND** LODGE

#### **CLUB TRAVELLERS**

#### **WATER BUS BUSIRO BEACH**

#### **VICTORIA BAR AND** LODGE

#### **SPEKE LODGING** HOUSE

GOLOFA 0773 - 533044 0773 - 533044

#### **KAFUMO GUEST** HOUSE

#### **COMRADE GUEST** HOUSE

#### **PARADISE BAR AND** LODGE

#### **COOL HOMIES**

0788 - 051494 0788 - 051494

#### **ZUBEDA LODGING** HOUSE

#### **KAGAWA LODGING** HOUSE

#### **RUJJA LODGING**

#### **MAAMA IDA LODGE**

#### **MUVUYE BAR AND** LODGE

#### **OKELLO LODGE & REST HOUSE**

#### **MUTWALO GUEST PUB**

### **BWIRE GAS GUEST**

#### **MAWU LODGING** HOUSE

0754 - 865374 0754 - 865374

#### **GREEN SHADAL BAR AND REST** HOUSE

### **OJERI PHILIP** LODGES

#### **RELAX PUB**

#### **WALLET PUB**

#### **MAPARA BAR &** LODGE

#### **NGINIA'S LEISURE** CENTRE

#### PIEDMONT HOTEL

#### **MERITORIA HOTEL**

#### **BALOON LODGES**

0772 - 448549

#### **FLONICO HOTEL**

PLOT 29 WATER VILLA 0785 - 021210 0393 - 106619

#### LAJOLA GUEST HOUSE

COMMERCIAL STREET 0772 - 555642 0772 - 555642

#### **SOFITEL HOTEL**

MARKET STREET 0782 - 558483 0772 - 456807

#### **EASTSUN HOTEL**

0759 - 800132

#### MZURI GUESTHOUSE

0755 - 940944 0755 - 940944

#### **FLORRIES LODGE**

MARKET STREET 0772 - 632489 0772 - 632489

#### AWORI MODERN GH

COMMERCIAL ST 0756 - 497021 0787 - 718955

#### **DELUX GH**

MARKET STREET 0756 - 909328

#### GLORIA GUEST HOUSE

MBALE RD 0789 - 050435 0772 - 406474

#### MALAIKA GH

0773 - 997525 0772 - 563302

#### **SUNSET GH**

COMMERCIAL ST 0704 - 575453 0772 - 541426

#### RAMADA

0775 - 501334

#### **LINKUP LODGE**

1APA RD 0776 - 988898 0776 - 888898

#### **COOL BREEZE**

PARKLANE 0772 - 541781 0772 - 541781

#### **RENDEVOUS**

MUKUTU RD 0706 - 215603 0706 - 215603

# SMALL WORLD GUEST HOUSE

MVULE ROAD 0772 - 651746 0772 - 651748

#### LINKUP LOUNGE

MARKET STREET 0700 - 356429 0776 - 988898

#### **BLUE MOUNTAIN**

BAZAAR STREE<sup>\*</sup> 0772 - 627273 0772 - 627277

#### **CRYSTAL HOTEL**

BAZAAR STREET 0772 - 945684 0702 - 945684

#### **METRO GH**

STREET 0756 - 673270 0756 - 673270

# TLT TORORO TOWN HOTEL

BAZAAR STREET 0757 - 321355

### BRIDGE VIEW RESORT

OBORE 0772 - 314340 0772 - 314340

#### PARADISE INN GUEST HOUSE

0752 - 313885 0752 - 313885

#### HAPPY HOME GUEST HOUSE

0772 - 410240 0772 - 410240

#### **ESPANA GH**

OKAMA RD 0772 - 999197 0772 - 999197

#### **SPYKERS LOUNGE**

POLICE LANE 0774 - 270236

#### **DERIUS BAR**

ILOCHO RD 0772 - 909701 0772 - 846216

#### **BEST BAY INN**

PORTSPRING RD 0776 - 890167 0779 - 380930

#### COMRADE GUEST HOUSE

0772 - 493483 0772 - 493483

#### ROYAL GUEST HOUSE

EKIRING RD 0782 - 262493 0782 - 262493

### TRIPPLE ZERO

0784 - 676686 0784 - 676686

#### **WINKLERS**

**EXTREME MOTEL** 0781 - 644212

0781 - 644212 0781 - 644212

#### **GRACIOUS PEARL'S**

0777 - 039023 0787 - 350154

### KASTEL

**GUESTHOUSE** 

0772 - 443768

# PORT SPRING VILLAS

PORT SPRING RD 0772 - 491502 0772 - 406474

### LINDA PLACE GH

OKAMA RD

0/88 - 512126 0788 - 512126

#### **EXOTIC INN GH**

MARKET STREET

### APPLE GUEST

**HOUSE**MARKET STREET
0777 - 564787

#### **UPLAND HOTEL**

KWAMPA ROAD 0772 - 624796 0772 - 624796

#### AFRICANA GUEST HOUSE

OBORE

0789 - 292969 0789 - 292969

#### **ESMA GH**

EKIRING RD 0772 - 547707 0772 - 547707

#### **EDEN SAFARI INN**

OBORE 0701 - 129096 0701 - 129096

#### **EASTERN END GH**

TORORO RD 0789 - 180418

#### GLORIA GUEST HOUSE

TORORO RD 0772 - 421931 0772 - 421913

#### SAFARI PARK GUEST HOUSE

MARKET STREET 0776 - 527718

# AFRICAN UNITED GUEST HOUSE

)//2 - 369159 )772 - 369159

#### **HOME AGAIN 2**

)772 - 498603 )772 - 498603

#### HIGHWAY INN MAGAMAGA

MAINSTREE

0753 - 487882 0753 - 487882

#### KALUNGI GUEST HOUSE

KINYONYI 0705 - 217409 0752 - 601811

#### **JOY GUEST HOUSE**

0756 - 360307

#### BASK GUEST HOUSE

MAINSTREET 0753 - 757630 0752 - 443699

#### ABIRIA GUEST HOUSE

BYPASS 0784 - 019384 0784 - 019384

#### THE RITZ HOME

0774 - 382724 0774 - 382724

#### **MK GUEST HOUSE**

NAKIBIZI RD 0782 - 049095 0782 - 049095

#### TAXES BAR AND LODGE

BUDHEBERA RD 0752 - 562276 0752 - 562276

#### KAGOLO BAR AND LODGE

MUSITA RD 0772 - 623907 0772 - 623907

#### BETTY'S GUESTHOUSE

0772 - 867400

### JOX BAR AND

LAMEK 0757 - 242639 0782 - 442003

#### TISI BAR AND LODGE

0759 - 176458 0757 - 844927

#### **GOLDEN GARDEN**

MI ISITA PD

0772 - 635092 0772 - 635092

#### ZEU RESORT HOTEL

KAGUTA RD 0702 - 091457 0772 - 401466

# **LONDON VALLEY GH**

WAIRASA RD 0754 - 099224 0755 - 533875

#### **WINNERS BAR AND**

GUEST HOUSE NAKIBIZI RD 0750 - 266450 0782 - 961703

### **GILPIE**

0786 - 544796 0701 - 540143

#### M.D GUEST HOUSE

MAYUGE RD 0775 - 505995 0703 - 984092

#### WIN'S GUEST HOUSE

MUSITA RD 0703 - 379769 0774 - 105819

#### BITULI GUEST HOUSE

BULUBA RD 0773 - 115420 0773 - 115420

#### KIBUS

MUSITA RD 0702 - 792035

#### MBABAZI BAR & LODGE

LUGOLOLO RI 0782 - 363512 0782 - 363512

#### SURE GUEST HOUSE

TIGHAWALERA ROAD 0752 - 630783 0752 - 630783

#### SENGA GUEST HOUSE

0751 - 966577 0751 - 966577

#### SHABEENA LODGE

MAINSTREET

#### **FANANA LODGE**

0755 - 019620 0755 - 019620

#### MIREMBE GUEST HOUSE

0750 - 683534 0756 - 395650

#### NAMULONDO LODGE

MAINSTREET 0751 - 266026 0754 - 80055

### NAMBOOLE GUEST HOUSE

MALONGO 0756 - 581148 0705 - 920038

# WAID HOTEL MAYUGE

ST. MULUMBA ROA 0392 -867834 0701 - 890190

#### PALM GUEST HOUSE

KAGUTA ROAD 0782 - 457330 078*2 -* 457330

#### **CAFÉ DAVIS**

STATION RD 0775 - 688801 0770 - 812781

#### GRANITE GUEST HOUSE

MASABA RD 0773 - 654553 0757 - 612711

#### PANAROMA COTTAGES

0776 - 8333301 0704 - 808221

#### HIGHWAY BROTHERS

3USIA RD 0772 - 680157 0772 - 680157

#### CITY ROCK BEERES

BUSIA RD 0782 - 553804 0701 - 982299

#### SIMAS GUEST HOUSE

MALABA - JINJA HIGHWAY 0780 - 329990 0780 - 329990

#### **OJ GUESTHOUSE**

MAGULU RD 0775 - 688801 0775 - 688801

#### LINDA GUESTHOUSE

BUSIA RD 0772 - 467387 0772 - 467387

# CALIFORNIA BAR & GUESTHOUSE

BUSIA RD 0775 - 910008 0779 -163340

### SUB - WAY GUEST

**HOUSE** BUSIA RD 0774 - 427175 0773 - 793557

#### MUNGATI GUESTHOUSE

MBALE RD 0774 - 415421 0774 - 415421

#### COFFEE TREE GUESTHOUSE

WANYERA RE 0782 - 787430 0782 - 787430

#### MIST GARDEN GUESTHOUSE

BUBULANYUMA 0773 - 811319 0773 - 811319

#### PARLIAMENT GUESTHOUSE

WANYERA RD 0774 - 397937 0774 - 397937

#### **KANFI HOTEL**

EAST RD 0786 - 119812 0782 - 556281

#### **PRIME HOTEL**

#### LIMITED

PARK CLOSE 0755 - 191696 0700 - 598828

#### **GREEN MEADOWS**

BUWESA CLOSE 0756 - 628877 0753 - 435063

# ROCK CLASSIC HOTEL

OSUKUEU ROAD 0772 - 768535 0772 - 768535

#### **LE-ROCK ROYALE**

OSUKUEU ROAD 0778 - 906290 0778 - 906290

#### JAKARANDA RESORT

KAPENYA ROAD 0755 - 555109 0781 - 644212

#### JONES GUESTHOUSE

KENYA ROAD 0753 - 670326 0772 - 340364

#### WISPOR GUESTHOUSE

MALABA - JINJA HIGHWAY 0759 - 955366 0759 - 955366

#### **CLYDE HOTEL** 0757 - 642808

0/53 - 642808 0772 - 440929

#### HIGHWAY GUEST HOUSE

0751 - 166000 0751 - 16000

#### ARIZONA GUEST HOUSE

0772 - 588850 0772 - 588850

#### **GOOD NEWS**

0700 - 472170 0772 - 350852

#### **SMALL WORLD**

0753 - 217238 0753 - 4685511

#### BUSOLWE RESOURCE CENTER

0704 - 554194 0704 - 554194

#### PAMOJA

0752 - 300877 0772 - 414443

#### **SIDEWAY**

0788 - 053925 0772 - 864068

#### **PACIFIC COTTAGES**

0772 - 487952 0772 - 487952 pcotjinja@gmail.com

#### VICTORIA PANORAMA

KADUFU RD 0752 - 357224 0794 - 002641

# YMCA CONFERENCE & TRAINING CENTRE

NALUFENYA 0701 - 497083 0701 - 497083

# IMPALA SUITES HOTEL

NALUFENYA 0777 - 125418 0777 - 125418

#### STUDIO 62 GH

KAMPALA RD 0782 - 007472 0782 - 007472

# TOURIST BAY

KIIRA ROAD 0702 - 557889

#### **MERONA HOTEL**

KAMULI RD 0701 - 792988 0701 - 792988

#### CASAMIA BALINDHAA LTD

BRIDGE LANE 0793 - 567727 0790 - 73591

#### KABALEGA GUEST HOUSE

BRIDGE STREET

0753 - 476122 0753 - 476122

#### **MONTE CHRISTO**

0700 - 250250 0704 - 200297

#### AL - NISAA HOTEL AND SPA

IGANGA RD 0714 - 525777 0714 - 525777

#### V. 2040 GUEST HOUSE

GABULA RD 0757 - 05353

#### **BIASHARA GUEST**

0702 - 176182 0702 - 176182

#### CLASSIC GUEST HOUSE

IGANGA RD 0759 - 377002 0751 - 545337

#### KASAH ACCOMMODATION

OBOJA ROAD 0757 - 856912 0772 - 666901

#### **ROZZIZ INN**

KISINJA ROAE 0773 - 141805 0778 - 915002

#### **HIDE GUESTHOUSE**

NARAMBAI ROAD 0701 - 862358 0701 - 862358

#### **MARTHA KIMATA**

GUESTHOUSE IGANGA RD 0774 - 683171 0772 - 436129

#### EBENEZER GUESTHOUSE

NILE AVENUE 0757 - 755783 0783 - 367070

# GO BIG EMPIRE LODGES

KUTCH RD 0757 - 963624 0753 - 428747

# GOOD ROYAL GUEST HOUSE

NILE AVENUE 0701 - 492645 0774 - 701821

#### SANJU GUESTHOUSE

NIZAM 23 0772 - 666821 0772 - 666821

#### **BELLEVE HOTEL**

KUTCH RD 0712 - 889900 0772 - 889900 bellevehotel\_jinja@ yahoo.com www.bellevue.ug

#### **ROYAL PARK HOTEL**

KUTCH RD 0777 - 820442 0756 - 568810 royalparkhoteljinja@ gmail.com www. royalparkhotel.co.uc

#### **VICTORIA VIEW INN**

KUTCH RD 0704 - 130947 0704 - 130947

# ESTATE VIEW LEISURE HOUSE

NASUTI RD 0772 - 444459 0772 - 444459

#### NOBLEZ GUEST HOUSE

OLD KAKIRA RD 0773 - 117811 0756 - 117811

#### **XCELA HOTEL**

IGANGA RD 0700 - 178636

#### ARISE AFRICA CHRISTIAN

WILSON AVENUE 0782 - 364292 0782 - 852285 www.ariseafricaint.or

#### JINJA BASE CAMP

WILSON AVENUE 0781 - 887082 0772 - 707056

#### **K&KGUEST** HOUSE

0750 - 653028 0772 - 309410

#### SAFARI HOTEL

### **HOPE 2005 GH**

#### KAMIUYODISA **GUESTHOUSE**

#### **DSEMBRETTS COZY HOTEL**

#### **CORPORATE** BAR & INN

#### CONTINENTAL **GUESTHOUSE**

#### LUX GH

#### **SUPER GH**

#### SAVERS **GUESTHOUSE**

#### **PALACE VIEW GUESTHOUSE**

NABONGHO RD 0778 - 585089 0702 - 800888

#### M14 GH

OLD KAKIRA RD 0702 - 517986

#### **HADISON GH**

#### **BRISK HOTEL**

NILE CRESCENT 0772 - 501100

#### **SURJIOS GH**

### HYDEPARK HOTEL

#### JINJA **BACKPACKERS**

#### **SOURCE OF THE** NILE SUITES

#### SOURCE GARDEN HOTEL

#### **HOTEL MARIA** GRANT

#### VIP GUESTHOUSE

### SPEKE COURTS

SPEKE AVENUE

#### KATERU RD

#### **MENYA CLOSE**

### **JACKSON CRESCENT** 0434 - 121954

#### **CHEL & VADE** COTTAGES

0792 - 738548 0706 - 038548

#### FOREVER RESORT

#### NIZAM

#### **IGAR PLAZA HOTEL** MAIN

#### 2 FRIENDS **GUESTHOUSE**

### **BILKON HOTEL**

#### **COOL BREEZE** HOTEL

#### **NILE VILLAGE HOTEL & SPA**

#### **LIANA GHNILE AVENUE**

#### **EDEN GH**

#### **BRIDGEWAY GUESTHOUSE**

BRIDGE STREET 0772 - 480142

#### **NEW DANIEL HOTEL**

#### **RYDGES ACCOMMODATION**

### **ROYAL PRINCE**

GH KIIRA RD

#### **HOTEL PARADISE** ON THE NILE

#### WHITE COSY

#### **PACIFIC SUMMIT**

#### **KAPCHORWA** PARADISE HOTEL

#### SANNAA **GUESTHOUSE**

MBALE RD

#### **MASOD GH**

#### **EDEN NEST**

0752 - 505251 0752 - 505251

#### **NOAH'S ARK GH**

#### MASHA

0774 - 342105 0774 - 342105

#### **KAPCHEMWENG GUESTHOUSE**

#### CAPITAL **GUESTHOUSE**

#### KINGOO COTTAGES

#### SIPI RIVER LODGE

#### **RAFIKI LODGE**

#### **CROWS NEST**

#### **CASA SIPI FALLS** LODGE

#### **LACAM LODGE**

#### KAPCHORWA G.H

# KAPKWATA

FARMERS GUEST HOUSE 0784 - 891520

#### KONGOWO GH

#### **VEGUS PUB**

#### **JORDAN GH**

#### SANTOS GH

0782 - 396917 0782 - 396917

#### **ELGON GH**

### **TOLOSHO GH**

#### **NOWDAYS GH**

#### LABAMBA **COUNTRY RESORT**

#### SAVANNAH ANNEX

#### FRIENDS CORNER

#### **MUSIWA'S GH**

GOVERNMENT LODGE

#### **HOME AGAIN GUESTHOUSE**

NGORA RD

#### **EL - NINO GH**

0772 - 446135 0772 - 446135

#### STUDIO ONE LODGE

#### THE PEARL HOTEL

#### **MOONLIGHT BAR &** LODGE

#### **DELARU GH**

#### **NORTH EAST VILLA**

#### THE PLAIN SPRINGS HOTEL

#### **GREEN TOP HOTEL**

#### MACKAYS **GUESTHOUSE**

#### **KUMI HOTEL**

#### **RISE AND SHINE** HOTEL

IKORI ROAD

#### **TOTO ESTLITER** LODGE

0772 - 642133 0772 - 642133

#### ARNEM LODGE

OUTEKE RD 0772 - 519988 0772 - 519988

#### **STAY FREE ANNEX**

#### **BUDADIRI GH**

### **WAGAGAI HOTEL**

#### **ROYAL GUEST** HOUSE

#### **PROMISED GARDEN**

#### **LITTLE VENUS**

#### **FAM - KI HOTEL**

#### **FUPA GUEST HOUSE**

#### **LAST CHANCE**

#### **MARINA TERRACES** HOTEL

#### **JOSE MARIA**

#### DREAMLAND HOTEL

KISENYI RD 0782 - 909080 0782 - 909080

#### **FETCHER PLACE**

KISENYI RD 0782 - 608980 0782 - 608980

#### WHITE HOUSE

KIBIIRA RD 0782 - 808990 0782 - 112019

#### **BWANGANI INN**

BUDUDA RD 0785 - 583668 0772 - 570366

#### **NEW LIFE GARDEN**

BUDUDA RD 0772 - 568878 0772 - 568878

#### **WATEYA BAR & GH**

BUKIGA RD 0782 - 705316 0782 - 705316

#### **BODMAS CLUB**

BUDUDA RD 0772 - 852589 0772 - 852589

#### PASSA BEACH RESORT

BUDUDA RD 0772 - 378807 0772 - 378807

#### **REAL GUESTHOUSE**

KAUNHE WAKOOLI 0752 - 108044 0752 - 108044

#### HARMONY GUESTHOUSE

MUKAMA ROAD 0705 - 240026 0705 - 240026

# NEW SUNSHINE GUEST HOUSE

KAUNHE WAKOOLI 0701 - 524537 0701 - 524537

#### **EXECUTIVE HOTEL**

WAKOOLI0702 -

83606 )702 - 183606

#### QUEENS GUESTHOUSE

KAUNHE WAKOOLI 073 - 777612 0703 - 777612

#### **PLANET HOTEL**

GRANT STREET 0772 - 633080 0772 - 633080

#### EILGAL GUESTHOUSE

KITAKULE ROAE 0701 - 277408 0701 - 277408

#### **CHOSEN GH**

GRANT STREE 0703 - 74322 0703 - 74322

#### KIRIMANJARO GH

TRIKUNDAS STREE 0705 - 752278 0705 - 752278

# PARADISE INN LODGE

TRIKUNDAS STREET 0782 - 1720908 0782 - 1720908

#### **WIMPY HOTEL**

CUTCH AVENUE 0752 - 208818

#### **LONDON INN GH**

0782 - 613657

#### **STAND HOPE GH**

KUMI RD 0705 - 382537 0758 - 711572

#### CHYRISOLITE HOTEL

COURT RD )782 - 35646 )782 - 35646

#### CALIFORNIA

0751 - 140409 0704 - 57798

#### CASA -DEL - TURISTA

NKOKONJERU TEDDACE 0772 - 328085 0772 - 328085

#### YELLOW PUB

GAGEMU RD 0772 - 569804 0772 - 569804

#### IMPAN GUEST HOUSE

SOROTI RD 0782 - 065925 0782 - 065925

### **CALIFORNIA 2**

NKOKONJERU TERRACE 0756 - 495948 0704 - 577981

#### **REST IN GARDEN**

(IBAYA RD )750 - 146819 )750 - 146819

# RELIANCE VIEW HOTEL

0702 - 156211 0702 - 156211

### ELDIMA HOTEL

0772 - 399800 0772 - 823668

### TRIPLE J GUESTHOUSE

NKOKONJER TERRACE 0772 - 191178 0772 - 191178

#### **VISITORS INN**

NKOKONJERU TERRACE 0789 - 639624 0772 - 937667

### **ZESUI GUESTHOUSE**

0772 - 411714 0772 - 411714

# GREEN VIEW GUEST HOUSE

NKOKONJERO TERRACE 0702 - 004179 0702 - 004179

#### **DREAMLAND INN**

0782 - 614648

0701 - 206770 dreamlandinn90@ yahoo.com

#### WEBS GUEST HOUSE

NAMBOZE ROAD 0774 - 151803 0774 - 151803

#### **SUNRISE INN**

WANALE RD 0772 - 438861 0772 - 438861 snrsinn@yahoo.com

# DREAM PLACE HOTEL

0782 - 241439 0701 - 478067 dreamplacembale@gmail.com www. dreampalace.co.ug

#### **JEKEM GH** 0794 - 621496

0/94 - 621496

#### KADO GH NKOKONJERU

TERRACE 0782 - 706485 0782 - 706485

### SKY VIEW GH

MALUKU RD 0782 - 33302

#### **V.I.P BAR AND**

ACCOMMODATION 0787 - 722661 0787 - 722661

#### RESTINN GUEST HOUSE

)702 - 430270 )782 - 430720

#### **CROWN SUITES**

772 - 485605

#### **VALENTINES GH**

0787 - 458676 0782 - 385677 0702 - 366132

### MICHELLE LANE

)//2 - 591360 )772 - 591360

### **SEASONS LODGE**

ALLISA RD

#### THE PLACE GH

0772 - 470733 0772 - 470733

#### **SALEM GH**

#### **GREEN GARDENS**

#### **ELGON HEIGHTS MOTEL**

#### **COUNTRY GUEST HOUSE**

#### **DOUBLE STAR HOTEL**

MANAFWA RD 0772 - 501166 0772 - 501166

#### **LES JARDIU HOTEL**

#### STARLIGHT RESTHOUSE

#### **TRIPPLE ZERO**

#### **KAANOS HOPE GUESTHOUSE**

NABOA RD 0785 - 304786 0785 - 304786

#### **NGORATON GUESTHOUSE**

#### **MILLENIUM RESTHOUSE**

0772 - 87625 0772 - 879625

#### **VIOLA HOTEL LTD**

#### **HILL VIEW HOTEL**

#### **ARIZONA GUEST HOUSE**

#### **HOMELAND**

0772 - 648344

### **BETASA HOTEL**

#### **PARK VIEW LODGE**

MARKET STREET 0787 - 702019 0786 - 502947

#### TOWN LINK LODGE

### **LALA SALAM GH**

TORORO RD 0779 - 731767 0779 - 731767

#### **LIBERTY PUB**

#### **HOTEL LEGACY**

#### **MASABA TOP MOTEL**

#### **EASTERN ISLAND**

#### **AGABET**

BUFUMBO RD 0772 - 566075 0772 - 566075

#### **KACHAN HOLDINGS**

#### **FRIENDS INN**

0773 - 474179 0773 - 474179

#### **THUTCH GARDENS**

#### **NEW NURALIS**

#### **TWO SEASONS HOTEL**

#### **SATELITE BEACH**

0783 - 520444 0783 - 520444

**DOLPHIN INN**NDINYA ROAD
0783 - 935658

#### **NATETE GUEST HOUSE**

#### **MOUNTAIN ELGON HOTEL**

#### **MADIBO GARDENS**

0392 - 967106 0751 - 771885

#### **KAYEGI HOTEL LTD**

0772 - 440307 0772 - 442307

#### **SMARK TREKKERS**

#### **BOTANICAL GH**

#### **WESTEND INN**

KASSIM JAMAL RD 0776 - 727149 0772 - 657218

# **FOREX BUREAU OUTLETS**

#### **ACCESS**

P.O.Box 27632 Kampala, Shop No.12 Krish Mall, Old Portbell Road, Bugolobi, 0414-223508 accessforex.bugolobi@ gmail.com

#### **ACCESS**

P.O.Box 27632 Kampala, Plot No.1744 Muyenga Road Kabalagala, Kampala 0414 266377 accessforex.kabalagala@ gmail.com

#### **AMAL**

P.O.Box 10363 Kampala, Plot No.1 Central Lane, Arua 0753-819042 amalarua@gmail.com

#### ACE

P.O. Box 21921, Kampala, Entebbe International Airport - Arrival Lounge, Entebbe 0782-841378 acefxb@gmail.com

#### **ALREADY**

Plot No. 4 Rashid Khamis Road, Already Hotel Building, Kampala 0772-429001 alreadyfxb@yahoo.com

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#### B. M.

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P.O.Box 31448, Kampala , Capital Shoppers Shopping Centre, Shop 1 Ntinda Road, Kampala. 0705-734431 bestrates11@vahoo.com

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P.O. Box 22783, Kampala, Plot No.2863 Tank Hill Road, Tank Hill 0773-864045 info@biosforex.com Parade Building, Room No. 12, Kampala.

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P.O. Box 73385, Kampala., Plot No. 35 Luwum Street 0772-121961 blueprintfxb@gmail.com

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P.O. Box 36932, Kampala, Plot No. 82 Ben Kiwanuka Street 0701-754816 bonyfb2014@gmail.com

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P.O Box 70187 Kampala, Plot No. 9, Mulima Mayuni Arcade 0702-455715 cashflowforexbureau@yahoo

#### **CASH MART**

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P.O.Box 7689 Kampala, Plot No. 3 Transport Road, Arua Town 0414-340556 dahabkampala@gmail.com

#### **DAVINETTE**

P.O. Box 34918, Kampala, Plot No.6A Nile Avenue, Shop 4 Grand Imperial Hotel Shopping Mall, Kampala 0752-410290 davinnetteforexbureau@ gmail.com

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#### **DIVINE CASH**

P.O.Box 29817, Kampala, Plot No. 48 Kampala Road, Kalungi Commercial Plaza 0772-887361 cash.divine@yahoo.com

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P.O. Box 23404 Kampala , Shop No. 29, Plot No.52 Kampala Rd, King Fahd Plaza 0414-252918 dollarhouseforex@yahoo. com

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#### **DOLLAR HOUSE**

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#### **DOLLAR HOUSE**

P.O. Box 23404 Kampala , Shop No. 14, Plot 52 Kampala Road, King Fahd Plaza 0414-252918 dollarhouseforex@yahoo.

#### **DOT COM**

P.O. Box 27355, Kampala, Plot No. 52 Kampala Road, King Fahd Plaza, Ground Floor, Shop No. 13, Kampala. 0772-635637 dotcomforexbureau@gmail.

#### DUAL

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#### DUAL

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P.O. Box 3112 Kampala, Plot No. 15 Jinja Road, Mukono, Superior Shopping Centre. 0772-996161 easychangefxb@gmail.com

#### **EASY TRADE**

P.O. Box 432, Tororo, Plot No. 17 Malaba-Kwapa Road, Phoenix Investments Building, Malaba. 0772-405586 pamelaoluru@gmail.com

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P.O. Box 25934, Kampala, Plot 52 Kampala Road, King Fahd Plaza, Shop 27, Kampala 0789-068585 eldoumaforex@yahoo.com

#### **ENTEBBE FXB**

P.O.Box 239 Entebbe, Plot No.1B Kitoro Road, Entebbe. 0774-185841 entebbeforex@gmail.com

#### **ENTEBBE FXB**

P.O.Box 239 Entebbe, Plot No. 30 Airport Road, Entebbe. 0774-185841 entebbeforex@gmail.com

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FAIR PRICE P.O. Box 3011, Kampala, Plot 153 Kisenyi Road, Kampala. 0702-610288 fairpriceforexbureau@ yahoo.com

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#### **GUILD FRANK**

P.O Box 2546 Kampala, Plot 1900 Nsambya Road, Capstone Building, Kabalagala, Kampala. 0775-367651 guildfrankforex@gmail.com

#### **GUILD FRANK**

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P.O.Box 34114,Kampala, Plot 15 Nabugabo Road, Kampala. 0414-340583 harekrishnafxb@gmail.com

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#### HOTSPOT

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#### INTERLINK

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Plot 91, Manafwa Road 0703312184 info@brightsafariuganda.net www.brightsafarisuganda.net

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Plot 18, Nkokoteru Terace +256702328085 ecoshamba@gmail.com www.gotouruganda.com

#### **Great Africa Tours Ltd**

Aldina Village, Clive Road, 18 0782475363 info@greatafricatours.com

#### Rafiki Eco Safaris SMC

Plot 30, Clive Road East +256772306953 rafikisafarisug@gmail.com

#### Four Wheels Tour and Travel Limited.

Plot 80, Main Street +256702985336 4wheels@gmail.com

#### **Dove Tree Safaris Ltd**

Plot 16, Shelter Afrique Close +256759683323 info@dovetreesafaris.com

# High Flying Tours & Travel Agency (U) Limited

Plot 4/6, Main street +256434132877 info@highflyingtours.com

#### Nile River Explorers Limited

Plot 30, Wilson Avenue +256772422373 rafting@raftafrica.com

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#### **The Tourist Centre Limited**

Plot 2, Mainstreet +256434122758 safaris@touristcentresafaris. com

### **Jinja Travel Centre Limited**

Plot 48, Main street +256774129855 florence@jinjatravelcentre.com

#### **Buffalo Safari Camps**

2 Main Street +256782805639 info@buffalosafaricamps.com

#### Orogu Tours & Travel (U) Limited

lot 16, Main street +256434121228 orogutours@gmail.com

# Whistling Duck Tours and Travel Limited

Plot 16, Kisinja Road +256792767605 info@whistlingduckuganda.com

# Jomaar Explores Limited Jomaar Safaris

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Kampala. P.O.Box 28921 Kampala, Uganda +256 312 293 534 / +256 392 883 831 info@gorillas-safaris.com www.gorillas-safaris.com

#### **AAB Tours and Travel Ltd**

Zana Town: Kampala -Entebbe Airport Highway Plot 23, Suna Road/Road to Nyanama Town. P.O Box 37400 Kampala, Uganda. +256 755 700 700 / info@aabtoursandtravel.com www.aabtoursandtravel.com

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#### **Advantage Safaris**

+256 392 000 970 / +256 777 022 566 info@advantage-safaris.com www.advantage-safaris.com

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#### **Africa Tours Adventure**

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#### **African Big Five Safaris**

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#### African Jungle Adventures Ltd Uganda

+256 392 000 834 / +256 773 728 141 info@junglesafarisuganda.com www.junglesafarisuganda.com

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safari@atlassafarisuganda.com www.atlassafarisuganda.com

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#### **Bird Uganda Safaris** Limited Uganda

+256 393 289 048 / +256 777 912 938 info@birduganda.com www.birduganda.com

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+256 312 514 516 / +256 777 993 489 info@borderless-travel.com www.borderless-travel.com

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#### **Buffalo Safari Camps**

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+256 777 707 311 info@bunyonyisafaris.com www.bunyonyi.com

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+256 772 642 185 classic@classicafricasafaris.

www.classicuganda.com

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www.magic-safaris.com

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#### **Eden Adventures Uganda**

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info@gorilla-trackinguganda.com
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#### **Eniov Safaris Africa Limited**

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- **Gorilla Tours Ltd**

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E4 Topher Close, Mbuya, Kampala P.O.Box 548, Kampala, Uganda +256 393 277 128 / +256 772 200 337 ignaki@greenbreakssafaris.com www.greenbreakssafaris.com

# **Green Journeys Africa Uganda**

+256 414 665 558 / +256 757 982 448 info@geenjourneysafrica.com www.greenjourneysafrica.com

#### **Green World Safaris**

Entebbe Road- Najja Shopping Center- 2nd Floor Room 03I P.O Box Number: 72583 Kampala +256 414 696 498 / +256 772 676 558 info@greenworldsafaris.com www.greenworldsafaris.com

#### **Greenleaf Tourist Club**

Suite 5 Airways House Plot 6 Colville Street P.O.Box 27139, Kampala, +256 414 230 460/1/ +256 772 230 461 info@green.co.ug / www.green.co.ug

#### **Heritage Holiday Safaris**

Plot 6B-7B luthuli 5th close Bugolobi flats,block 30. Po Box 21387 +256 782 291 358 / +256 772 495 674 info@heritageholidaysafaris.com www.heritageholidaysafaris.com

#### **Hog Safaris**

- +256 312 514 404 +256 782 711 903, +256 752 656 142 hog@hogsafaris.co.ug www.hogsafaris.co.ug
- Home To Africa Tours and Travel Company
- +256 414 692 378 / +256 774 872 185 tour@hometoafrica.com www.hometoafrica.com

#### **House of Uganda Safaris**

2nd Fl, Rm. D5, Ntinda Shopping Centre, Kimera Road Ntinda. P.O.Box 6465, Kampala Uganda +256 777 912 940 / +256 758 567 725 info@houseofugandasafaris.com www.houseofugandasafaris.com

#### **Insight Safari Holidays**

Plot 19 Bukoto Street P.O.Box 34639, Kampala 256 392 613 687, +256 793 410 510 info@insightsafariholidays.com www.insightsafariholidays.com

#### **Journeys Uganda**

- +256 771 664 445 / +256 782 531 915 info@journeysuganda.com
- www.journeysuganda.com

#### **Kabiza Wilderness Safaris** Plot 472 Nsambya Babies

home Mil +256 772 978 292 / +256 774 785 852 kabizawildernesssafaris@ kabiza.com www.kabiza.com

#### Kagera Safaris Uganda

+256 392 176 513 / +256 782 477 992 info@kagerasafaris.com www.kagerasafaris.com

# Kampala Executive Aviation

KAFTC Kajjansi Airfield Gate1 P.O.Box 24305 , Kampala +256 772 706 107 / +256 772 712 557/ +2256 776 236 699 bookings@flykea.com www.flykea.com

#### **Kara-Tunga Arts & Tours**

Circular Road, Plot 80, Moroto, Uganda P.O. Box 127, Moroto, Uganda +256 785 071 885 / +256 755 071 885 info@kara-tunga.com www.kara-tunga.com

#### **Kazinga Tours Ltd**

Kezironi House, Nawova Close 406 Makamba Road, Lungujja Mengo P.O.Box 72370, Kampala +256 414 274 457 / +256 772 552 819 mail@kazingatours.com www.kazingatours.com

#### **Kennedy Safaris**

Najja shopping centre level 2 Room2J. PO. Box 20201 +256 772 630 330 / +256 705 972 094 info@kennedysafaris.com www.kennedysafaris.com

#### Kibo Slopes (U) Ltd Uganda

+256 414 699 072 / +256 780 177 272 kampala@kiboslopessafaris.com www.kiboslopessafaris.com

#### **Kigezi Biota Tours LTD**

Kabale town, Muhumuza Road, plot 20 Kabale district P.O.BOX 666, Kabale +256 777 408 098 +256 750 745 970 kigezibiotatours@gmail.com www.biotatours.org.ug

#### Kikooko Africa Safaris LTD

Bwebajja kitende Busiiro Wakiso District (Near J&M Hotel P.O.Box 10719, Kampala +256 777 277 136 / +256 704 446 048 info@kikooko.travel www.kikooko.travel

#### **Kisa Safaris**

Plot 923,Ham Towers, Makerere Hill Road +256 392 176 841 / +256 782 720 231 / +256 703 178 231 info@kisasafaris.com http://kisasafaris.com

#### **KJong Safaris Ltd**

Green Leaves - Luzira P.O. Box 40289 Kampala +256 312 111 304 / +256 772 370 233 / +256 751 646 578/ +256 776 660 918 info@kjongsafarisuganda.com www.kjongsafarisuganda.com

Plot No. 28 Chorley Crescent

#### **Kompass Safaris**

Plot 1069 Kamuli-Kilule Road, Kireka, Kampala P.O. Box 7735 +256 775 213 905 / +256 775 213 904 kompasssafaris@gmail.com

#### **Kori Safaris**

AK Building, off Gayaza Rd (after Kubiri roundabout) +256 701 600 600 / info@korisafaris.com www.korisafaris.com www.gorilla-safari.net

#### **Kyaninga Royal cottages**

Fort Portal, Kyaninga at royal cottages P.O. Box 37402

+256 392 962 489 / +256 755 715 069 / +256 772 171 843 / +256 704 571 790 info@kyaningaroyalcottage.com www.kyaningaroyalcottage.com

# Lake Bunyonyi Eco Resort Tours and Travel

UMA Show Grounds (Bwetajja Building) P.O. Box 3844 Kampala +256 776 280 344 / +256 772 412 855 info@lakebunyonyiecotours.com www.lakebunyonyiecotours.com

# Lake Kitandara Tours And Travel

Plot 442 Bukasa-kirinya road, +256 312 277 304 / +256 775 887 258 kitanda@infocom.co.ug www.kitandarasafariholidays.com

#### **Lets Go Travel Ltd**

Plot 2 Bandali Rise, Bugolobi. P.O.Box 22 +256 414 252 711 / +256 772 614 193 info@letsgosafari-ug.com www.ugandaletsgotravel.com

#### **Lifetime Experience Safaris**

Nsambya Rd, Plot 472 Kampala P.O.Box 22989 , Kampala +256 701 601 697 +256 777 201 697 info@lifetimesafaris.com www.lifetimesafaris.com

#### **Livingstone African Safaris**

Plot 3692, Kabanda Road, Kirinya Kampala P.O.Box 29023, Kampala, Uganda +256 312 292 947 / +256 772 459 379 info@tours-uganda.com www.tours-uganda.com

# Love Uganda Safaris & Tours Ltd

Plot 83, Semawata Road Ntinda, Kampala (U). +256 392 177 127 / +256 772 633 920 info@loveugandasafaris.com

www.loveugandasafaris.com

#### Malachite Tour And Travel Block 116, Plot 166, Nangabo

Road Zone, Masooli, Bombo P.O.Box 12312, Kampala +256 779 601 575 / +256 712 326 225 malachitetravel@gmail.com www.malachitetourandtravel.com

# **Mamaland Safaris**Gaba Road, Kansanga

Kiwafu, Kampala P.O.Box 28645, Kampala +256 703 514 218 / +256 772 482 462 info@mamalandsafaris.com www.mamalandsafaris.com

#### Mantana African Safaris Plot 39A, Berkley Road Entebbe P.O.Box 11060.

Kampala, Uganda +256 414 320152 / +256 772 401 391 mantana@africaonline.co.ug www.kimbla-

mantanauganda.com

# Maranatha Tours And Travel Ltd

Plot 194 Makindye Lukuli Kizungu Zone P.O. Box 686 Kampala

+256 414 231 454 +256 779 638 084, info@

adventureugandasafaris.com www.

adventureugandasafaris.com

#### **Matoke Tours**

Plot 8, Bukoto Street, Kamwokya-Kisementi , Kampala. P.O.Box 1881, Kampala, Uganda +256 751 057 863 /

+256 782 374 667 matoketours1@gmail.com www.travel-uganda.net

**MOGAMBO, Pasión Por** 

#### África, Ltd

Lugonjo, EntebbePO.Box 232 , Entebbe +256 414 692 789 / +256 775 491 492 mogambo.patxi@gmail.com

Plot 93, Nawiro Swamp Rd,

#### **Muafrika Expenditions Ltd**

Mukasa Kalina Road, Mawugulu Village Entebbe +256 782 714 441 / +256 757 678 324; +256 702 714 441 info@muafrika.es www.muafrika.es

# Nalubale Rafting Plot 17. Kissinia Road

JinjaP.O.Box 2155, Jinja, Uganda +256 782 638 938 / +256 782 638 938 bookings@nalubalerafting.com www.nalubalerafting.com

### **Nanjing Tour and Travel**

Uganda +256 393 202 763 / +256 393 202 763 nanjngtourandtravel@ hotmail.com www.nanjinguganda.com

# Naturetrack Expeditions Uganda

+256 392 896 754 / +256 774 132 967 \*\*safari@naturetrackexpeditions.com www.naturetrackexpeditions.com

#### **Netspan Ltd**

Equatorial Hotel Shop No 42P.O.Box 10532 Kampala, Kampala +256 414 348 766 / +256 772 704 326 netspan101@yahoo.com

# Nile Rapid Falls Tours & Travel (U) Ltd

Plot 7, Matovu Road, Kira -Namugongo P.O. Box 1579, Kampala

+256 392 001 702 +256 772 222 686; info@nilerapidtours.com www.nilerapidtours.com

#### **Nile River Explorers**

Plot 41 Wilson Avenue, Jinja P.O.Box 2155, Jinja, Uganda +256 434 120 236 / +256 772 422 373 rafting@raftafrica.com www.raftafrica.com

#### **Nkuringo Walking Safaris**

Plot 34 Kitinda, SOS Zone
- EntebbeP.O.Box 10152,
Kampala , Entebbe
+256 312 107 386
+256 774 805 580
info@nkuringowalkingsafaris.com
www.nkuringowalkingsafaris.com

# Nshongi Safari Tours & Travel Ltd

Plot 7 Market Street, Kampala, P.O. Box 23119 +256 414 237 775 +256 772 349 040, +256 701 349 040 nshongisafaris@gmail.com www.nshongitours.com

#### **Nshuti Safaris Ltd**

Plot 6 Old PortBell Road +256 755 600 222 / +256 755 600 222 info@nshutisafaris.com www.nshutisafaris.com

# PearlAfric Tours And Travel Bureau

Plot No:3 Pilkington Road, NIC Building Phase 3 Annex Kampala PO.Box 24443, Kampala, Uganda +256 414 346 168, +256 752 504 301, +256 776 504 301 info@pearlafric.com

#### **Picnic Safaris Ltd**

www.pearlafric.com

Plot 2-4, Kiwana road, Nakumatt Store Bukoto P.O.Box 40379 , Kampala

- +256 312 515 402 /
- +256 312 515 402

info@picnicsafaris.com www.picnicsafaris.com

#### **Pinnacle Africa Safaris**

Plot 475 Tal Cottage Road. Off Kabusu Road, Rubaga

- +256 414 272 711 +256783356181,

sales@pinnaclesafaris.com www.pinnaclesafaris.com

#### **Platinum Tours And Travel**

Plot 8 Colville Street next to Theatre Labonita 1st Floor, P. O Box 8102 Kampala, Uganda

- +256 392 001 357 /
- +256 712 841 143

info@platinumsafarisug.com www.platinumsafarisug.com

#### **Primate Expeditions Ltd**

Uganda

- +256 774 387 632 /
- +256 774 387 632

info@primateexpeditions.info www.primatesafaris.info

#### **Primate Watch Safaris**

Plot 4277 Namasuba-Ndejje RD,off Ebb P.O. Box 671 +256 414 226 824 / +256 772 616 107

info@primatewatchsafaris.com www.primatewatchsafaris.com

#### **Primate World Safaris** Uganda

Samuel courts, Bunyonyi driver rd.Ground floor near kamwesi P.O.Box 70537 Kampala, Uganda +256 414 660 278 / +256 703 904 099 info@primateworldsafaris.com primateworldsafaris.com

Nakawa, Kampala\_Uganda.

#### **Prime Safaris & Tours Ltd**

A.K. Building, Gavaza Road off Kubili Round AboutP.O.Box 16373. Wandegeya, Kampala

+256 414 532 162 /

+256 773 912 891

info@primeugandasafaris.com www.primeugandasafaris.com www.rwandagorillatracking. safaris

#### **Raft Uganda Adventures**

Plot 15/17 First Street: Industrial Area +256 772 237 438 +256 750 237 438 info@raftuganda.com www.raftuganda.com

#### **Range Land Safaris**

+256 775 418 434 +256 775 418 434 rangelandsafaris@gmail.com www.rangelandsafaris.com

#### **Realm Africa Safaris**

- +256 414 320 756 /
- +256 704 669 088 info@realmafricasafaris.com www.realmafricasafaris.com

#### **Red Chilli Hide Away**

Plot 17 Gangaram Rd Mbuya P.O.Box 40288, Kampala +256 312 202 903 +256 772 509 150 reservations@ redchillihideaway.com www.redchillihideawav.com

#### **Reed Buck Uganda Tours** and Travel

+256 782 177 658 / +256 782 177 658 reedbuckuganda@gmail.com www.naturesafariuganda.com

#### **Renewills Tours and Travel**

Entebbe Bugonga, Queen's Road, Nakasamba Road Plot 7 P.O.Box 27332, Kampala +256 312 111 637 / +256 758 920 250 info@womentouruganda.com www.womentouruganda.com

### **Riessnance Tour and Travel Company Ltd**

Rumee Buiding, Plot 19 Lumumba Avenue P.O. Box 3008

- +256 776 161 935;
- +256 757 701 423

info@riessnancetours.co.ug www.riessnancetours.co.ug

#### **Roadtrip Uganda**

Grace Musoke Rd. Bukoto Kampala P.O.Box 1881 . Kampala +256 773 363 012 / +256 773 363 012 info@roadtripuganda.com www.roadtripuganda.com

#### Safari 2 Gorilla Tours

Plot 2.Cohen A Rd. Tumushabe Amos House, BTN Jopfam Hotel and Kabale Golf Course P.O.Box 568, Kabale +256 774 608 916 / +256 774 608 916 info@safari2gorilla.com www.safari2gorilla.com

#### Safari Skies LTD

Radio Station road, Upper Konge Hill, Plot 4 Kampala Uganda P.O.Box 23132. Kampala +256 782 256 699 /

- +256 782 209 186
- info@safariskies.com www.safariskies.com

#### Sense Of Africa-Uganda

Plot 1 Kimera Road, Ntinda Shopping Centre, Kampala Office#E03 PO Box 7681. Uganda

- +256 779 597 924 /
- +256 772 553 238
- steven@senseofafrica.co.ug www.senseofafrica.com

#### Shiyaya Tours & Travel

Plot 45 Bukoto street +256 200 922 210 / +256 700 222 101

shiyaya@shiyaya.travel

#### **Shoebill Safaris**

Najjanankumbi, Ebb Rd +256 757 642 401 / +256 757 642 401 tours@shoebillsafaris.com www.shoebillsafaris.com

#### Simba Africa Expeditions

Lubowa, off Twins Motel off Entebbe Road

- +256 414 581 109 /
- +256 772 354 691 info@africa-expeditions.com www.africa-expeditions.com

#### Sites Travel Limited

Kampala Serena Confrence Centre. 2nd Floor suite 33 +256 414 347 443 /

- +256 772 417 481 info@sitestravel-ug.com www.sitestravel-ug.com

#### **Skymate Tours & Travel** Equatorial Shopping Mall

level 1 Rm 640- William street Kampala +256 414 697 188 / +256 782 915 447 info@skymatetoursandtravel.com www.skymatetoursandtravel.com

#### **Speedway Safaris Ltd** Plot 24 Suna/Nyanama

Road, off Kampala - Entebbe Airport Highway P.O. Box 37400, Kampala Uganda +256 772 381 544 / +256 715 700 700 info@speedwaysafaris.com www.speedwaysafaris.com

#### Speke Uganda Holidays

Plot 47 Ntinda Road, Kampala, Uganda. P.O. Box 23532 +256 393 294 531 +256 701 207 009 info@spekeugandaholidavs.com www.spekeugandaholidays.com

#### Sun Africa Expeditions

Plot 42.I umumba Avenue,Buganda Rd. Kampala P.o Box 12303,Kampala,Uganda +256 485 661 094 +256 782 536 992 info@sunafricaexpeditions.com www.sunafricaexpeditions.com SwanAir Travel & Safaris

Plot 4 Kimathi Avenue +256 414 235 608 +256 772 750 965 swanair@swanairtra<u>vel.biz</u> www.swanairtravel.biz

#### **Tailor Tours and** Safaris Ltd

Bweyogerere-kirinya, Kampala +256 414 580 820 +256 781 243 646 info@tailorsafaris.com www.tailorsafaris.com

#### **Tales of Africa** Safaris Ltd

Plot 34,Kansaga Rd,Kampala +256 704 106 042 / safaris@talesofafricasafaris.com www.talesofafricasafaris.com

#### Terp Travel Ltd

Plot 37/41 Portbell P.O.Box 12339, Kampala +256 702 475 426 namubiru.prossie@yahoo.com

#### **The Crested Crane Bwindi Tours**

+256 414 233 999 +256 752 200 380 reservations@ thecrestedcranebwindi.com www.thecrestedcranebwindi.com

#### The Far Horizons U Ltd

Plot 5101/2. Upper Konge. Makindye. P.O. Box 37789 Kampala +256 772 786 999 +256 783 583 923 info@thefarhorizons.com www.thefarhorizons.com

#### **The Tourist Centre**

Plot 2 Main Street - Post Office Building Jinja P.O.Box +256 434 122 758 +256 706 600 001 safaris@touristcentresafaris.com www.jinjatouristcentre.co.ug

**The Uganda Safari** Plot 5

Binayomba Road, Bugolobi, Kampala, P.O.Box 23825. Kampala, Uganda +256 414 251 182 +256 772 489 497 info@safariuganda.com www.safariuganda.com

#### **Thousand Hills Expenditions**

+256 777 284 831

+256 782 121 769

uganda@

thousandhillsexpeditions.com thousandhillsexpeditions.com

#### **Tourland Uganda**

Equatorial Mall Suit 504 P.O. Box 24611 Kampala, Uganda +256 772 990 886 / info@tourlanduganda.com www.tourlanduganda.com

#### Travel 256 Ltd

3rd Floor, Naiia Shopping Centre, Ebb Rd, Kampala P.O.Box 33137, Kampala +256 772 367 972/ +256 772 367 972 info@travel256.com www.travel256.com

#### Travel2Uganda

Kansanga,Gaba Road P.O.Box 72702, Kampala +256 786 292 880 / gabriella@travel2uganda.com www.travel2uganda.com

#### **Travelers Link Africa**

Park Royal -Room 209 starting June 2016 OPP. Watoto Church Central +256 414 699 658 / +256 754 062 366 info@travelerslinkafrica.com www.travelerslinkafrica.com

#### **Triple Tee Adventures** Limited Uganda

+256 393 612 865 / +256 772 212 865 info@tripleteeua.com www.tripleteeug.com

**Twende Expeditions Ltd** 

Craft Africa opposite hotel Triangle, Buganda Road P.O.Box 694. Kampala +256 772 404 621 info@twendeexpeditions.com www.twendeexpeditions.com

#### **Uganda - Trails Ltd**

Entebbe, 5A Nakiwogo Rd +256 793 382 481/ +256 780 292 327 info@uganda-trails.com www.uganda-trails.com

#### **Uganda Experience Safaris**

Unit 5, Trust House 20 Airport Road Entebbe P.O.Box 534. Entebbe. +256 414 320 569 / +256 774 040 170 uganda.experience@yahoo.com ugexp@aol.com

#### **Uganda Travel Bureau** 2004 Ltd

Pan Africa House, Kimathi Avenue Kampala P.O.Box 5619. Kampala, Uganda +256 312 232 555 / +256 772 232 555 info@utb.co.ua www.travelUTB.com

#### Uganda Wildlife Scene **Safaris**

Plot 643 Semwogerere Close, Bukoto Kampala P.O.Box 21797, Kampala, Uganda +256 414 237 506 / +256 772 434 386 info@ugandawildlifescene.com www.ugandawildlifescene.com

#### **Venture Uganda Ltd** Uganda

+256 393 202 033 +256 772 440 899. info@ventureuganda.org www.ventureuganda.org

#### Victoria View Hotels and **Tours Ltd**

Plot no. 1423 Lubowa Estate near Serena Kigo P.O. Box 1508, Kampala

+256 392 178 088 / +256 773 474 562 charitykukundakwe@yahoo.com www.victoriaviewhotel.com

### **Visit Uganda Tours and Travel Uganda**

+256 700 137 176 / +256 700 137 176 visitugandatours.travel@ hotmail.com www.visitugandatours.com

#### **Volcanoes Safaris**

13 Cooper Road Kisementi P.O.Box 22818, Kampala, Uganda

+256 414 346 464 / +256 772 741 720 salesua@volcanoessafaris.com www.volcanoessafaris.com

#### **Voyager African Safaris** Limited

Hotel Africana, Plot 2 - 4 Wampewo Avenue Kololo P.O.Box 36453, Kampala (U) +256 414 268 675 / +256 712 441 832 voyager@discoverafrica.co.ug www.discoverafrica.co.ug

#### **Wave Expeditions Limited**

Capital shoppers Complex 2nd floor Level 212A.New Portbell Rd.Nakawa. P.O. Box 24389 Kampala, Uganda +256 414 661 541 / +256 772 653 193 info@waveexpeditions.ug www.waveexpeditions.ug **Whistling Duck Tours And** 

#### **Travel Ltd**

Plot 16 Kisinja Road,

JinjaP.O.Box 53, Jinja, Uganda +256 434 122 168 / +256 792 767 605 helmut@ whistlingduckuganda.com

www.whistlingduckuganda.com

#### Wild Frontiers Uganda

Plot 3 Nsamizi Close, Off P.O.Box 619, Entebbe, +256 414 321 479 / +256 772 502 155 info@wildfrontiers.co.ug www.wildfrontiers.co.ug

#### **Wild Jungle Trails Limited**

Lubowa Plot 23 Nejje Road +256 414 663 115 / +256 777 690 798 info@gorillatrailsafaris.com www.gorillaugandasafaris.com

#### **Wild Whispers Africa**

Plot 19 Bukoto Street. Kampala UgandaP.O.Box 36566, Kampala +256 312 107 945 / +256 793 503 426 info@wildwhispersafrica.com www.wildwhispersafrica.com

#### **World Venture Ltd**

National Mosque Headquarters.old kampala Hill plot 23/25 +256 772 502 037 / +256 772 502 037 info@worldventuresltd.com www.worldventuresltd.com

#### Y- Save Safaris Limited

Block 668 2nd Floor Unit 3. Buganda Road Flats +256 414 699 471 / +256 792 657 327 basaba@y-save.org www.ysavesafaris.com

# PRACTICAL INFORMATION

Eastern Uganda is best visited during the drier months of June to August and December to February, when it is easiest to go mountain climbing and the wildlife viewing in the reserves. You do not need to book in advance to access most attractions. Market share of petroleum products marketing companies in Uganda, these are some of the companies you will get to fuel your transport means while touring the South western Part of Uganda. **RANK OIL COMPANY PERCENTAGE 1** Vivo Energy 22.7 2 Total M&S Uganda 19.6 3 Oryx, Kobil and Mogas 9.0 4 Independent oil marketers 49.0 Uganda Tourism Police Force Unit; This has well over 1000 fully trained personnel aiding in protecting of tourists and visitors to Uganda. Thus, both local and international Tourists. They are found at most Tourist sites including hotels and lodges.

# Using public transportation

There are taxis, buses like YY Coaches, Teso Coach, Kakise Coach, Gateway Buses, Hopper Coaches to mention but a few and boda bodas driving on fixed routes, mainly through the cities and from their centers to the suburbs. Nationwide they are distinguished by their blue chequered markings. It is not that easy to tell which taxi goes where, so it is best always to ask. All Ugandans are really friendly and they will help you. You can flag them down everywhere and you can get off everywhere. The payment is done after the ride and the amount depends on the distance. Always carry enough small change with you. Advice: When vou first use a taxi, take somebody with you who knows how it works. After this test you will see how easy it is. If you do not want to share your ride with other passengers, you can get a special hire or get a boda boda. Boda bodas are either as motorbikes or bicycles. That means that you are the pillion rider. The boda bodas are used for the destinations off the main roads, instead of walking home some kilometers from where the taxi stops. You reach your target by boda boda guickly, while all others have to wait in the traffic jam. Boda bodas





are very cheap. For a distance of some few kilometers you pay only 50 cent. However, their use is not without hazard in the bustle of the streets. Because there is no helmet you could use, and you cannot be sure if the driver knows anything about "safe driving". A "special hire" in Uganda is what is called a taxi in Europe: A standard vehicle for 4 persons + driver, who drives you wherever you want. This works very well, and the drivers are friendly, helpful and they know their way around. The fee does not depend on the distance or the duration, but it's negotiated before you start. Of course, as a tourist you always pay a little bit more than a Ugandan. But nevertheless, you can drive through whole Kampala for not more than 5 Euro - some insider tips from the driver inclusive, and sometimes air conditioned!

# Travelling by bus in Uganda

All cities in Uganda are linked by bus. The bigger coaches are preferable compared to the smaller shared taxies regarding security and comfort. Especially recommended are the post coaches, for which you can obtain tickets at every post office. Departure is normally at the post office as well. To travel by bus is in general cheap. On average you pay 1-2 Euros per 100 km. It is best to by your ticket the day before departure. There are also international connections, for example to Nairobi (Kenia) or Kigali (Ruanda). Details, addresses and fares you can establish through known travel guides for Uganda or locally.



### Shopping in eastern Uganda

In the capital Kampala you actually can get everything what you are used to at home. There are a few western style shopping centers (e.g. Garden City Shopping Mall, Quality Hill Shopping Mall, Shoprite Checkers). There are big shopping malls in other cities as well. Recommended are the countless small local supermarkets, where you can purchase regional products at cheaper prices. You will find these shops in a lot of towns. Tempting is also the numerous streets stands of local people offering fruits, herbs, nuts and the huge choice and freshness especially of the tropical fruits beats every supermarket at home! Pineapples, bananas, mangos, papayas, oranges and a lot more you can get here in excellent quality for a few cents. Be careful with meat and fish, because the hygienic standards often leave a lot to be desired.

### **HEALTH SERVICES**

- 1. Masaba Wing Hospital is located in Mbale City.
- 2. Jinja Regional Referral Hospital, commonly known as Jinja Hospital, is a hospital in the city of Jinja, in the Eastern Region of Uganda. It is the largest hospital in eastern Uganda, with a bed capacity of 600, although many more patients are admitted.

### **Emergency 24 Hours**

+256701995356

#### **Ambulance Number:**

+25677000000

# TOURISM POLICE YOU CAN REACH THEM ON:

DUCOCA FACT	742040000
BUSOGA EAST	713940908
IGANGA	714668009
NAMAYINGO	718642492
MAYUGE	714668006
BUGIRI	714668003
NAMUTUMBA	714668052
BUSOGA NORTH	711042003
BUYENDE	718452643
KAMULI	714668012
KALIRO	714668015
LUUKA	718731794
ELGON	714667956
MBALE	714667960
SIRONKO	714668032
MANAFWA	714667964
BULAMBULI	718790612
BUDUDA	715411679
BUKEDI	718357491
TORORO	714667966
BUTALEJA	714668067
KIBUKU	718790608
BUSIA	714667973
BUDAKA	714668036
PALLISA	714667970
EAST KYOGA	714667979
SOROTI	714667982
BUKEDEA	715490357
KATAKWI	714667988
SIPI	713940927/ 700519274
KAPCHORWA	714668064
KWEEN	718731747/ 706640177
BUKWO	718946095

# MINISTRY OF TOURISM, WILDLIFE AND ANTIQUITIES.

2nd FLOOR RWENZORI TOWERS, PLOT 6 NAKASERO ROAD P.O. BOX 4241, KAMPALA,UGANDA.

**Phone:** 0200780400

**Email:** info@tourism.go.ug **Website:** tourism.go.ug



### **Collaborating Partners:**







