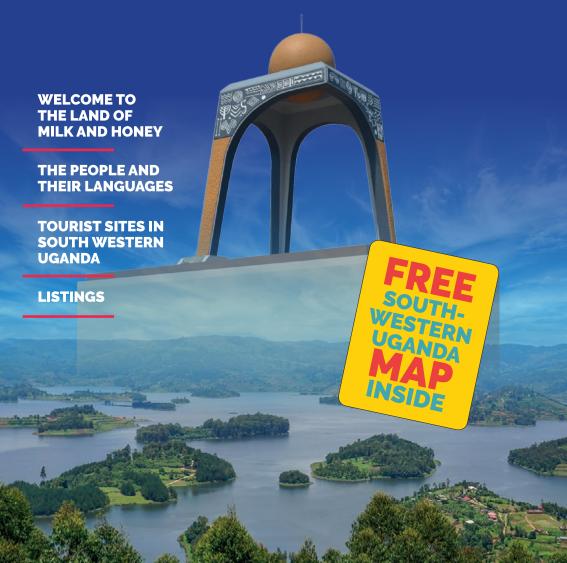
# Tourism Services DIFECTOFY FOR SOUTH WESTERN UGANDA

















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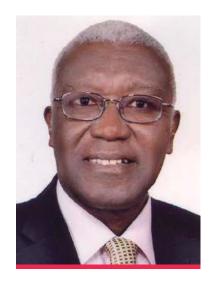
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Tourist Information Centres

# **FOWARD**

Southwest Uganda where the ancient and modern meet



Every time I get an opportunity to take an intentional tour in this country, I am overwhelmed by its beauty. It is no mistake that Uganda is known as the Pearl of Africa because indeed we are unbelievably gifted by nature. These tours also leave me saddened that many Ugandans have such a beautiful country but never get to see or appreciate it.

his is why this ministry is trying all means to promote Uganda's beauty to not just Ugandans but to the world at large. On my journey through the southwest, I discovered incredible history, legends, myths and cultures that are worth preserving for posterity and sharing with the world.

In this region, you will get to tread where the Bacwezi walked, revisit battle grounds that shaped our nations, hear tales of mighty warriors from their descendants, and see breathtaking landscapes that defy nature. There is so much richness in this land, from its uneven, hilly landscape with alternate elevations and depressions which the clever hand of creation has taken advantage of to give variety to groves, rivers and streams that aid and multiply the work of a genius creator. Surrounded by mountains, one travels on different elevations that keep widening to facilitate the union between the traveller and the road. Between vast expanses of greenery, are water bodies varying in size and shape that remind one of the existence of a higher power. This is a land straddling both tradition and modernity and it is proof that both can coexist beautifully and actually benefit from each other.

This tableau of traditional perfection is made more enchanting by the contemporary touches surrounding it; modern roads and a hub of modern commerce. These are views I wish every person could get excited about and find a way of benefiting from. There is so much to see and so much to learn here for any curious and inquisitive mind.

While there is always fear that urbanisation and modernisation would mar nature, a number of people have

"

The Tourism Service
Directory provides
information to tourists
about places to stay,
eat, hangout, shop
and also information
on key services like
tourism information
centers, banks, forex
exchange, transport,
medical centers, tour
operators, fuel stations
among others.

found innovative ways of preserving the integrity of these ancient treasures while still adapting them for the modern tourist. The ministry is committed to working with them to bolster their initiatives as long as they adhere to high standards of service delivery.

We look forward to collaborating with all stakeholders to ensure the world gets to see and enjoy the beauty that Uganda is.

Pick your travel map and services directory and plan your once in a life time adventure!

Tom R. Butime MP

MINISTER OF TOURISM WILDLIFF AND ANTIQUITIES

# COVID 19 SOPS HOW WE ARE EMBRACING THE NEW NORMAL AS A COUNTRY

#### GENERAL HEALTH AND SAFETY PROTOCOLS

The following measures that have been communicated by the Ministry of Health, Local Health Authorities and World Health Organization should be strictly adhered to all times:



ocial distancing measures together with frequent hand hygiene and respiratory etiquette are the main measures to prevent transmission of COVID-19. Although it is probable that guests are already familiar with these measures, they should be reminded as a form of hospitality.

#### **Social Distancing**

Social distancing includes refraining from hugging & shaking hands with guests as well as among fellow staff. It involves maintaining a distance of at least 2m (6 ft) and avoiding anyone who is coughing, sneezing or talking without a mask.

#### **Hand Washing**

Hand hygiene means regularly and

thoroughly cleaning hands with an alcohol-based hand rub or washing them with soap and water. Also avoid touching eyes, nose, and mouth. Hand disinfection is indicated after exchanging objects (money, credit cards) with guests.

#### **Respiratory Hygiene**

Respiratory etiquette means covering mouth and nose with bent elbow or tissue when coughing or sneezing. The used tissue should be disposed of immediately in a bin with a lid. Ensure that face masks are worn at all times while with guests.

#### **Disinfection**

All indoor areas such as entrance lobbies, corridors and staircases, escalators, elevators, security guard booths, office rooms, meeting rooms,

cafeteria should be mopped with a disinfectant (1% sodium hypochlorite or phenolic disinfectants).

For metallic surfaces like door handles, security locks, keys etc. 70% alcohol based sanitizer can be used to wipe down surfaces where the use of bleach is not suitable.

### Health and Safety Communication

Communication should be maintained between Management and staff in charge of the different departments in order to pre-define an information policy for guests as well as to rapidly provide and obtain information on incidents that may arise in the establishment and to know the status of the situation at all times. Providing guidelines to the staff on how they should communicate the action plan to guests and other

stakeholders can ensure alignment consistency.

Short documents or informative posters can amplify the key messages among guests and staff, including:

- a) Promoting of hand washing
- b) Respiratory hygiene
- c) Basic hygiene practices
- d) Coughing etiquette
- e) Contact information of key staff personnel
- f) Emergency Telephone number Official leaflets on basic hygiene practice and COVID-19, in different languages, could be useful information tools.

It is useful to have an up-to-date list of the contact information of the staff, including emergency telephone numbers

For more information visit www.tourism.go.ug



### **INTRODUCTION**

# **WELCOME TO THE LAND OF MILK AND** HONEY

he south western part of Uganda is one of the most scenic regions in this immensely gifted country. The region is home to numerous clear lakes, thickly forested islands and misted mountains. From the picturesque cattle dotted green fields of Mbarara to the imposing mountains of Kabale this incredible area has something to satiate every curious traveller's appetites. The people are as diverse as their cultures but they are warm and hospitable. Although it looks like farmland covers much of the region, the south west is Uganda's top wildlifewatching destination and one of the best places in the world to spot primates. You can visit with the mountain gorillas on the steep slopes of Bwindi Impenetrable National Park ranges or go chimp trekking in Kibale Forest National Park, home to the greatest variety of primates on the planet. There are safari opportunities too, from famous tree-climbing lions that steal the show at Queen Elizabeth National Park, to its herds of giraffes, hippos and buffaloes. The land is also steeped in culture and the locals are only too glad to share with you their rich history and show you the sites where these legends come alive. The region is made up of many districts such as Bushenyi, Buwheju, Ibanda, Isingiro, Kabale, Kanungu, Kasese, Kazo, Kiruhura, Kisoro, Kitagwenda, Mbarara, Mitooma, Ntungamo, Rubanda, Rubirizi, Rukiga, Rukungiri, Rwampara and Sheema.









# THE PEOPLE AND THEIR LANGUAGES



The people of southwest are warm and hospitable. They are generous with their time and are quick to share information. They are also less effusive than other tribes in Uganda but their behaviour is not an expression of impoliteness but it is because they place very little importance on titles, courtesy phrases, and appearance. They can be very assertive and brutally honest.

he westerners are among the most trusting and honest people in the world. Although you will experience their immediate confidence in you, this should not be confused with naivety. They are quick to detect dishonesty which changes their dealings with you. Here, honouring your word inspires respect. They have a deep pride in who

they are as a people; they place a lot of importance on their traditions, beliefs and culture and are very rigid about any modifications. The region is largely Christian with a few pockets of Muslim settlements. They are however, a progressive people, open to new things and curious about other cultures. They are industrious, love engaging in commerce at varying levels and take pride in their hard-earned achievements.

This region is home to Bantu speakers and the language spoken is officially known as Runyakitara. This includes Runyankore, Rukiga, Rutooro and Runyoro but also bear in mind that it is rich in minority languages and dialects as well. For instance you will find Rukhonzo and Rufumbira and in Ibanda Rutagwenda spoken in some parts of the region. English, Luganda and Swahili are also spoken especially in urban centres.



**12** April 2021 April 2021 April 2021

# **LAKE BUNYONYI**



# PHYSICAL FEATURES

Lake Bunyonyi loosely translated as 'Lake of many little birds' is located in south-western and is among Uganda's top 10 treasured tourist sites. At 44-900m, the lake is one of the deepest and most beautiful lake in Africa. It is dotted with numerous islands surrounded by terraced landscapes. It supports a rich typical lake culture of fishing, sports including swimming, diving and canoeing.

Lake Bunyonyi lies at an altitude of 1840m with surrounding hills up to 2,500 m. Essentially, a flooded valley system, extending northwards from Rwanda border over a distance of 25 kms through the contours of the steep hills that separate Kabale from Kisoro.

The lake's formation dates to 8000 million years ago, as a result of lava flow from one of the Virunga mountains which blocked off the Ndego river at present day Muko overflow 'Heisesero' to create a dam. The lake papyrus and reeds (180km2) forms unique wet land ecosystem, along incorporating the Ruvuma swamp and several other permanent marshes.

#### **ISLANDS**

Lake Bunyonyi boasts of 29 islands including;

• **Punishment Island (Akampene)**Girls who became pregnant before marriage would be canoed to Akampene island where they would either starve to death or die while trying to swim ashore.



#### Sharp's Island I (Njuyeera) now Bwama

In the 1920s a missionary named Dr. Leonard Sharp set up a leprosy hospital along with an Anglican Church. It was a place where people with leprosy were isolated from their local communities. Today, it is a school that serves children in the surrounding communities.

#### Njuyeera

A small island where Dr. Sharp built a white cottage (Njuyeera) that had a tennis court, boat house, guest cottage, windmill and gardens with lemon and guava trees, canna and flame lilies.

#### HAMUGANDA BLACK SMITHS IRON SMELTING

Large deposits of iron ore exist in south-western (Kisoro-Kabale) consisting of an iron-rich hematite high grade with few deleterious impurities. Although todate the deposits lay unexploited at large scale there are small holder black smith activities evident in surrounding villages specifically Bukora home of Bahesi clan-Iron smelters specializing in making knives, spears, pangas sickles and hoes.

#### **FISH CRABS**

Lake Bunyonyi's depth and stratification makes it difficult for the breeding of the common fish species in Uganda such as Nile Perch and Tilapia. Instead it has mud fish, and crab fish a delicacy for tourists.

#### **BIRDS**

There are over 200 bird species around Lake Bunyony and these include;- White tailed Blue Monard, African Harrier Hawk, Grey crowned cranes, Herons, Egrets, the Cardinal woodpecker, the Levillant cuckoo, Sender-billed baglafetch, Weavers and many more.

# DUGOUT CANOE SAFARI

While paddling or being paddled on Lake Bunyonyi you do not have to worry about hippos and crocodiles as they do not exist on this pristine and scenic lake. Everything travels by dugout canoes to the islands, including people and produce.



#### **CAVES**

Take nature walks both on the Islands and around the lake to view scenic sites including caves. Walking to the caves is not strenuous and can be taken at slow pace.



#### **CHURCHES**

centres including many Anglican Church of Uganda churches, Roman Catholic, Pentecostal and few mosques.

9. Schools and Health centers Alongside places of worships, there focusing on research and development are several primary schools, very few secondary schools and a handful of technical institutes as well as few health centres

#### **MARKET DAY**

A local market takes place every Friday and Monday at Harutindo landing site offering great opportunities for purchasing fresh foods, handmade goods and other merchandise popular in the area.

#### **FOG**

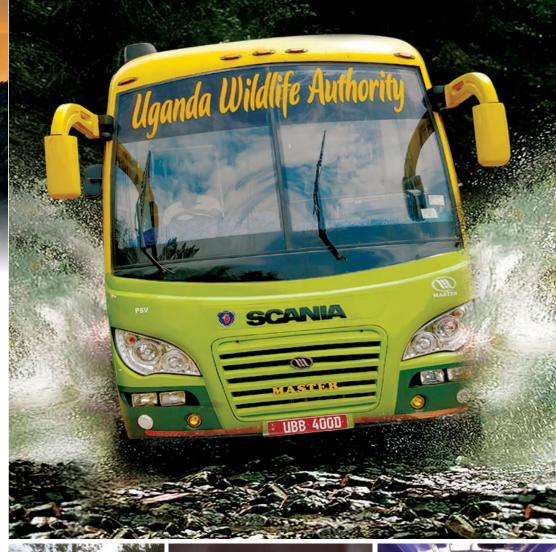
The lake Bunyonyi fog is a beautiful feature made up from condensed water drops which are the result of the air being cooled to the point where ere it can no longer hold all of the water vapor.

#### **RESEARCH**

The lake is surrounded by many worship Adjacent to the late is the Kachwekano Zonal Agricultural Research and Development Institute one of the 14 institutes of the National Agricultural Research and Organisation (NARO) programmes aimed at increasing agricultural production in the southwestern highland agro-ecological zone specifically irish potatoes, wheat and temperate fruits such as apples and pears.

#### **ROUTES**

The shortest distance to the lake is through Kabale Town which is seven kilometres along a graded murram road through Kiyoora past Kacwekano. Two other routes include using the tarmac road to Kisoro hitting the lake at Heisesero or using the tarmac road to Katuna Border town turning south on the murram road though Rubaya/ Rukole then Kitoma. The lake is surrounded by a net work of paths and motorable road all round either on the top of ridges or along the shores.









# THE FOOD MARKET

You will find these on the way to buy food while returning from your trip.



# **SHORT FEATURES**

# **CULTURE HERITAGE OF THIS AREA**



### **LAKE NYABIHOKO**

ajara is one of those regions that seem to embrace both the traditional and modern life effortlessly. The district's towns teeming with people occupied by modern life activities give way to the perfectly preserved nature of vast green hills and valleys where

springs and brooks run. But the most popular of these attractions is Lake Nyabihoko whose formation is linked to an ancient legend. Apparently, the lake now exists on what used to be a homestead belonging to a man known as Mutuumo. Legend has it that Mutuumo had lost almost all

his cattle in the floods but one of the few remaining ones named Kajeru, produced and its off springs produced more and Mutuumo's herd increased again. One time, the cow made Mutuumo promise to never eat it in the event of its death. Unfortunatley the cow died while Muutomo had gone on trade errands. Although he had told his wife about this pact, she did not take it seriously so she ordered her servants to slaughter the cow and the family ate it. Shortly after the incident, as the family slept it was swallowed by water and the homestead became a lake. On his return, when Mutuumo saw the lake, he knew that all his cattle, his wife, children and servants had perished. Out of sorrow, he drowned himself in the water. To get to this serene and clear lake, one branches off at Katinda town on Ntungamo-Kabale road and travels 15 kilometres further. The alternative route is Ntungamo-Rukungiri road, branching off at Rwashamaire trading centre and travel 26 kilometres ahead. The lake is surrounded by gentle slopping hills and is a tourism destination for local and foreign tourists, as well as holiday makers. There are services and activities such as birds watching, camping, bars and restaurants, lodging, and games like pool and Volley ball. There is a lot of fishing, with over 40 fishing boats moving on the lake. Mutuumo Island Resort can be reached by boat from the bay. On the eastern side of the lake, is Pelican Resort Beach which offers bar and restaurant services, lodging, and other facilities such as sauna and steam bath.

The local population is mainly made up of the gentle Bahima who only use the lake for drawing water used for household chores and for feeding livestock. The majority of Bahima do not eat fish because of the myth that a lake swallowed one of their own and they cannot marry Bairu because a Mwiru woman led to the death of their own. No matter how it came to be, Lake Nyabihoko is a sight for nature lovers and anyone interested in a little bit of Uganda's rich culture.

# THE LONGHORNED ANKOLE CATTLE

n the southwest, cattle have always been considered a symbol of wealth. Nowhere else in this part of the country is the love and pride for cattle more exhibited than in Kiruhura District. Blessed with a temperate climate with plenty of rain, a flat landscape and fertile soils, Kiruhura has ideal conditions for pastoral farming. Here, small farms coexist with big time ranchers. Relying on both traditional

and modern methods of farming these farms and ranches produce cattle for meat and dairy products. Vast expanses of land as far as the eye can see are dotted with various breeds of cattle serenely grazing watched over by herdsmen who divide their attention between the radio playing on their mobile phones and their animals. It is a calming and impressive sight to behold.





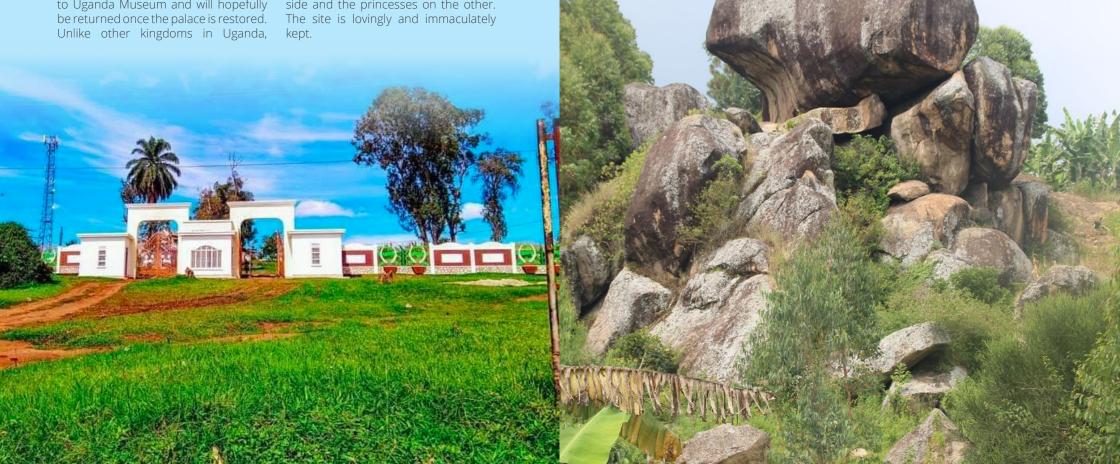
### **ROYALS AND ROYALTY**

barara is the traditional administration seat of the Ankole kingdom. A few minutes' drive from the city centre will take you to the Mugaba Palace in Kamukuzi currently under renovation. When the kingdoms fell back in 1967, the palace was taken over by the government forces who looted and plundered it. Most of the royal possessions fell into the hands of looters that had no reverence for them since they lacked sentimental attachment to the kingdom. The few things which were rescued were taken to Uganda Museum and will hopefully Ankole's cultural leadership was never restored and without the funds to maintain the palace, it fell into disrepair. Currently the Government of Uganda under the Ministry of Tourism Wildlife and Antiquities is renovating the Magaba palace and turning it into a center of heritage. The magnificent double storeyed palace offers views of most of Mbarara City. In Nkokonjeru which is a few kilometres from the palace is the burial site of the kings and the royal family known as Egashani. Inside the royal mausoleum, lie the kings while outside are princes on one side and the princesses on the other. kept.

#### **KAREGYEYA ROCKS**

tungamo, is a scenic land of terraced lush green hills, valleys and one of a kind rock formations. One of the more popular ones is known as Karegyeya rock. Found just three kilometers outside Ntungamo Town within Karegyeya Village, Kinoni Parish

and Ntungamo sub-county on the road leading Rukungiri, this rock has baffled and amused onlookers for centuries. The rock gets its name from the two hanging rocks on its face that resemble handlebar moustache which are locally known as oburegyeya.



# NYAMUKANA AND KISHURO HILLS

rom the main road, the hills offer a picturesque view of imposing nature and efforts of generations of its inhabitants to tame it. While the hills are beautiful sights to behold they are likely to be less welcoming for the majority inhabitants who survive on agriculture. Yet we see the bountiful results of their

efforts that have resulted in farmers' markets dotted along the main road. This well-preserved land with its stony paths winding through the lush green valleys to the perfectly maintained plantations is a haven for those longing to experience a tranquil pace of life alongside nature at its most imposing and most rewarding.

### **KITAGATA HOTSPRINGS**

ound in Sheema District, the hot springs give the area its name of Kitagata. Along with Kyangyenyi hills which are said to be inhabited by the Bacwezi, the hot springs are the biggest attraction in this district. It is found approximately two kilometres by road, southeast of the town of Kitagata, one of the urban centers in the district. This place is a demonstration of desperation, defiance and hopefulness of the human spirit. Because the springs are said to have curative powers, they attract people from all walks of life seeking healing. The hot spring has two hot springs adjacent to each other. One of the springs was used by the former Omugabe (King of Ankole) known as Ekyomugabe. The other spring is believed to have healing powers and is

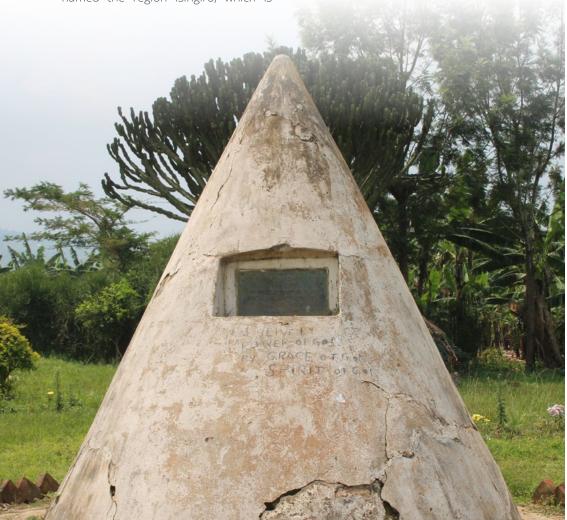
named after Uganda's largest National Referral Hospital, Mulago. It is said to have healing powers. The water in the springs warms up to 80 °C (176 °F). The hot springs are highly visited by the local because of the healing powers. Half-dressed people immerse themselves in the springs without any kind of self-consciousness. Although to a casual onlooker the bathers look disorganised, an administrator at the springs explains that they are separated by gender; women on one side and men on the other. Separated by rocks is a smaller spring that flows



#### **ISINGIRO**

his area has great significance to the region's political history. As the name connotes, it is the place where the kings of Ankole won many battles. It is said that because of the protective ring of mountains that stretch from Kyazanga (Lwengo District) to the Kikagati boarder, the kings often drove their enemies to this land and annihilated them. Therefore they named the region Isingiro, which is

loosely translated as the place from where we triumph. It is also the place where Ankole made a blood pact with Britain. A short drive from Mbarara City will take you to the monument which is right by the roadside where the two parties swore friendship represented by Prince Buchunku on behalf of Omugabe Ntare and Henry Morton Stanley on behalf of King George V of England.



# ANKOLE DEMONSTRATION ZOO



nkole Demonstration Zoo was launched in December 2020. The zoo is found in Nshungyezi Village, Rwakishakizi Ward, Nyakayojo Division in Mbarara City. Ceophas Kabegambire, the man behind this initiative said he was inspired by his love for the wildlife and the need to give the people of western Uganda an opportunity to see a variety of animals in one place. Ankole Demonstration Zoo is recognised by Uganda Wildlife Conservation Education Centre as an agency for wildlife conservation education in Western Uganda. In addition to conserving

wildlife, Kabegambire says the zoo will create jobs for the local population. So far, the zoo has a few donkeys, doves, rabbits, ducks and guinea fowls among others as it waits for Uganda wildlife Conservation Education Centre and Uganda Wild Life Authority finalises the relocation and allocation of other species. The centre also offers other services including children's play area, nature walks, bird watching, traditional activities such as cattle watering and milking, bar and restaurant, camping and children's holiday retreat programmes, reservations and air ticketing, among others.

# TOURIST SITES IN SOUTH AND SOUTH WESTERN UGANDA

# ON THE WAY TO MASAKA

#### **MPAMBIRE DRUM MAKERS**

Located along Kampala- Masaka Road, Mpambire Village is famous for its authentic and original traditional drums experience. The village has various shops selling drums in different shapes, sizes and colors. Visitors can also engage in the drum making process and participate in the music drummung experience. Above all don't miss to buying souvenirs to take back home.



#### **Activities**

Drum making process Drumming Guators Stop over Located in Jalia city Buyaya along Kampala-Masaka highway, just 2 kilometers to the equator,

#### **GAUTORS CAFÉ**

is ideal stop over point for a health convinient break in a decent and fantastic environment on your way to Lake Mburo, Queen Elizabeth and Bwindi Impenetrable Forest National Parks.

## MPANGA CENTRAL FOREST RESERVE

The forest is habitant to variety of tree species, red tailed monkeys, birds, butterflies. The forest is found in Mpigi district approximately 37km from Kampala and 1 km from the main road Telephone Number: +256 410 257 430

#### **Activities**

Bird watching Nature walks Butterfly identification

#### **KIBUKUTA SWAMP**

The swamp offers a scenic view of the papyrus plants with variety of bird species however it is commonly known for the shoe bill. Hence this is a perfect spot to observe them

#### **Activities**

Bird watching

#### **EQUATOR**

The equator point at Kayabwe is the best point in Uganda to explore the equator. It is located, in Mpigi District, 72 km along the Kampala Masaka highway. Prominent on the site are the two equator monuments; one on either side of the highway and the equator water bucket experiment are the key attractions on the site. a yellow line that runs across the road to the monument as a representation of the imaginary line. It is an incredible experience at the equator



#### **Activities**

Photography
Sight seeing
Water and bucket experiment
Art and craft buying

#### **LWERA SWAMPS**

Lwera Swamp is a major catchment area of various rivers in Masaka, Mpigi and Gomba and it pours its water into Lake Victoria. Visitors make a stop and buy fresh fish from the various fish stalls and vendors alongside the road like tilapia, Nile perch, and Lung fish.



#### LUKAYA ROAD TOLL MARKET

This is a popular stopover for refreshments for travelers with vendors selling snacks, roasted beef, goat, chicken and plantain (gonja)



#### ENYENYEBWA CULTURAL CENTRE

The centre offers a full experience of the traditional Ankole culture. Visitors is taken through a practical demonstration of milk processes

and other practices in the traditional demonstration house. They can also spend time in the field with the Ankole long horned herds.

#### **Activities**

Cultural experience Milking, grazing and water cows Ghee and yoghurt making processes

#### LAKE MBURO NATIONAL PARK

The park is habitant to wildlife species not often seen in other Uganda parks, such as impala, zebra, eland and topi. Covering 370sg km, Lake Mburo National Park is the Country's smallest Park. It lies between the towns of Masaka and Mbarara. For more information: Uganda Wildlife Authority Plot 7 Kira Road, Kamwokya P.O. Box 3530 Kampala, Uganda. Telephone Number: +256(0)414355000, +256312355000 Fax:+256(0)414346291 info@ugandawildlife.org Website: www.ugandawildlife.org



#### **Activities**

game drives Night drives View points boat cruise Salt lick walk Horseback safaris Village visits Mountain biking Birding

# ON THE WAY TO MBARARA

### IGONGO CULTURAL CENTRE

It is located along Masaka – Mbarara road, it is perfect stopover for travelers to refresh since it also has a hotel, restaurant (with both continental and local cuisines), bar, gardens and other recreational facilities. During your stay at the Centre, visitors can have guided tours around the museum.

- +256(0)392-722828
- +256(0)39-2-722829

www.igongo.co.ug.



#### **Activities**

Guided tour in the museum Craft shop and bookshop Cultural village tour Hill climbing Adventure fishing Visiting Ankole Cow farms Traditional Alcohol brewing Game hunting (pre-arranged with Uganda Wildlife Authority)

#### **BIHARWE SOLAR ECLIPSE**



The Biharwe monument in Mbarara is erected on Biharwe Hill in commemoration of the 1520 AD Eclipse of Biharwe Eclipse. At the site, there are three pillars of this monument representing the three kings who were contemporaries at the time, namely Nakibinge of Buganda, Olimi I Rwitamahanga of Bunyoro, and Ntare I Nyabugarobwera of Nkole. Olimi I Rwitamahanga Kalimbi Rukidi was the 5th Omukama (King) of the Babito dynasty and

the most martial ruler of Bunyoro of the 16th century. He invaded Buganda, Nkole, Mpororo and Rwanda and plundered cattle from those kingdoms. Nkole lost most of its cattle herds due to these constant raids and suffered severe famine called Eijuga Nyonza where wild berries were used as dowry for brides.

It was on Olimi's return journey after raiding cattle from Rwanda and Mpororo that an eclipse appeared when the raiders had reached Biharwe. The eclipse generated fear and superstition, forcing the King and his warriors to flee in disarray, leaving all cattle behind.

According to the legend, the cows that were abandoned at Biharwe were named by people "Empenda ya Munoni" and "Enduga Mwiguru" (cows that came from heaven). After that incident, the people of Nkole were able to own cattle again. Telephone Number: +256414258914 Email: reservations@igongo.co.ug Website: www.igongo.co.ug

#### **Activities**

Hiking Camping Sight seeing Story telling

#### NSHENYI CULTURAL VILLAGE

Located in Ntungamo district, Kitwe town about 6 km from Miramar hill. At the cultural village

one will have full experience of Ankole cultural traditions, one is able to experience the typical life of traditional Ankole pastoralists and farmers. Website:www. nshenyi.com

#### **Activities**

Milking (preservation, fermentation) nature walks bird watching beer brewing banana plantation tours

# ON THE WAY TO KABALE

#### NYAMUKAMA PINEAPPLE FARM

Located along Kabale- Kisoro road, one can indulge into a pineapple tour with the family, group of friends and also appreciate the production of pineapples. A guided tour will be conducted to enable the visitors know the stages involved from planting to harvesting so as one gets a wholesome experience. One can also buy the pineapples to enjoy as you proceed to your destination.

#### **Activities**

Guided tour around the pineapple farm

#### **KISIIZI FALLS**

The Kisiizi Falls are located in Kisiizi Parish in Nyarushage Sub County in Rukungiri District of Western Uganda. The falls drop approximately 30 meters off a cliff at Kisiizi on the Rushoma River that snakes its way to Lake Edward. Historically the Falls are known as a tragic place where unmarried pregnant Bakiga girls were thrown to their deaths.



#### **Activities**

Bird watching, famous for bird life including endemic species like Ross Turaco, Double Toothed barber and the cinnamon Bee eater. Scenery, it is famous for a beautiful scenic environment trekking activities to the top of the falls Canoeing.

#### **NDEIJA ROADSIDE MARKET**

The market offers variety of fresh and organic fruits, vegetables and other food stuffs. It is a popular stop over for travelers using Mbarara – Kabale highway.

#### THE FOOD STATION

The food station is located 10kms from Kabale town, along Kabale-Kisoro highway. It offers variety of snacks and food stuffs.

Tel: 0707770770, +256753988

#### **GREAT LAKES MUSEUM**

Located along Kabale- Kisoro highway, it is a perfect stopover for a Kigezi cultural experience. Beautiful large outdoor sculptures will catch your eyesight as you proceed to a guided tour for the indoor exhibit of the artifacts to demonstrate the way of living of the Kigezi people. One can also make a convenient stopover for coffee, breakfast, lunch or dinner before they reach their destination.



#### **Activities**

Story telling Guided tour in the museum Kabale

#### **KABALE MUSEUM**

The museum is versed with cultural artifacts as well as the

history of kigezi .Located around Kabale town Centre at the turning Junction to Lake Bunyonyi

#### **LAKE BUNYONYI**



lake with up to a maximum depth of 900m approximately 2953 feet. Bunyonyi in native language means small birds and harbors up to 200 bird species including egrets, grey crowned cranes among others. A home to over 29 unique islands which include; Bushara Island, Akampene Island (Punishment Island), Kahugye Island, Bwama and Njuyerera, among others Akampene Island (Punishment

#### **Activities**

Island)

bird watching boat cruise canoeing swimming hikes nature walks zip lining hiking the highlands Batwa experience

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# SUPREME ADVENTURE PARK

The park has variety of activities to enrich an adventurous tourist experience during their stay at Lake Bunyonyi email: info@ supremeadventurepark.com Tel: +256772423215, +256 7851831919, 0705183191 Website: http://www.

supremeadventurepark.com

#### **Activities**

High rope course Canoeing Zip lining Bird watching

# BUNYONYI APPLE FARM STAY

The facility has a fascinating panoramic view of Lake Bunyonyi and the terraced hills, introduces one to an eco-friendly spot around Lake Bunyonyi where an artistic mind has crafted stone work local

construction materials into an aesthetic structure.

Visitors have an opportunity to participate in the farming programmes, and a menu that prepares organic foods and juices on the farm. www. bunyonyiapplefarmstay.com

#### **Activities**

Nature walks Boat cruise Canoeing Apple farming processes

#### **ECHUYA FOREST RESERVE**

Located 15km from Kisoro town Echuya forest (Bamboo forest) was a home for Batwa (pygmies) for so many years and it used be source of their food, firewood. 20% of the forest is in Bufumbira County Kisoro district and the remaining 80% is in Rubanda county Rubanda district.

#### **Activities**

Bird watching Nature walks in the forest

# ON WAY TO KISORO

# KACWEKANO FARM (KAZARDI)

Institute- Kachwekano Zonal Agricultural Research and Development Institute (KaZARDI) located in Rubanda District, formerly Kigezi District Farm Institute (DFI). Is currently run by NARO after NARO's decision to take research services closer to end-users, Kachwekano DFI was transformed into an Agricultural Research Development Centre (ARDC) in 2000. The institute carries out tourist tours of the work carried out at the facility which includes improved farming methods, both indoor and outdoor.



# BWINDI (RUSHAGA) BATWA FOREST

**EXPERIENCE** 



This is in Bwindi, Rubuguri, the Forest trail is co-managed with Uganda Wildlife Authority – The Batwa's experience takes the visitors through their ancient way of life. During the visit, they

treat the visitor to various survival adaptions they embraced in an effort to outlive extinction while still residents in the forest they lived in for over three centuries. They also take visitors through their energetic dances, hunting skills, and teaching of how they used to build traditional tree houses using eco-friendly materials. Batwa Community in Rushaga Center- The Batwa of the Rushaga community provide entertainment to visitors by performing their energetic dances, songs and encourage tourists to participate.

#### NKURINGO LAKE MULEHE

Lake Mulehe in Kisoro District is surrounded by terraces farms and hills. The lake is approximately 4.11 square kilometers wide. Lake Mulehe is in the southern sector of Bwindi Impenetrable National Park or Mgahinga Gorilla National Park.

#### **ACTIVITIES**

Spot fishing
Swimming and sunbathing
Boat canoeing
Bird watching
Nature walks and hiking in Bwindi
Impenetrable National and
Mgahinga National Park
Cultural walks around the lake to
experience lifestyle of the local
community.

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#### **CHAMELEON HILL**

Chameleon Hill is located on a high level above Lake Mutanda, neighboring Bwindi, and Mgahinga National Parks with a spectacular backdrop of the Volcanoes of the Virunga Mountain Ranges in the distance. The hill is named after the chameleons that inhibit the area around Lake Mutanda. The area has a colorful lodge called Chameleon Hill Lodge built on it, overlooking Lake Mutanda and great views of lush green Islands, and breathtaking hilly views

#### **KISORO**

#### **LAKE MUTANDA**

This picturesque fresh water lake is located in the mountainous landscape north of Kisoro in nearby Bwindi Impenetrable Forest. The lake has 15 islands that are barely touched. The biggest island, named after the lake, is Mutanda Island which is inhibited by a local community of the "Abagesera" clan. They have grown crops on the island, peas, bananas, and sugar canes; the other portion of this island is covered by trees and shrubs. From the lake you can get views of the Virunga volcanoes and papyrus swamp.



#### **Activities**

Hikes, Bird watching, Water activities like spot fishing (tourist are advised to come with their own fishing gear)

#### MUTANDA ECO COMMUNITY CENTER

Mutanda Eco Community Centre is located 6 kilometres south from Kisoro town, it is an eco-tourism lodge being developed by MCDO in partnership with MbriMbiri Foundation at south shores of Lake Mutanda. The camp offers accommodation in two cottages and a camping site.



#### **Activities**

Canoeing, Bird watching of Pin-tailed Whydah, Great Cormorant, Pied & Malachite Kingfisher, & sunbirds. Snake visit, Swimming, Medicinal plants and a number of biodiversity identification. Mutanda Eco Community Centre services as the transport center to the islands by canoes Islands on Lake Mutanda

#### **PUNISHMENT ISLAND**

located in Lake Mutanda are two Punishment Island. Used to punish criminals & misfits in the society included unmarried pregnant



women, the elderly with no care, thieves, and unwanted people from the region. These would be tied & taken to the island and left to die where they would be abandoned. The islands are called "akarwa k'ababi" ("Punishment in Rukiga"). They would either starve to death or drown trying to swim to the mainland. However, the unmarried pregnant women would be often saved by poor men or slaves who could not afford the regular bride price and did not mind the stigma by marrying them. The practice was abandoned in the 1940s, due to the influence of missionaries.

#### **PYTHON ISLAND**

located in Lake Mutanda is home to pythons; however the pythons are currently rarely seen.

## MUMMIFIECATION CAVE ISLAND

The Island is called 'Ichangushu', the main burial place of the Bahinza. The bodies are mummified and preserved in bull-hides, never to decompose. It is believed that, these traditional rulers played many roles in society like, giving blessing like birth and managing spells i.e drought, magic in fighting and hunting weapons

#### **CHUHO RIVER**

Located in Kisoro has six springlets that deliver water to a basin-like depression from where a small river flows northwards towards Lake Mutanda. It is the only viable source of water supply to the 151,679 inhabitants of the Kisoro Town Council and the surrounding nine rural parishes in Kisoro District

#### **KIGEZI MUSEUM**

Sometimes known as Home of Kigezi is a community-run museum of living culture and natural history of the banyakigezi people of South Western Uganda. Located at Nyiragakoro-Nyakabande along Kabale Kisoro road, 5km before Kisoro town, it is suited in dense natural environment of vegetation with houses that house

the museum and outside area demonstrating the lifestyle of the Banyakigezi people.



#### **LAKE CHAHAFI**



Like other smaller crater lakes in Kisoro, Lake Chahafi is one of the several crater lakes down in South Western Uganda in Kisoro District with breathtaking scenic view. Lake Chahafi is about just 20km from Mountain Muhavura, Mgahinga and Sabinyo and less than 20km from the Mgahinga gorilla sanctuary. At the lake's shore are crowds of crested cranes, forest vegetation, hillside gardens, oddlyshaped ridges and gorges. Lake Chahafi is ranked by Kigezi tour operators as one of the places with the largest population as well as diversity of birds in

south western Uganda. Among the bird species that can be seen at Lake Chahafi and rare anywhere else are the Lesser Jacana, the African Jacana, the Brack Crake, the Blue-headed Coucal, the Common Moorhen, swamp flycatchers, swamp warblers, and two rare species, the Common Moorhen and the Malekite Kingfisher. At Lake Chahafi is a resort on its shores which is ideal for those wishing to go tracking Gorilla or mountain-hiking.

#### **Activities**

Fishing
Golden monkey Tracking
Hiking Virunga Mountains
The Batwa Trail
Bird watching
Canoeing
Sport Fishing
Guided Nature Trails
Culture Trail
Swimming
Motorized canoe rides

#### **BATWA LIVING MUSEUM**

(Uganda's only living museum for the endangered Batwa). Visitors are able to experience the Batwa culture experienced first-hand in one place. The museum was built with support from City of Vienna via ADRA Austria. ADRA Uganda established the Batwa living museum with the aim of attracting students, foreign and local tourists to sensitize them on the Batwa society and culture with the purpose of preserving their way of life. The site offers Batwa cultural experience through music, dance, drama and art crafts. The facility also houses a craft shop for Batwa trademark materials.



#### **Activities**

Cultural history
Research
Nature walks
Arts and craft
Music, dance and drama
Building and architecture
Culinary and history
Linguistics

#### **CHURCHILL VIEW POINT**

Located at Kanaaba hill in Echuya roughly 7 kilometers from Kisoro District. The strategic location of Churchill's viewpoint at the top of Kanaaba hill offers specular views of Kigezi hills, local communities, twin lakes of Kayumba and Chahafi, Lake Gihondo, Lake Bulera, Echuya Forest, Lake Mutanda and the Virunga volcanoes in Uganda, Rwanda, and Congo. It's said to be at this point that Sir Winston Church Hill declared Uganda as the "Pearl of Africa" owed to the breath taking scenery he saw

beneath him. The temperature at Churchill's viewpoint is 360 degrees on a clear day.

Kanaba gap – A sharp hairpin bend on the way climbing up into the sub county of Kanabain Kisoro, with beautiful scenery for photo opportunities.

#### **KIGEZI MONUMENT**

Located a few kilometers north east of kisoro. The site is said to be the first headquarters of greater kigezi, the place where Kigezi was proclaimed, after the boundary settlement between the Germans, Belgians and British in 1911. It is also the site where negotiations to end World War 1 were held and signed between the French and the British. At this same site is the place where the late President Iddi Amin's military detachment in Kisoro was located.



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# ON WAY TO KANUNGU

#### KAYONZA GROWERS TEA FACTORY

Located in Kanungu District, Butogota Town Council, the factory is owned by 5617 small scale shareholders where shares are acquired through monthly deductions from their pay for green leaf delivered to the factory. The factory proclaims that they Produce and Market the Best Quality Tea in Uganda.



#### **KIBWETERE SITE**



Located in Kanugu is a site that features the only remaining wall of the burnt house and mass grave of Joseph Kibweteere's followers. Joseph Kibweteere was one of

the leaders of the Movement for the Restoration of the Ten Commandments of God, a group that splintered from the Roman Catholic Church. In 2000, the cult leader Joseph Kibwetere masterminded a mass suicide of the cult members, who were convinced about going to heaven through fire but later it was established that he had planned and executed the plan to kill his followers through the fire. Makiro Hill Catholic Church – is the oldest Catholic Church in Kanugu that has contributed a lot to the education of the children in the district.

#### NGOTO PROTESTANT CHURCH SITE

Is the oldest Protestant Church in Kanugu that has opened its doors to tourism. They have included accommodation and nature walks near the Bwindi National Park in Kitariro

#### **FARMERS LOUNGE**

The lounge operates a farm called Bwanga Farm that has the following animals and birds' fish, ducks, chicken, pigs, goats and zero grazing cattle. Visitors can take a tour of the farm where they learn different maintenance activities and participate in the daily up keep of the animals. Farmers Lounge provides accommodation facilities for tourists.

# ON WAY TO

#### **RUHIJA**

Ruhija Community Walk with Batwa is a local Batwa Community group that also operates an orphanage and women community group. The community has around 18 Batwa who have built a place where they show how they used to live in the forest. At the site you experience traditional dances, huts, fire making and hunting technique.

#### **Activities**

Batwa experience Orphanage school visits and dances by students at a fee Ruhija women's group dances at a fee and basket weaving lessons Community walks in Ruhija that take between 2-3 hours depending on walking pace.

#### **BUHOMA**

# RIDE 4 A WOMAN COMMUNITY CENTER

Ride 4 a Woman is a charitable organisation that supports women struggling with poverty, HIV and domestic violence. It empowers women in Buhoma, Bwindi. Ride 4 a Woman was set up in 2009 with the goal of empowering the women with social and economic skills. The center has a shop were

women are employed and trained to pedal sew a broad range of fabric products which are sold.



#### **ACTIVITIES**

Learning to Weave Cooking Traditional Dishes Pedal Sewing

#### BEE AND FISH EAST AFRICAN PRODUCES INNOVATION PROGRAME

Located in Buhoma, just outside the Bwindi National Park, provides agro tourism for Bee keeping and fish farming. Visitors can take an educative tour of the bee keeping hives and fish farming pounds.

#### **Activities**

Bee keeping tours Fish pond tour

# CONSERVATION THROUGH PUBLIC HEALTH

By Dr. Gladys Kalema Zikusoka located in Buhoma-Bwindi, promotes biodiversity conservation by enabling people, gorillas and livestock to coexist through improving their health and livelihoods. Conservation through Public Health hosts volunteers,

interns, and researchers at a fee throughout the year. Who choose to work at the Gorilla Health and Community Centre, where they analyze fecal samples from gorillas, livestock, and people to learn more about the disease vectors that harm sensitive gorilla populations. The project has a variety of ongoing projects for volunteers, interns, and researchers.

### BWINDI REFORMED POACHER PROJECT

Located in Buhoma-Bwindi, is an established tourism attraction site, which engages reformed poacher to carry out daily work rotation to inform tourists, researchers and interns about poaching activities for them to understand their experience. And this gives direct support to the reformed poachers in order for them to earn a living while improving their household's income.

# QUEEN ELIZABETH NATIONAL PARK

Ishasha sector found at the southern sector of the park is famously known for the tree climbing lions.



#### **Activities**

One expects to see buffaloes, hippos, elephants, topis and many more animals during the game drive. Nature walks and bird watching in search of the Narina Trogon and Black Bee eaters, two of the rarer bird species in the area.

Boat cruise on the Kazinga Channel. The cruise lasts two hours and runs three or four times a day. This gives the visitor the chance to cruise just meters from hundreds of enormous hippos and buffalos while elephants linger on the shoreline. An average of 60 bird species can be spotted during the trip Birding in Queen Elizabeth, Classified as an Important Birding Area (IBA) by Birding International, Queen Elizabeth National Park has a great variety of habitats of over 600 bird species.

See the energetic dances of the Kikorongo Equator Cultural Performers observe workers harvesting salt on Katwe Salt Lake, a traditional Banyaraguru hut or an agricultural village.

The Kasenyi Plains game drives offer sights of resident herds of Uganda Kob, leopards and hyaenas among others.

#### **KYAMBURA GORGE**

Track chimpanzees in their natural environment. Also get the opportunity to learn about the ecosystems of Kyambura Gorge's atmospheric "underground" rainforest, including vegetation types, bird identification and behavior and chimp and monkey ecology.

Although chimp sightings are not guaranteed, visitors stand a pretty good chance of hearing and seeing them habituated. Tours last between one and three hours and start at 8am and 2pm daily.

Wildlife Research Tours in Queen Elizabeth are available for visitors who yearn to get up close to African wild life and fauna.

This new and unique experience allows visitors to actively participate in monitoring some of the exotic birds and mammals that fill the park, using locator devices and learn habituation calls, as well as monitoring weather, surroundings and behavior.

### CAVES IN QUEEN ELIZABETH

Tucked beneath the shady canopy of the Maramagambo Forest is the Bat Cave. The cave has a viewing room from which visitors can observe the resident bats and pythons. For a more cultural cave experience, visitors can go to the historic cave at Nyanz'ibiri community.

# QUEEN'S PAVILION TELECENTER AND VISITOR INFORMATION CENTER

Conservation Through Public Health (CTPH) operates the Queen's Pavilion, a Telecenter and Visitor Information Center, located near Crater Lake Drive in Queen Elizabeth National Park. It was opened in November 2007



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by HRH Prince Philip, the Duke of Edinburgh, and is managed and staffed by local residents.

Facilities include reasonably priced, high-speed Internet connection, snacks, coffee and tea, sourced from local growers.

Maps of Queen Elizabeth National Park and surrounding areas and other national parks, and guidebooks.

Gift shop with handcrafts from surrounding communities.

#### **CARTER LAKE EXPLORATION**

Due to its location in the western arm of the East African Rift Valley, Rubirizi is endowed with 56 craters of which 32 are crater lakes, with 20 craters in Bunyaruguru in the Kichwanba escarpment of the Western Rift Valley on the border of Oueen Elizabeth National Park. Has three major concentrations; Katwe Explosion Craters found in Oueen Elizabeth National Park, Bunyaraguru Crater Field on the Kichwamba escarpment and Ndali-Kasenda Crater Field close to Kibale National Park. The Katwe Explosion Craters called Kyemengo Crater are the most attractive.

#### **EQUATOR CROSSING**

A popular Landmark in Queen Elizabeth National Park is the Equator crossing, in the northern sector of the park near Kasenyi at Kikorongo. The Equator crossing is marked with a circular monument on either side of the road, popular for photographic moments.

#### **MARAMAGAMBO FOREST**

Found in the district of Bushenvi this forest is one of the largest forests in East Africa. The forest starts from an escapement in Kichwamba all the way to Lake Edward. The name Maramagambo originates from a story about a group of young people who got lost in the forest for several days. By the time they found their way back to the village, they had grown so worn out and traumatized that that they couldn't speak for long. Thus Maramagambo therefore refers to something that causes speechlessness. The forest is home to chimpanzees, elephants, bush pigs, pythons, bats and the rare Bates's pygmy and antelopes.

#### **RIVER RWIZI**



Rwizi River originates from Buhweju hills with various tributaries from various Nkore hills including Ntungamo and Sheema hills. It pours its water in Lake Victoria via the drainage systems of Lake Mburo, Lake Kachera and Kijanebalola. River Rwizi is the source of water for domestic and industrial use to the Mbarara town and neighboring towns of Bwizibwera, Sanga and Biharwe. Recently the river is drying out, it is said to be due to climate changes.

### BUSHENYI DISTRICT

#### **ANKOLE TEA ESTATE**

Operated by Mcleod Russel Uganda ltd, the Estate covers an Area of 573 hectares and in 2019 produced estimated crop of 1,800,000kgs by the Tea Estate and 3,388,000kgs by outgrowers. Since it is on the main road and has scenic views many tourist stop for photo opportunities. They have some wildlife in their fields of Baboons and Monkeys.

#### RUKARARWE PARTNERSHIP

Rukararwe Partnership operates many projects with the rural communities aiming at the sustainable improvement of their livelihoods and environment. These include tree planting activities, earth bricks buildings of unburned bricks, promotion and combination of traditional medicine with modern medicine and counseling, women and youth projects, supporting an orphanage, agricultural seminars, rearing of zero-grazing cows and many more.

#### **Activities**

Traditional medicine
Birding
Nature walks at Irembezi Hill
Forest walks

### KASYOHA-KITOMI FOREST RESERVE

Kasyoha-Kitomi Forest Reserve is situated at 35 kilometers from Bushenyi Town, South of Lake George and the Kazinga Channel covering a geographical area of over 433 square kilometers.

The forest reserve has a number of mammal species such as several primate species like Chimpanzees (although they are not yet habituated), Blue monkeys, Redtailed monkeys, Olive baboons, Vervet monkeys, Black and white Colobus monkeys, Red Colobus monkeys and L'Hoest's monkeys among others. It has several breathtaking Crater Lakes such as the Twin Lakes of Kamweru and Kyema, other Lakes include the temporary/transparent Lake Kamunzuku among others.

#### **Activities**

3 hour forest trail
Canoeing,
Bird watching,
Swimming in the Crater Lakes,
Camping,
Visit to the legendary close by cave,
Fishing,
Primate watching,
Boat rides,
Nature walks
Sightseeing of the Twins Lakes

# **ITINERARIES**





# 5 DAY ADVENTURE SAFARI

#### Introduction

Since these are challenge seeking clients, this trip will be filled with very many physically challenging activities for the clients some will be very easy others will be challenging to per take thus the adventure.

#### **Trip summary**

**Day 1.** Visit the Equator, Lake Mburo National park and Igongo Cultural Center.

Visit Kisiizi waterfall, Kabale Museum and Lake Bunyonvi.

Day 3. Transfer to Kisoro, visit Lake Mulehe and lake Mutanda

Day 4. Visit Mountain MuhavuraDay 5. Travel Day

Best time. Any time of the year. Recommended Cloths. Warm jackets, sweaters and gloves for Kabale- Kisoro region, dull colors for the parks, shorts, long sleeves and hiking shoes for the mountains.

**DAY 1:** Visit the Equator, Lake Mburo National park and Igongo Cultural Center. From your starting point, the team set off at 8am, drives to Masaka

and has a stop at the Equator for the water bucket experiment at the yellow line that runs across the road to the monument as a representation of the imaginary line, a bathroom break, Photo moment and some snacks. The Equator point at Kayabwe is the best point in Uganda to explore the equator. It is located, in Mpigi District, 72 km along the Kampala Masaka highway. Prominent on the site are the two Equator monuments. Continue to Lake Mburo National park The Park is habitat to wildlife species not often seen in other Uganda parks, such as impala, zebra, eland and topi. Covering 370sq km, Lake Mburo National Park is the Country's smallest Park. It lies between the towns of Masaka and Mbarara. We shall go to our preferred lodge where we shall per take in cycling, hiking, jogging or horseback riding around the national park with the wildlife in close range, the clients can have lunch here then go to Igongo cultural center for a site visit, a tour of the museum and walk up to the Biharwe eclipse monument this is a great adventure for the thrill seeking clients. This place will also give our clients some rich history of the place, epic photo moments at the eclipse monument and also amazing views of Mbarara town. And spend the night in Mbarara town at our preferred lodge.

**DAY 2.** Visit Kisiizi waterfall, Kabale Museum and Lake Bunyonyi.

After breakfast, we visit Kisiizi Falls located in Rukungiri District for some activities. The falls drop approximately 30 meters off a cliff at Kisiizi. Historically the Falls are known as a tragic place where unmarried pregnant Bakiga girls were thrown to their deaths but now it's a beautiful site with a monument and a hiking trail. We shall have a stopover at Kabale Museum then continue to Lake Bunyonyi in Kabale district. This is Africa's second deepest lake with up to a maximum depth of 900m approximately 2953 feet. Bunyonyi in native language means small birds and harbors up to 200 bird species including Egrets, Grey crowned cranes among others.

A home to over 29 unique islands which include; Bushara Island, Akampene Island (Punishment Island), Bwama and Njuyerera, among others. On our drive watch out for the terraces on the hills which forms part of Uganda's beauty, you will also encounter some bird species and people's agricultural activities and Kabale town the land which referred to as the Switzerland of Africa because of being mountainous and cold.

Remember to select accommodation of your choice that is close to Lake Bunyonyi. After checking into our hotels, we shall have lunch and then proceed to lake Bunyonyi for a boat cruise which will enrich you with the 29 Island that make up the lake including the punishment Island which has the community attachment where girls who got pregnant before marriage where put to die. You will also see beautiful scenery on the lake, water birds, swamp oaters and remember to book your boat through your accommodation. We shall visit Lake bunyonyi Extreme adventure park where we shall part take in series of challenging rope games, have lunch and also do the zip line across the lake. Later go back to the hotel for dinner and an evening camp fire.

**DAY 3.** Transfer to Kisoro, visit Lake Mulehe and lake Mutanda. After breakfast, we go Kisoro and visit Lake Mulehe in Kisoro District. The lake is approximately 4.11 square kilometers wide. Lake Mulehe is in the southern sector of Bwindi Impenetrable National Park or Mgahinga Gorilla National Park. We shall take part in Spot fishing, swimming and boat canoeing around



Lake Mulehe with stunning views of the environment. Then we visit Lake Mutanda. The lake has 15 islands that are barely touched. Mummifiecation Cave Island on Lake Mutanda the main burial place of the Bahinza. The bodies are mummified and preserved in bull-hides, never to decompose. It is believed that, these traditional rulers played many roles in society like, giving blessing like birth and managing spells i.e drought, magic in fighting and hunting weapons

**DAY 4.** Visit Mountain Muhavura Early in the morning after breakfast, we shall move with packed lunch up to Mountain Muhavura ranges with the highest point at 4127m. The weather of the day will determine how clear the

mountains will appear. Full day hiking of Mount Muhavura an example of extinct volcanic mountain in Uganda. You will also be advised to carry enough drinking water and first aid kit.

After the long day in the mountains, we shall go back to our hotel for any early night in since the clients will be very exhausted

#### **DAY 5.** Travel Day

Have breakfast at leisure and with our packed lunch, head back to Kampala through Mbarara road.

NB, This itinerary is very flexible and depending on your core passions and interest, your travel consultant can customize it to meet your desired outcome.



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# 5 DAY CULTURAL ENCOUNTER

#### Introduction

In a country of over 56 tribes, culture is a very rich aspect of the core of Uganda and in the southwestern part of Uganda we have the Bantu people dominated by the Ankole people who are cattle keepers and Banyakigezi people. This trip will being you closer to their history, culture and ways of life.

#### **Trip summary**

- Day 1. Visit Nagalabi Buddo, Mpambire Drum Makers, Equator and Enyenyebwa cultural center.
- Day 2. Have Cultural experiences, go to Igongo's Biharwe solar eclipse monument and if time allows, visit the Nkokonjeru Royal tombs and Nshenyi Cultural Village
- **Day 3.** Visit Kisiizi falls, Kabale Museum and Lake Bunyoyi Punishment Island
- Day 4. Visit Kigezi museum, Kisoro museum, Mummification Cave Island on Lake Mutanda and the Batwa living museum.
- **Day 5**. Transfer back to Kampala with stopovers at craft villages.

Best time. Any time of the year. Recommended Cloths. Warm jackets, sweaters and gloves for Kabale- Kisoro region, dull colors for the parks, shorts and long sleeves. Can carry a wrap for the ladies to use on some sites aroud the waist down.

**Day1.** Visit Nagalabi Buddo, Mpambire Drum Makers, the Equator and Enyenyebwa cultural center.

From your starting point in Kampala drive south on Masaka Road with a stopover at Nagalabi Buddo, which is situated on a hill top in Buddo Uganda; it's a place where the Kabakas of Buganda are crowned and it has been existing from the 14thcentury and its one of the best places tourists on cultural safaris to the country can visit and after go to Mpambire for Royal drum making experience. Here we encounter the significance of the drum in our community. The village is famous for its authentic and original traditional drum making experience. The village has various shops selling drums in different shapes, sizes and colors. Visitors can also engage in the drum making process and playing experience. Then we head to the Equator which is located, in Mpigi District, 72 km along the Kampala Masaka highway for the water bucket experiment at the yellow line that runs across the road to the monument as a representation of the

imaginary line. Prominent on the site are the two equator monuments. We shall spend the night at Enyenyebwa cultural center.

**Day2.** Have Cultural experiences, go to Igongo's Biharwe solar eclipse monument and if time allows, visit Nkokonjeru Royal tombs and Nshenyi Cultural Village

Enyenyebwa cultural center offers a full experience of the traditional Ankole culture. The visitor is taken through a practical demonstration of milk processes and other practices in the traditional demonstration house. They can also spend time in the field with the Ankole long horned herds. Since the milking is always done in the morning, the clients will wake up at 6am for the cattle milking and later have breakfast at the lodge. They will learn more about the Ankole Culture and later head to Igongo cultural center for lunch, a tour of the museum where we encounter the past and present information about the Kingdom and the cultures of the people in the region. If the tourists like, we shall go up to the Biharwe solar Eclipse monument and also learn about the history at that site while we take in the beauty of Mbarara city from a distance. If time allows, we shall visit the Nkokonjeru Royal tombs. This is where the bodies of some of the Kings like King Charles Godfrey Rutahaba Gashyonga II who died in 1982 and King Edward Solomon Kahaya II who died in 1944 are buried. Cultural rituals and ceremonies are usually performed on the site and later spend the night at Nshenyi Cultural Village which is in Ntungamo distict.

**Day 3.** Visit Kisiizi falls, Kabale Museum and Lake Bunyoyi Punishment Island

After your early morning cultural breakfast, we shall drive to Kisiizi falls in Rukungiri District. The falls drop approximately 30 meters off a cliff at Kisiizi. Historically the Falls are known as a tragic place where unmarried pregnant Bakiga girls were thrown to their deaths. After having lunch in Kabale, we shall go for an afternoon tour of Kabale museum, this will expose you the all the tools used by the early people of the region more importantly the stretcher(engozi) which was used as an Ambulance to evacuate pregnant mothers, the elderly, the sick to a place of safety in the Mountainous country side. We shall continue to Lake Bunyoyi. This is Africa's second deepest lake with up to a maximum depth of 900m approximately 2953 feet. This lake harbors up to 200 bird species including egrets, grey crowned cranes among others. A home to over 29 unique islands which include; Bushara Island, Akampene Island (Punishment Island) among others. We shall visit Akampene Island (Punishment Island): It was on this island where the Bakiga used to dump unmarried pregnant girls so as they could die of hunger or while swimming to the mainland. Poor men without bride price used to come to this island and pick girls to marry. We shall check into one of the beautiful lodges overlooking the lake and have a camp fire in the night after dinner.

**Day 4.** Visit Kigezi museum, Kisoro museum, Mummification Cave Island on Lake Mutanda and the Batwa living museum

After your nice breakfast, we shall visit Kigezi museum sometimes known as Home of Kigezi. This is a communityrun museum of living culture and natural history of the banyakigezi

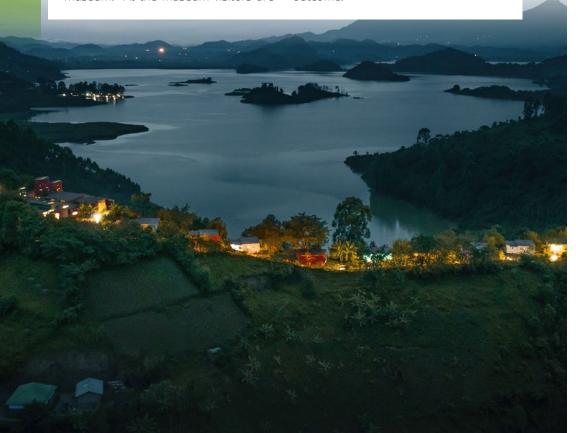
people of South Western Uganda. Located at Nyiragakoro-Nyakabande along Kabale Kisoro road, 5km before Kisoro town, it is suited in dense natural environment of vegetation with houses that house the museum and outside area demonstrating the lifestyle of the Banyakigezi people. We shall also visit Kisoro Museum and later proceed to Mummification Cave Island on Lake Mutanda the Island is called 'Ichangushu', the main burial place of the Bahinza. The bodies are mummified and preserved in bull-hides, never to decompose. It is believed that, these traditional rulers played many roles in society like, giving blessing like birth and managing spells i.e drought, magic in fighting and hunting weapons. After lunch, we shall head to the Batwa living museum. At the museum visitors are

able to undergo the Batwa culture experienced firsthand in one place and be sensitized about the Batwa society and culture with the purpose of preserving their way of life. The site offers Batwa cultural experience through music, dance, drama and art crafts. The facility also houses a craft shop for Batwa trademark materials. We shall check into our amazing lodge and rest of the night.

Day 5. Transfer back to Kampala with stopovers at craft villages.

Transfer to Kampala with nice cultural memories accompanied with shopping stopovers for crafts of choice

NB, This itinerary is very flexible and depending on your core passions and interest, your travel consultant can customize it to meet your desired outcome.



### 5 DAY **PRIMATE SAFARI**

#### Introduction

The primate species of wildlife are held close to our hearts for they have so much physical resembles with the human being and also have very similar ways of life. They are all found in tropical forests thus the aspect of tracking. Many tourists find the primate safari as the most life changing for the golden monkeys, chimpanzee and gorilla tracking activities are phenomenal experiences.

#### **Trip summary**

- Visit Mpanga forest and Day 1. transfer to Kyambura gorge
- Track chimpanzees, Day 2. visit Maramagombo and transfer to Bwindi
- Gorilla tracking and Day 3. transfer to Mugahinga National park
- Golden monkey tracking Day 4. Day 5. Transfer back to Kampala with lunch at Igongo Cultural center. Best time. Any time of the year but mostly in the dry season. Recommended Cloths.

Warm cloths like sweaters and gloves, shorts and long sleeves, rain coat, long trousers and hiking shoes for the mountains.

**DAY 1.** Visit Mpanga forest and transfer to Kyambura gorge We set off after breakfast, go to Mpanga forest which is habitant to variety of tree species, red tailed monkeys, birds, butterflies. The forest is found in Mpigi district approximately 37km from Kampala and 1 km from the main road. Take a nature walk around the forest. After we shall proceed to the Equator for the water bucket experiment at the yellow line that runs across the road to the monument as a representation of the imaginary line. It is located, in Mpigi District, 72 km along the Kampala Masaka highway. We transfer to Kyambura forest reserve near Kasese and check into our lodge for the night.

DAY 2. Track chimpanzees, visit Maramagombo and transfer to Bwindi.

After breakfast, we set off for Chimp Tracking in the Kyambura Gorge where one can track chimpanzees in their natural environment. We shall also get the opportunity to learn about the ecosystems of Kyambura Gorge's atmospheric "underground" rainforest, including vegetation types, bird identification and behavior and chimp and monkey ecology. Although chimp sightings are not guaranteed, visitors stand a pretty good chance of hearing and seeing them habituated. Tours last between one and three hours and start at 8am and 2pm daily. After lunch, we transfer to Bwindi with a stopover at Maramagambo Forest, found in the district of Bushenyi in Uganda. It is part of Queen Elizabeth National Park and one of the largest forests in East Africa. Maramagambo forest is home to chimpanzees, elephants, bush pigs, pythons, bats

and the rare Bates's pygmy and antelopes. On reaching Buhoma in Bwindi Impenetrable forest, which was designated as a UNESCO heritage site and it provides habitant to 120 species of mammals, 348 bird species, 1000 flowering plants, 163 species of trees and 104 species of ferns. This is home the largest number of Mountain gorillas. We shall check into our Lodge for the night.

**DAY 3.** Gorilla tracking and transfer to Mugahinga National park

After an early morning breakfast, with your packed lunch and some water, we head to the sector of Gorilla tracking according to your permit. You are advised to be at the briefing center at 7:30am to verify your permit and receive enough briefing about the activity by Uganda Wildlife Authority guide rangers.



At any of the sites selected there are always porters who can carry your bags during tracking experience at a fee.

You will be close to the Mountain Gorillas one of our cousins; you will be advised to the guidelines offered at the site because they are endangered. Kindly remember to carry charged cameras, rain proof clothes, hiking shoes or boots to match with the terrain, on this day you will carry a packed lunch and enough drinking water. Your guide will brief you more about it.

This is a life time experience and you will graduate with certificates from this world heritage site. When you are tracking experience is done early, the clients will transfer to Mugahinga there is an optional activity to visit the Batwa of Uganda where you can encounter the first life experience while they were living in the forest and the present day life. They take you through their unique songs and performance on how they lived near Gorillas and other mammals. More importantly is their way of making fire using friction. This activity is done at a fee. There are curio shops for Batwa and other people of the community near these areas this would be good for anyone interested in shopping and supporting the community.

**DAY 4.** Golden monkey tracking After your morning breakfast we shall set off to the starting point,



where we shall go to track the rare golden monkeys and gorillas in Mgahinga Natinal park which has got the most striking features and its conical, extinct volcanoes that are part of the spectacular Virunga Range which lies along the border region of Uganda, Congo and Rwanda. The national park also forms part of the much larger Virunga Conservation area.

**DAY 5.** Transfer back to Kampala with lunch at Igongo Cultural center After having breakfast, at leisure you can set off to Kampala using Mbarara rood and stop over at Igongo cultural center for lunch and also have a photo moment at the equator then reach Kampala and check into their hotel with the best memories.

NB, This itinerary is very flexible and depending on your core passions and interest, your travel consultant can customize it to meet your desired outcome.

## **5 DAY FUN ROAD TRIP**

#### Introduction

This is a fun filled trip to the south western part of Uganda and it includes lots of stops overs along the way for site visits, photo moments and enjoying the variety of foods.

#### **Trip summary**

- Day 1. Visit the Equator, Lake Mburo, Igongo cultural center
- Day 2. Visit Kisizi waterfalls and proceed to Lake Bunyonyi
- Day 3. Visit Kisizi waterfalls and proceed to Lake Bunyonyi
- **Day 4.** Transfer to Queen Elizabeth national park (290km)
- **Day 5.** Have a morning game drive on your way back to Kampala. Best time. Any time of the year. Recommended Cloths. Warm jackets, sweaters and gloves for Kabale-Kisoro region, dull colors for the National parks, shorts and long sleeves.

Day 1. Visit the Equator, Lake Mburo, Igongo cultural center This trip is all about fun and the

team will set off for Masaka at 9am after doing some shopping at the mall, along the way, we shall have a stop at the Equator for the water bucket experiment at the yellow line that runs across the road to the monument as a representation of the imaginary line, a photo moment, bathroom break and some snacks. Then continue through akageti Mbarara road to Lake Mburo National park for a boat cruise and have lunch at their preferred lodge. Later in the afternoon, the team proceeds to Igongo Cultural Center for a site visit, a tour of the museum and walk up to the Biharwe solar eclipse monument. This place will also give our clients some physical exercise as they walk up the hill, rich history of the place, epic photo moments at the eclipse monument and also amazing views of Mbarara

After this activity, our clients will check into their hotel and prepare for Mbarara by night where they will check out different clubs, lounges and restaurants

Day 2. Visit Kisizi waterfalls and proceed to Lake Bunyonyi After breakfast, as you drive to Kabale, you can visit Nkokonjeru

roval Tombs or Kamukuzi Hill Royal Palace and proceed to Kisiizi falls located in Rukungiri District of Western Uganda for some activities. The falls drop approximately 30 meters off a cliff at Kisiizi on the Rushoma River. Historically the Falls are known as a tragic place where unmarried pregnant Bakiga girls were thrown to their deaths. But now it's a beautiful site for taking photos and a small hike up to the falls. We shall have lunch after wards and proceed to Lake Bunyonyi, this is Africa's second deepest lake with up to a maximum depth of 900m approximately 2953 feet. Bunyonyi in native language means small birds and harbors up to 200 bird species including egrets, grey crowned cranes among others.

A home to over 29 unique islands which include; Bushara Island, Akampene Island (Punishment Island), Kahugye Island, Bwama and Njuyerera, among others. You will have a boat cruise that will expose you to the 29 islands that make up Lake Bunyonyi more especially the punishment island. There will be good views for photography and nice water birds. You could also do some adventure sports like zip lining on the lake from the extreme adventure park on Lake Bunyonyi. Remember to have warm clothes as the area is cold. After this we shall check into our hotel by the lake, take some amazing photos of the lake and prepare for a camp

fire later on in the night after dinner or Kisoro by night to check out the clubs and bars around the area

Day 3. Visit Kisizi waterfalls and proceed to Lake Bunyonyi

You will have an early breakfast and as you transfer to Kisoro, you will visit the churchill view point, Kisoro Museum and later go to Lake Mutanda This beautifull fresh water lake is located in the mountainous landscape north of Kisoro near Bwindi Impenetrable Forest. The lake has 15 islands that are barely touched. The biggest island, named after the lake, is Mutanda Island. From the lake you can get views of the Virunga volcanoes and papyrus swamp. The clients will take part in canoeing and bird watching of Pintailed Whydah, Great Cormorant, Pied & Malachite Kingfishers, & sunbirds.

We shall also visit Mummifiecation Cave Island on Lake Mutanda which was the main burial place of the Bahinza. After lunch, visit Lake Chahafi and enjoy with breathtaking scenic views. Lake Chahafi is about just 20km from Mountain Muhavura, Mgahinga and Sabinyo and less than 20km from the Mgahinga Gorilla.

Spend a night at the lodge around the Lake and enjoy the camp fire.

Day 4. Transfer to Queen Elizabeth national park (290km)

After the early morning breakfast, at exactly 7am, we shall transfer

Oueen Elizabeth National park where we shall check into our preferred lodge around the northern side of the park, have lunch and later head out for an evening boat cruise on MV kazinga while watching wildlife and the sun setting in the horizons, the cruise lasts two hours and run three or four times a day. This gives the visitor the chance to cruise just meters from hundreds of enormous hippos and buffalos while elephants linger on the shoreline. An average of 60 bird species can be spotted during the trip. On this cruise we shall have some amazing photo moments, sight of the wildlife on the water

and an incredible sunset along the Kazinga channel. We shall enjoy the lodge's night life around the camp fire. Sing and dance the night away.

Day 5. Have a morning game drive on your way back to Kampala We shall have our last breakfast and packed lunch then head out for an early morning game drive and transfer back to Kampala.

NB, This itinerary is very flexible and depending on your core passions and interest, your travel consultant can customize it to meet your desired outcome.



# **5 DAY WILD LIFE SAFARI ITINERARY FOR THE SOUTH WESTERN UGANDA**

#### Introduction

The tourism industry in Uganda is mainly nature based and in the south western region of the country, you are bound to find some of the best national parks with a vest rage of wildlife species both birds and animals. On this trail, you will also have a chance to visit our amazing mountain gorillas which are only found in 3 countries around the world. We are going to notice great change in the landscape as we go further to the south west of the country.

Trip summary

**Day 1** Transfer to Lake Mburo National park with a stopover at the Equator

Day 2 Transfer to Queen Elizabeth National Park

**Day 3** Have a game drive, visit Kyambura gorge and transfer to Bwindi.

Day 4 Bwindi Impenatibile forest **Day 5** We transfer back to Kampala. Best time. Any time of the year but especially between November and March

Recommended Cloths. Warm jackets, sweaters, hiking shoes and gloves for Kabale- Kisoro region, light cloths the parks, shorts and long sleeves.

DAY 1. Transfer to Lake Mburo National park with a stopover at the Equator

From the starting point in Kampala you drive on Masaka road to the Equator point for the water bucket experiment, photography and bath room break. It's a good place for coffee, eats and curio shopping and toilet break. Then we shall go to Lake Mburo National Park which is a gem of a park. Though the park is just 370sq km in size, its landscapes are varied and even a short drive is alive with interest and color. You will pass gallery forests, open savannah and acacia woodland, rocky kopies, seasonal and permanent swamps, and open water as you search for the wealth of wildlife they support like Zebras, Impalas, waterbucks, bushbuck, and many others. We shall go for a game drive as we head to our lodge for lunch and later have a boat cruise on Lake Mburo or go for horseback riding around the park with the support of a paid UWA ranger for security. And later head back to our lodge for dinner and a camp fire.

**Day 2.** Transfer to Queen Elizabeth National Park

After the early breakfast, you transfer to Queen Elizabeth national park which boasts the highest biodiversity ratings of any game reserve in the world. This is evidenced by the presence of open savannah, rainforest, dense papyrus swamps and brooding crater lakes, and the vast Lake Edward. Queen Elizabeth national park has almost 100 mammal species and a remarkable 612 bird species hence making it a superb safari territory, with elephant, a profusion of hippos, the elusive giant forest hog and handsome Uganda Kob all regularly sighted around the tourist village on the Mweya Peninsula - which also boasts a marvelous waterfront setting in the shadow of the Rwenzori Mountains. We shall get to the park just in time for lunch and check into our preferred lodge where we shall have lunch rest a bit and at 1.30pm, we shall

set off for an exotic and exciting launch trip on the Kazinga Channel. The launch trip is one of the most exciting water activities in Uganda. The Kazinga channel is a narrow neck of water that connects Lakes George and Edward, with excellent photographic opportunities for waterside birds and abundant Hippopotamus, huge families of buffalos, and elephants. And you are likely to encounter some bird species as well. You will enjoy a beautiful sunset along the lake on your way back. Have dinner and a camp fire.

**Day 3.** Have a game drive, visit Kyambura gorge and transfer to Bwindi.

After having breakfast, we shall drive south of Queen Elizabeth National park and it can be a self-guided game drive only if you know the tracks in the park. Otherwise you can pay for a trained guide ranger from UWA at any entrance point. This game drive gives high chances of sighting Zebras, Impalas, water Bucks, BushBucks, the big four (Lions, Buffalos, Elephants, Leopards) and more kobs. Because Queen Elizabeth is gifted by nature,

we shall proceed to Kyambura and Kicwamba to view crater lakes you will also visit the twin lakes and lake Rutoto which is shaped in the map of Africa. Plan your lunch and visit Kyambura gorge for afternoon Chimpanzee tracking experience. While in this area look out for the great views of Mt. Rwenzori the mounts of the moon. After this we shall have to drive to Buhoma where we shall check into our lodge have dinner and prepare for the long day a head.

**Day 4.** Bwindi Impenatibile Forest After having breakfast with packed lunch and water in hand, we shall assemble at the park offices for the briefing prior to this historic event. Gorilla tracking is a very captivating activity; it might take 1-8 hours which involves walking in the wilderness in search of these gentle giants. Gorilla Tracking can be a challenging activity, therefore ensure physical fitness. Eight people are permitted per group per day. On occasions the Gorillas prove elusive but often can be found within an hour by the tracker guides. It is a wonderful experience

to stare in to the eyes of these gentle giants; watch them in awe as they play and go about their daily activities. Gorilla Tracking is indeed a "once in a lifetime" experience that you must never miss. Each encounter with the gorillas is different and has its own rewards, but you are likely to enjoy the close view of adults feeding, grooming and resting as the youngsters frolic and swing from vines in a delightfully playful display. We shall head to the ranger post for the start of our gorilla tracking. The tracking experiences has so far the most sought after tourism product we have in the country thus the need to embark on it

**Day 5.** We transfer back to Kampala After breakfast drive back to Kampala with some stop overs for lunch and crafts shopping the best memories.

NB, This itinerary is very flexible and depending on your core passions and interest, your travel consultant can customize it to meet your desired outcome.











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# LISTINGS







# RESTUARANT IN SOUTH WESTERN UGANDA

#### **MASAKA**

#### **AMBIANCE DISCO DECQUE**

It's a great happening place for those who would like to indulge into night life when in Masaka town. Located on BroadWay Rd, Masaka Uganda. Tel:+256 756 603761

#### GATORS CAFÉ (STOP OVER)

Located at Jalia City Buyaya, along Masaka Road Opens from Monday-Sunday:6am-10pm Email: info@gators.cafe +256(0)789695212 or +256(0)702009649

#### **CLUB TAVERN KICK**

Perfect for entertaining clients, incredible nights or just a spontaneous visit. Here you can enjoy wide range of drinks. Located along Mbarara Road Kyabakuza, Masaka district. Email: info@tavernkick.club Tel: +256701344444, +256755181674, +256788660494

- Ssaza Pork Joint
- Masaka Rugby ClubMasaka Sports Club

Web:tavernkick.club

Nyendo Total Highway

#### **MBARARA**

#### **BAGUMA RESTAURANT**

The restaurant offers variety of tasty local cuisines one can enjoy at an affordable price like Kalo, matooke, beef stew, eshaabwe, bushera among others.

#### **BUFFALO RESORT**

Perfect place for relaxing and hanging out when in Mbarara. Best known for its pork delicious dishes, muchomo, entertainment and drinks. Tel: +256392829250, +256777188418

#### ISHANYU FOOD CENTRE AND TAKE AWAY

Opposite Buffalo Resort; this place offers variety of local foods and roasts. Tel: 0.392178444

#### **JACK'S LOUNGE**

Located along Masaka-Mbarara Road +256758966903

### AGIP MOTEL'S RESTAURANT AND BAR

Mbarara Municipality, Plot 38-44 Mbarara- Masaka Rd. 0485421615/ 0772583664

#### **TRUDY'S DINER**

Mackansigh Street, Mbarara +256706761407

#### BEN'S ORGANIC RESTAURANT

Mbarara - Masaka Road +256782892871

#### **CAFÉ HAVANA**

Mbarara- Masaka Road +256779494447

#### MOONLIGHT RESTAURANT AND TAKEAWAY

Mbarara- Masaka Road

### SHAHEEN RESTAURANT MBARARA

Nakumatt Mbarara, Buremba Road +256752786888

#### CALABASH CAFÉ

Buremba Road, Mbarara +256782275585

#### VEGAS CLUB, GOLF SUPERMARKET & HOTEL

This is a great happening place with variety of drinks and great music for one who would like to have a great night life in Mbarara. Tel: +256702974729

#### **DESERT LOUNGE**

+256702967451

#### SIGNATURE PREMIUM

This is fantastic spot for one looking to have a great night life in Mbarara. It has fully stocked lounge, sports bar, restaurant and grills. Tel: +256778415015

#### **NTUNGAMO**

#### **KAMA INN**

+256701299839

#### KIHURURA RESTAURANT AND MOTEL

#### CHOSEN STANDARD RESTAURANT

KARIHUA MILK BAR AND RESTAURANt

#### **RUKUNGIRI**

#### **ROBATHY HOTEL**

Rukungiri - Kanungu, 0777 732572

#### SMART PUB AND PORK JOINT

0787 098600

#### PRAISE HOT POT HOTEL

+256771076870

#### **KABALE**

#### CAFÉ BEA

Located in Kabale district along Kabale- Kisoro road. It offers hot and cold beverages with variety of foods and snacks. It also has a bar section offering variety of alcoholic drinks. Tel: +256775775755/ cafebeakabale@gmail.com

#### CAFÉ' BARISTA

Kabale-Kisoro Road. +256795268622

#### STEAM CAFÉ AND **RESTAURANT**

Rukonjo Road Kabale (U) +256701163052

#### CAFÉ ROYAL

144 Plot Kabale +256705356143

#### **CHAMPS BAR AND RESTAURANT**

Kisoro- Kabale Road

#### **LITTLE RITZ**

Rugabo Road- Kabale +256701297002

#### **KYAMP'S RESTAURANT**

Kisoro Road, Kabale (U) +256786625638

#### **CEPHA'S INN**

Plot 7-9 Archer Road, Makanga Hill +256 783660537. +256777242932

#### RENDEZVOUS **VALLEY PUB**

+256782730174

#### **KISORO**

#### **COFFEE POT CAFÉ**

Kabale-Kisoro Rd. Kisoro

#### **SUPA'S BISTRO & GUESTHOUSE**

Kabale-Kisoro Rd. Kisoro +256784478605

#### **TERRACELAND** RESTAURANT

Kabale-Kisoro Rd. Kisoro

#### **CALIFORNIA INN**

Kabale- Kisoro Road

#### **EASY FOODS RESTAURANT**

+256788200400

#### **KANUNGU**

#### LA CAFÉ

Kihihi- Kanungu Road

#### **MEETING POINT BAR AND** RESTAURANT

Kihihi

#### THE TROPICS OASIS

0392578263

#### KIHIHI TRAVELLER'S INN

Kihihi

#### **BUSHENYI**

#### JAMUGI RESTAURANT

Mbarara Bushenyi Road +25677285766

#### CIELO RESTAURANT AND **ACCOMODATION**

Bushenvi +256787933096

#### **ELIAS' RESTAURANT**

Bushenyi

#### **ISHAKA**

#### LINAS FAST FOOD

Ishaka +256702461572

#### **SPICY RESTAURANT**

Ishaka

#### +256772656881

#### **RWENZORI HOTEL** AND LODGES

Ntungamo- Katunguru Road, Ishaka +256753675373

#### **IBANDA**

#### **CREAM RESTAURANT**

+256754714999

#### **PALM GARDENS**

#### **BIG ZONE BAR AND INN**

+256772388061

#### **CUSTOMER IS THE KING**

Ibanda +256752724455

#### **SHEEMA**

#### **SENEVIN GARDENS**

Kabwohe, Sheema Municipality

#### **SUN BEACH RESORT** HOTEL

Kabwohe, Sheema Municipality

#### **HOTEL RYAN & GREEN**

Kabwohe, Sheema Municipality

#### **KYALIMANYA RESORT** HOTEL

Kabwohe, Sheema Municipality

#### **EQUATOR HOTEL**

Kabwohe, Sheema Municipality

#### **NIGHTLIFE**

#### **LABZ Discotheque**

Kabwohe, Sheema Municipality

#### **CLINKA**

Kabwohe, Sheema Municipality

#### **MARKETS**

#### Kitojo monthly market

Masheruka Town Council

#### Kagango monthly market

Kagango Division

#### **Kigataga monthly market**

Kitagata Sub County

# HOTELS & HOSTELS

### **HOTELS IN MASAKA**

#### **HOTEL BROVAD**

(High end) (125 Rooms)





www.hotelbrovad.com Tel: 0772425666/0752425666. P.o Box 556 Plot 6 Circular Road, Masaka, Uganda administrator@hotelbrovad.com hotelbrovad@utlonline.co.ug

#### **Activities**

Swimming Conference facilities Health club

#### MAPLE LEAF HOTEL

(High end) (27 self-contained rooms, 9 executive rooms, 11 double/single rooms, 7 twin rooms)





Telephone Number: +256702493369, +256782335424, +256701027795 Email: jnakinga20@gmail.com www.viennagoldenhotel.org

# HOTELS IN LYANTONDE

#### Tel: +256 (0) 200 901190 Email: info@mapleleafhotel.co.ug www.mapleleafhotel.co.ug/

# COURTYARD HOTEL LYANTONDE

(High- end) 20 rooms

### VIENNA GOLDEN HOTEL

(Mid-Range) (100 rooms)









Located 2kms from Lyantonde Town along Mbarara- Masaka Road courtyardhotel.net/about-us/ Telephone Number: +256787520536 +25670 454 56 49 Email: info@countryardhotel.net, booking@courtyardhotel.net

#### **Activities**

Guided tour to Lake Mburo National Park Nature walks Conference facilities Swimming

### HOTELS ON THE WAY TO MBARARA

#### **MPOGO LODGE**

High end 14 en-suite rooms and camping grounds





Located along Masaka-Mbarara highway, 14km form Lyantonde town in Nyakahita trading center www.mpogosafarilodge.com, Email: info@mpogosafarilodge.com Tel: 0414253597, +256706725822

#### **Activities**

Guided tours in Lake Mburo National Park Bird watching Cultural experience Camping Boat cruise Cycling activities

#### IGONGO COUNTRY HOTEL

High end, 52 guest rooms





Located 12km from Mbarara along Masaka-Mbarara Highway Tel: +256(0)39-2-722828, +256(0)39-2-722829 Email: reservations@igongo.co.ug

Web: https://www.igongo.co.ug

#### **Activities**

Conference facilities
Health club
Guided tour in the museum
Craft shop and bookshop
Cultural village tour

# HOTELS IN MBARARA

#### HOTEL TRIANGLE MBARARA

(High end),160 guest rooms





Website: http://www. hoteltrianglembarara.co.ug/ Telephone Number: +256 393240502, +256752871888, +256706730793 Email: Info@hoteltrianglembarara. co.ug, reservations@ hoteltrianglembarara.co.ug

#### **Activities**

Conferences Swimming Spa and wellness

#### **AGIP MOTEL**

(Mid range)





Located near Mbarara town on Kampala- Masaka Highway, plot 34-46 Tel: +256-485421615, +256 77258366, +256 485420575 Email: reservations@ agipmotelmbarara.co.ug, agipmotel@utlonline.co.ug Web: www.agipmotelmbarara.co.ug P.o Box: 1191 Mbarara

# LAKE VIEW RESORT HOTEL

(High end) 70 rooms





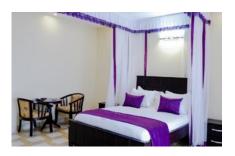
Located on plot 129 along Fort Portal –Kasese Road in Mbarara district. Tel: +256485422112, +256485421509, +256772071882

Email: lakeviewresorthotel@gmail.com www.lakeviewresorthotelmbarara.com

#### **RUBAX MOTEL**

(mid-ran ge) 20 guest rooms





Plot 94-96, Ntare Road, Mbarara Uganda Tel: 0775916004/0758547691 Email:rubaxmotel@gmail.com or info@rubaxmotel.com or bookings@rubaxmotel.com Website: www.rubaxmotel.com

#### **KOSIYA HOTEL**

(Mid-range)





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Kakungulu Lane, Mbarara P.O Box 8520 Kampala, Uganda Telephone Numbers: +256757704944, +2567767 04944

Web: www.kosiyahotel.com

Email: kosiyahotelserviceapartments@

gmail.com

# EMBURARA FARM LODGE

(High end lodge)





Located along Mbarara-Ibanda road, approximately one and a half kilometres from the Nyakyisharara airstrip.

Web: www.emburarafarmlodge.com Email: info@emburarafarmlodge.com Tel: +256-793-336644

#### Activities

Cultural experiences
Family stays
Conference facilities
Excursions to Lake Mburo National
Park, Queen Elizabeth National
Park, Kibale National Park

# ELEGANT MOTEL AND LOUNGE

(Budget) 16 rooms



Located in Ntungamo District, Tel:+256704023485/+256756170721

# HOTELS IN KABALE

#### WHITE HORSE INN

High end, 60 guest rooms





Located on Makanga hill, in Kabale town just off the main road. It is a 10 minute walk of Kabale Golf Club and Kabale Regional Referral Hospital. Web: www.whitehorseinnkabale.com, Telephone Numbers: +256705809994/+256779414342

Email: reservationwhi@gmail.com.

#### **ARCADIA LODGES**

(High end) 25 rooms and cottages





Tel: +256 785623366 Mobile: +256 772727955 arcadialodgesuganda@gmail.com

Website: https://www. arcadialodges.com/ Head office Crane Plaza. 1st Floor Room 19, Kisementi John Babiha (Acacia Avenue) Kampala Uganda

#### **Activities**

Sight seeing Quad biking Camping Nature walks Boat cruise

#### **BIRD NEST RESORT**

(high end) 15 rooms all with lake views. 7 cottages





Web: www.birdnestatbunyonyi.com. Email: reservations@ birdnestresort.com Telephone Numbers: +256758402585 +256776252560

## **Activities**

Canoeing boat cruise bird watching Batwa experience Traditional and gospel dances Gorilla tracking

# BUNYONYI RESORT OVERLAND

(Mid-range) 10 safari furnished tents, 12 cottages, 2 family cottages, 4 guest rooms





Website: https://www. bunyonyioverland.com/ Email:resort@bunyonyioverland.com Tel: +256 79393000

## **Activity**

Volleyball Badminton indoor games swimming canoeing boat-motor hire bird watching mountain biking Fishing community walks

## HAWK'S EYE LODGE BUNYONYI (High end)





Email: reservations@ hawkseyelodge.co.ug Web: https://hawkseyelodge.co.ug/ Telephone Number: +256771272933

## **Activities**

Nature adventures zip lining birding bike tours canoeing hiking island hopping community visits Fishing expeditions

## LAKE BUNYONYI ROCK RESORT

(Mid-range) 12 rooms (9 self-contained).





Tel:+256702421519/ +256782421519 info@lakebunyonyirockresort.net www.lakebunyonyirockresort.net Kampala Head Office P.O BOX 989, Ggaba Road Telephone Number: +256702421519, +256782421519

## **Activities**

Canoeing Sight seeing Bird watching
Nature walks
Boat cruise
Mountain Gorilla trekking
Chimpanzee trekking
Zip lining

## LAKE BUNYONYI ECO RESORT

(High end)





Kampala Head Office Located at UMA Show grounds (Bwetwajja Building) Tel: +256414372067, +256776280344 Island: +256392080344 Website: https://www. lakebunyonyiecoresort.com/

## Activities

Nature walks and game viewing Bird watching Community visits Canoeing Boat cruise Swimming

## ON YOUR WAY TO KISORO

## RUSHAGA GORILLA HAVEN'S LODGE

(Mid End) (16 Bedrooms)





P. O. Box 459 Kabale Uganda 10 Km from Nyanamo trading center Tel:-+256 788 871 046

Email:-

rushagagorillahavenslodges@gmail.com

Web:rushagagorillahaven.com/ Booking Office

Plot 14 Lugard Avenue, Entebbe Tel:-+ 256 701192152

Fmail:-

rushagagorillahavenslodges@gmail.com

## **Activities**

Gorilla tracking
Hiking
Sunset at bwindi
Bird watching
Batwa visits
Nature walks
The lodge has a great view of
Bwindi Impenetrable Forest

## **NSHONGI CAMP**

(Low End) (The camp has 4 traditional bands and camping site)





Tel: - 0774 231913 Email: nshongicamp@gmail.com Web:nshongicamp.altervista.org/

## **Activities**

Gorilla tracking, Bird watching, Guided Batwa visit,
Community walk,
Tea Plantation Tour,
Gorilla Dance,
Sighting of bush elephants and
monkeys come close to the camp.
(Nshongi Camp is the perfect
location to start your Gorilla
tracking, infact it's the only place
in Uganda and in the world
where you can track FIVE different
Gorilla Groups, Nshongi, Mishaya,
Kahungye, Busingye, Bweza.

## BRIDGES COUNTRY

**RESORT**(Mid-range) 15 rooms Located along Mbarara-Masaka Rd Tel: 0706704442 bridgesIncorporatedlimited@gmail.com

## Services

Accommodation Health club Camping Cycling Hiking

## GORILLA SAFARI LODGE

High End) (18 Bedroomed Lodge)





Telephone Number:-0772 470260 Email: - reservations@ gorillasafarilodge.com Website:-https://www. gorillasafarilodge.com/

## **Activities**

visit to the Batwa pygmies, mountain biking, guided community walks
And forest walks to the Bayenda Falls.
Gorilla Safari Lodge sits comfortably at the edge of the Bwindi Impenetrable Forest
National Park, and is a 5 minute walk from the briefing point for gorilla trekking.

## ICHUMBI GORILLA LODGE

(High End) (10 Cottages)





10 Minutes' Walk to Rushaga Gate, Bwindi Impenetrable Forest National Park, Tel:-+256-788118233 +256-772500805, +256-772349040 Email:-reservations@ ichumbigorillalodge.com Website:-http:// ichumbigorillalodge.com/

## **Activities**

Rushaga forest walk
Community walk
Nature walk
Birding
Gorilla Tracking in Bwindi
In just 10 minutes' walk to Rushaga
gate of Bwindi Impenetrable
Forest, Ichumbi has a spectacular
view of the park right from your
room!

## **KARUNGI CAMP**

(Low End) (5 Cottages Rooms and Camp Site)





Muko-Ruguburi Road Ruguburi Town Kisoro District, Uganda Telephone Number:-+256 (772) 682 718, +256 (779) 806 583 Email:-Bookings@Karungicamp.com Web:Karungicamp.Com

## **Activities**

Hiking Meeting the artisans Safari Karungi Proiects Community walks Visit Lake Bunyonyi And Lake Mutanda Visit Mt. Nyirangongo, Congo Karungi Projects Karungi Camp's aim is to make as many small impacts in the community as possible. They intend to start with a few little projects, and have one or two of the neighbor's getting on board and join in. Hoping the effects will slowly ripple outward. The long term goal is to be a 'demonstration' lodge where locals can learn new techniques or see first-hand, that it is possible to

have delicious chicken meat from the local chicken variety or grow tomatoes without having to spray them

## WAGTAIL ECO SAFARI CAMP

(Low End) Camp Site





Wagtail Eco Safari Camp Rubuguri Town, Bwindi Southern Sector Telephone Number :-( 041) 4590408, 039 2969222, 0755208775 Email:-info@wagtailecocamp.com Web:-www.wagtailecocamp.com

## **Activities**

Hiking
Nature walks
Gorilla trekking
Bird watching
Visiting the Batwa people

## **KISORO**

## **KISORO HOMELY**

(Low End)

## GOLDEN MONKEY GUEST HOUSE

(Low End) (8 Rooms)
Bunagana Road P.O Box 280
Kisoro, Uganda
Tel:-+256 701 257647
Email:-info@
goldenmonkeyguesthouse.com
Web:www.
goldenmonkeyguesthouse.com

# VIRUNGA HOTEL AND CAMPSITE

(Mid End) (18 Rooms) Mutanda Road, Kisoro Uganda Telephone Number:-0486 430109

# SAFARI HOME STAY FOUNDATION

(Low End) (5 Rooms)
Telephone Number:-0772 695837
Email:-safarihomestayfoundation@
gmail.com
Web:-http://www.

safarihomestayfoundation.com

## **MUTANDA ECO COMMUNITY CENTRE**

(Mid End) (10 Rooms)





Kisoro-Bunangana Road, Opposite Kisoro Municipal Offices, Kisoro, Uganda Address: P.O. Box 280, Kisoro, Uganda Telephone Number: - +256782306973 Email: info@mcdou.org Website:-https://www.mcdou.org

## **Activities**

Boat Cruise, Conening Road Map to Lodges Punishment Island Mummification Cave

## **Mondi Longi Hotel**

(Mid-Range) (5 Cabins) Accommodation Bar and coffee shop





Address: Building 2, Kisoro -Bunagana Rd, Kisoro Telephone Number: - 0706 348584

## **KISORO TOURIST HOTEL 2008**

(Mid-Range) (16 Rooms) Address: Kabale-Kisoro Rd, Kisoro Tel: - 0775 577742, Email:-skybluehotels@gmail.com Website:-www.aboutuganda.com/ kisorohotel.html

## **CLUB HILLS KISORO**

Kisoro Town Mutanda Road after Umeme Office Kampala, Uganda Tel: - +256 0784 118050

## **ACCOMMODATION ON THE OUTSKIRTS OF KISORO**

## **MUTOLERE LODGE**

(Mid-Range) (10 Rooms)





## **MUCHA LODGES**

Kisoro, Western Uganda Telephone Number:-+256 (0) 776 556 674, +256 (0) 705 845 010 Email:-info@muchalodges.com Website:-www.muchalodges.com

## **IKOLO HOTEL**

(High End) (26 rooms)





Plot 82, Kabuga, Kisoro Telephone

Number:-+256393240395 Mobile: +256784456001 Email: res@ikorohotel.com Web: www.ikorohotel.com

## **LAKE CHAHAFI RESORT**

(Mid-Range) (8 Cabin)





Lake Chahafi, Cyahafi, Kisoro, Uganda P. o. Box 283, Kisoro, Kisoro Uganda Tel: - +256 782 754496

Email: info@lakechahafiresort.com

## **Activities**

Gorilla Tracking
Golden monkey Tracking
Hiking Virunga Mountains
The Batwa Trail
Bird watching
Canoeing on Lake Chahafi
Sport Fishing
Guided Nature Trails
Swamp walk
The culture Trail



# BROADBILL FOREST CAMP

(Low End) (4 En Suite Tents)





Ruhija, Eastern Edge of Bwindi Impenetrable Forest, Kabale Uganda Tel:-+256 754 134875 www.broadbillforestcamp.com

## **Activities**

Gorilla Tracking
Nature Walking Safaris
Cultural Community Tours
Bird Watching Tours
Story Telling From Local Elders
Bicycle Tours
Volunteering
Volunteer at Charity Omushana,
Sunshine for children www.
omushana.org

## **GORILLA MIST CAMP**

(Mid-Range) (12 Rooms)





Office/ reservations; +256701563577 Call: +256758563577 +256772563577 Email: info@gorillamistcamp.com Web: www.gorillamistcamp.com

Kampala Office Acactus Hotel Makindye, Luwafu Rd Tel:+256758563577 | +256772563577 Email: info@gorillamistcamp.com web:www.gorillamistcamp.com

## **Activities**

Bird watching Forest walk and Nature walk Village Walk

# TREKKER'S TAVERN COTTAGES

(Low End) (8 Rooms)



Reservation Details Telephone Number:-+256 (0) 772 455 423, +256 771 438 131 Email:trekkerscottagesbwindi@ gmail.com Webs: www.trekkerstavern.com

## **Activities**

Gorilla tracking Bird watching

## RUHIJA GORILLA LODGE BWINDI

(Mid-Range) (24 Rooms)





For Bookings: Email:info@asyanuttours-safaris.com Tel:-+256 393 503 065/0712 187 411

## **Activities**

Gorilla trekking Nature walks Community walks Biking Traditional dance from locals

## **BAKIGA LODGE**

(Mid-Range) (10 Rooms)





Ruhija Trading Centre, Ruhija Bwindi Impenetrable Forest Telephone Number:-: Emmy: +256 (0)774518421 Emmy: +256 (0)700113920 George: +256 (0)701179789 Email:-info@bakigalodge.org Website:-http://bakigalodge.org

## **Activities**

Gorilla Trekking – permits are required from UWA to track Gorillas

The three Gorilla groups in Ruhija are the Bitukura, Oruzongo and Kyaguriro gorilla groups Bird Viewing Tours Guided hikes in the Forest Guided walk to the famous

Mubwindi Swamp in Bwindi Forest Forest walks

Relax and take in the breathtaking views at the lodge

Perfomances of dance and song by local children

Community based activities: Dancing, crafts, singing.

Visiting the trading centre and local schools and orphanages

Bakiga Lodge is an ideal venue for retreats and conferences

The lodge managers show visitors some of the water development work its carried out in Ruhija

## GORILLA FRIENDS RESORT AND CAMP SITE

(Low End) (4 Furnished Safari Tents And 3 Twin Rooms)





Tel: - 0754323546 Email:-bitarihorobert@gmail.com

## **Activities**

Hiking and trekking Birdwatching Village walks Cultural performances Craft and curio markets Wildlife viewing

## CUCKOO LAND TENTED LODGE

(Mid-Range) (4 Tents)





Telephone: +256-(0)757-399046 Website:-https://www. bwindicuckooland.com/

## **Activities**

Gorilla trekking Nature walks Cultural visits with the locals Buhoma

## RIDE 4 A WOMAN, BWINDI WOMEN'S COMMUNITY CENTRE

(Mid-Range) (8-Enuite Rooms)





Ride 4 a Woman P.O. Box 156, Kanungu, Uganda Telephone: +256-785-999-112 or +256-772607317 Email: ride4awoman@gmail.com Web:www.ride4awoman.org

## **Activities**

Cook traditional Ugandan dishes Learn to pedal sew Feel the rhythm of tribal dancing Weave with the women

## ANIMALIA GORILLA LODGE AND RESTAURANT

(Low End) (12 Tented Rooms)



Animalia Gorilla Lodge, Buhoma, Bwindi,Opposite Bwindi Community Hospital Kanungu, Uganda Tel:-+256 782 121414 Email:animaliagorilla@gmail.com Web:animalialodge.com/the-hotel/

## **Activities**

Bird watching Nature walks

## **ENGAGI LODGE**

(High End) (8 Rooms)





Entebbe booking office: Kimbla-Mantana, Entebbe, Uganda Email: info@kimblamantanauganda.com Tel:- +256-41-4-320152 / +256-77-2-401391 P.O. Box 11060 Kampala, Uganda Web:www.engagilodge.com

## **Activities**

Gorilla trekking Bird watching Batwa experience Tree climbing lions in Ishasha

# SANCTUARY GORILLA FOREST CAMP

(High End) (8 Rooms)





Reservation
Email:-reservations.kenya@
sanctuaryretreats.com
Telephone Number:-+254 20
2487374
Kampala Address
Plot 46 A Victoria Loop, 108
Lubowa P. O. Box 7799 Kampala
Uganda
Website:-http://www.
sanctuaryretreats.com

## **Activities**

Gorilla Tracking
Batwa Tribe Experience
Birding Walks
Forest Walk
Queen Elizabeth National Park
Drives
Community Walk

## **SLIVER BACK LODGE**

(High End) (12 rooms)





Kampala Booking Office Marasa Central Reservations

Plot 96-98, 5TH Street Industrial Area P.O. Box 22827 Kampala, Uganda Tel:-+256 312 260260, +256 312 260261, +256 414 255 992 Lodge Tel: - +256 78 9463757

## **Activities**

Gorilla Tracking Batwa Tribe Experience Birding Walks Forest Walk Community Walk

# BWINDI LODGE VOLCANOES

(High End) (9 Bandas, 1 Deluxe)





Ugandan Lodges Sales Office Mobile +256 772 741 720 Tel: - +256 (0) 414 346 464 Email:-enquiries@volcanoessafaris.com Web:-https://volcanoessafaris.com

## **Activities**

Gorilla tracking Bwindi bar Tea processing Birding Bwindi community hospital

## **BWINDI VIEW LODGE**

(Low End) (8 Guest Houses)





Tel:-+256 773 131 335 (WhatsApp) +256 772 530 520 / +256 752 229 224 Email: bwindiviewlodge@gmail.com Web:-https://bwindiviewlodge.com/

## **Activities**

Nature trail from the site down to the river and along the Bwindi Impenetrable forest Walk through native trees and plants in woodland walk and emerge next to one of Uganda's major crops – tea A short walk through the tea plants takes you to the river and forest Sit near the waterfall. And be at one with nature – you may even see the famous Mountain Gorillas on the slope on the opposite bank. Further along the river you can sometimes see animals come to graze. And walk right up to the edge of the forest.

## BUHOMA COMMUNITY REST CAMP (Low End)

6 well-furnished and self-contained (en suite) safari tents, 3 selfcontained cottages, and 2 non-selfcontained twin cottage bandas. 6-bed dormitory as well as several camp sites





Buhoma Community Rest Camp: Tel:-+256 (0)772-384965; Email:-buhomacommunity@yahoo.com Web:www.buhomacommunity.com

## Activities

Mountain Gorilla Tracking
Buhoma Community Village Walk
Batwa Tradition
Bwindi Community Hospital Tour
Gorilla Research Clinic Tour
Nature Walks in Bwindi
Impenetrable National Park
Birdwatching
Massage Therapy

## **BUHOMA LODGE**

(High End) (10 Ecofriendly Wooden Chalets)





Reservations office Email: reservations@ ugandaexclusivecamps.com Tel: - +256 772 721 155 Office: +27 (0) 11 702 2035 Office cell: + +27 (0) 72 927 7529

## **Activities**

Community Interactions Bwindi Community Hospital. Batwa cultural experience Bwindi village walk Ride 4 a woman Forest walk

# Ruhondeza Lodge and Camp (Mid-Range)





Ruhondeza Silverback Lodge Tel: - +256 782 769546 / 256 773 465938 / 256 758 695643 Email: ruhondezasilverbackcampsite@ yahoo.com Web:-https://ruhondezalodge.com

## Activities

Cooking Experience Gorilla Trekking Community Walk Nature Walk

Birding Rushura Hill Hike Motorbike safaris

## The Crested Crane Bwindi Hotel

(Mid-Range) (10 Rooms)





Kampala Office
The Leisuretec Hotel
Plot 24, Nabugabo Road Kampala
P.O BOX 348 Kampala - Uganda
Tel:-+256 392 176874 (KAMPALA)
E-mail:- reservations@
thecrestedcranebwindi.com,
thecrestedcranebwindihotel@
gmail.com
Website:-http://www.
thecrestedcranebwindi.com/

## Activities

Gorilla Trekking in the Bwindi Impenetrable Forest. Bird Watching - The Grey Crowned Crested Cranes. Safaris to the Queen Elizabeth National Park Community Interactions Mountain Hiking Camp Fires

ACCOMMODATION IN KANUNGU, KIHIHI AND QUEEN ELIZABETH NATIONAL PARK

## Kanungu

## Kanungu Resort Hotel

(mid-range) (12 Rooms) Located 200m away from Kanungu district Headquarters alongside Rugyeyo road

Tel: - 0781 489300

Email: - kanunguresort@gamil.com

## Savannah Resort Hotel

(high end) (32 Grass Thatched Bandas, 10 Standard Rooms and 2 Deluxe Suites)





Kampala Office:
Telephone:-+256 414 252 253,
+256 753 486 207/8
4th Floor, Nakawa House, Nakawa,
Kampala
Tel: +256 751 382 916,
+256 777 076 086
P. O. BOX 30, Kihiihi, Kanungu,
Uganda
Email: - reservations@
savannahresorthotel.com
Website: - https://
savannahresorthotel.com/ res

## **Activities**

Gorilla tracking in Bwindi Impenetrable Forest National Park, Safari drives to discover the vast array of animals in Queen Elizabeth National Park, Bird Watching and the ideal ambience for rest and recreation The Hotel also boasts an 18 hole golf course for both the avid and casual golfer.
Swimming
Nature walks

# The Farmers Lounge (Mid-Range) (11 rooms)





Telephone Number:-+256 (0) 701492568, +256 (0)779 547939

## **Activities**

Farmers Lounge operates a farm called Bwanga Farm that has the following animals and birds' fish, ducks, chicken, pigs, goats and zero grazing cattle. Visitors can take a tour of the farm where they learn different maintenance

activities and participate in the daily up keep of the animals.
Conferences facilities

## Kigezi Forest Cottages

(Mid-Range) (11 Cottages)





Reservations
Kigezi Forest Cottages
Bukoto Kisasi Road Plot 1918
Kampala, Uganda E.A
info@kigeziforestcottages.com
Call: +256 (0) 200 902 394
Head Office Kampala
+256775600068
Website:-https://www.
kigeziforestcottages.com/

## **Activities**

Swimming
Fishing
Nengo Experience
Queen Elizabath Game Drive
Conference facilities

## Kihihi Kihihi West Land Inn

(Low-End) (20 Rooms) Kihihi, Uganda Telephone Number:-+ 256 (0) 392-905978 + 256 (0) 776-905978. +256 (0) 774935306

## **Star Hotel Kihihi**

(Low End) (11 Rooms) Telephone Number: - 0754253719

## Goro Cottages (Mid-Range) (21 Cottages)





Tel: +256 200 900808 Email:-bookings@gorocottages.com Web:www.gorocottages.com/

## **Activities**

Gorilla trekking in Bwindi Impenetrable Forest National Park Mountain climbing of the Rwenzori, which is about 45Km away from the cottages

Visiting Queen Elizabeth to see the tree climbing Lions
Other sites worth visiting include

Other sites worth visiting include Lake Katwe, Lake Albert and Lake George. As well as the Copper mines in Kilembe.

## Queen Elizabeth National Park Accommodation in Ishasha

## Ishasha Topi Lodge (Mid -Range) (3 Rooms)





Topi Lodge is located at the edge of the Ishasha sector of Queen Elizabeth NP (in the direction of Kihihi). A 3,5 km drive from the Southern gate.

The lodge is part of the chain Woodland Lodges managed by Mamaland Safaris:

Tel /WhatsApp: - +256 702 747 758 Email:info@woodlandlodgesug.com Kampala Booking office:-Mamaland Safaris Kansanga Kiwafu road (off Gaba rd)

P.O. Box 28645 Kampala Web:-www.toplodgeishasha.com

## **Activities**

Game-drives in Ishasha through our safari company Mamaland Safaris Gorilla trekking, hiking Rwenzori Mountains, Chimps trekking, Community walks, Crater lakes experience

## Ishasha Wilderness Camp

(High End) (10 Canvas Tented Rooms)

**90** April 2021 April 2021 April 2021





The lodge is operated by Wild Frontiers Uganda Kampala Office bookings-Safari Bookings
E: reservations@wildfrontiers.com Tel: - +27 (11) 702 2035 or +27 (0) 72 927 7529
Website: - www.wildfrontiers.com Camp Bookings
Email:-exclusivecamps@wildfrontiers-uganda.com Telephone Number:-+256 772 721 155 +256 414 321 479

## **Activities**

Hot air balloon rides
Explore the camp on foot in search
of the Narina Trogon and Black
Bee eaters, two of the camp's rarer
bird species.

Savour Ishasha's vast vistas and the atmosphere of this beautiful

area of the park with a bush breakfast or late afternoon sundowner besides the Ntungwe River or along the ridge Guided walks along the Ishasha River for close-up viewing of hippos can be arranged with National Park staff The lodge supports the Ishasha Community Uplift Project which was voted Best Community Tourism Initiative 2015 for developing Deo's Homestead Tour and Agartha's 'Taste of Uganda' Tour, a short drive from the camp. Meet the people of Ishasha and see how the farming community lives beside the National Park

## **Enjojo Lodge**

(Mid-Range) (8 Cottages, 8 Tents, 3 Bamboo Huts, Camp Site)





Telephone: - +256 (0) 758 880 521 Email:-info@enjojolodge.com

## **Activities:**

Game drives
Bush breakfast in the park
Bush camping in the park
Morning/evening visit to
Rwenshama Fishing Village
Birding at Enjojo Lodge
Fishing
Nature walk
Community walk and bicycle tours
Open-roof safari land cruiser
(nicknamed "da monsta")

## Ishasha Jungle Lodge (Mid-Range) (9 Rooms)





Kampala Booking Office Uganda Jungle Lodge Ltd Robert Mugabe Plot 2B

Kinawataka – Mbuya, Kampala Telephone:-+256 (0) 414 232754, +256 (0) 787 220 107 Email:info@ugandajunglelodges.com Web:ugandajunglelodges.com

## **Activities**

Ishasha Wildlife Game Drive River Ntungwe & Kameme village walk

## Ishasha Tree Climbing Lions View Lodge

(Mid-Range) (41 Rooms)





Plot 1 Kameme - Road Katokye -Kameme Road, Kihihi, Uganda Tel: +256 (0)772 661854 Email:-info@treeclimbinglionslodge Web:www.treeclimbinglionslodge.com

April 2021 April 2021 April 2021

### **Activities**

Live music/performance Happy hour Bike tours Additional charge Walking tours Additional charge Pub crawls Evening entertainment Bikes available (free) Hiking Additional charge Games room

## **Main Queen Elizabeth National Park**

## **Mwenya Safari Lodge** (High End) (52 Rooms)





P. O. box 99, Kasese, Uganda Lodge Landline: +256 392 796773 Lodge Mobile: +256 752 798882 Reservations: +256 312 260260. Email: reservations@marasa.net Kampala Reservations Office

## **Marasa Central** Reservations

Plot 96-98, 5th Street Industrial Area P.O. Box 22827 Kampala, Uganda

## Activities

Birding Safari Drive Water Safari Chimpanzee Trekking Katwe Explosion Crater Culture Talk Tree-Climbing Lions Gorilla Trekking Bush Breakfast Pelican Point

## **Outside The Park Accommodation Volcano Lodge** kyambura Gorge (8Bandas) (High end)





Mohile +256 772 741 720 Telephone Number:-: +256 (0) 414 346 464

email:-enquiries@volcanoessafaris.

Web:-https://volcanoessafaris.com

## Activities

Chimpanzee tracking at Kyambura Gorge Lodge and Kalinzu Forest. Game drives in Oueen Elizabeth National Park Tree climbing lions.

Kazinga Channel Boat Cruise. Hike the Ruwenzori Mountains. Visit the Kyambura Coffee Processing and Café.

## **Kyambura Gorge Eco-Tourism Project**

The Kyambura Gorge Eco-tourism Project. The lodge operates the Kyambura Gorge Eco-tourism Project and in 2009 started new activities to safeguard the Kyambura Gorge ecosystem. The Volcanoes Safaris and Volcanoes Safaris Partnership Trust is the single largest stakeholders in the Gorge

ecosystem after the Ugandan Wildlife Authority. Without the intervention of VS and VSPT, the survival of the gorge and chimps would be under severe threat. Through activities and the strategic assembling of four adjoining sites next to the Gorge over the last ten years, the VSPT helps to link Kyambura Gorge Lodge to the local community and promotes sustainable eco-tourism and conservation in one of the most important areas for avian, primate and wildlife biodiversity in Africa. Initiatives include not only those listed below but also a series of smaller projects with the local schools, teaching them of the benefits of tourism and the natural value of the wildlife diversity in the area.

## The Activities Include

Kyambura Gorge Buffer Chimpanzee Naming Ceremony Kyambura Women's Coffee Cooperative Kyambura Dance Group Kyambura Community Café Kyambura Community Playground Rusty Roof Exchange Bee-Keeping Training and Fences Tree Nursery and Reforestation Proiect

Kyambura Wetland Restoration

## Simba Safari Camp

(low end) (70 beds including family cottages, twin rooms and dormitories).

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Kampala Booking Office Uganda Lodges Mutungo Hill, Plot 1001 block 243, Biina Road P.O. Box 33024 Kampala, Uganda Tel: +256 (0) 393-267153

Mob: +256 (0) 701-426368 Mob: +256 (0) 776-411316 Email: info@ugandalodges.com

/ cro@ugandalodges.com Web:-https://ugandalodges.com

## **Activities**

Game drives in the Kasenyi Plains Wildlife viewing at Mweya Peninsula Boat safari on the Kazinga Channel Exploration of the Crater Lakes Chimp tracking in Kyambura Wildlife Reserve Forest Walks in Maramagambo Forest Finding tree climbing lions in Ishasha Cross the Equator

## **Voyager Equator** Lodge

(low end) (7 Rooms and Camp Site)





1.2 km on Kikorongo (Equator) Road, Mpondwe Tel:-0772 430256 https://www.facebook.com/ VoyagerEquatorLodge/?ref=page\_ internal

## **Activities**

Game drives in the Kasenyi Plains Wildlife viewing at Mweya Peninsula Boat safari on the Kazinga Channel Exploration of the Crater Lakes Chimp tracking in Kyambura Wildlife Reserve

Forest Walks in Maramagambo Forest Finding tree climbing lions in Ishasha Cross the Equator

## **Elephant Plains**

(10 rooms) (High end)





Kampala Booking Office Uganda Lodges Mutungo Hill, Plot 1001 block 243, Biina Road P.O. Box 33024 Kampala, Uganda

Tel:-: +256 (0) 393-267153 Mob: +256 (0) 701-426368 Mob: +256 (0) 776-411316 Email: info@ugandalodges. com / cro@ugandalodges.com Web:-https://ugandalodges.com

## **Activities**

Game drives in the Kasenyi Plains Wildlife viewing at Mweya Peninsula Boat safari on the Kazinga Channel Exploration of the Crater Lakes Chimp tracking in Kyambura Wildlife Reserve

Forest Walks in Maramagambo Forest

Finding tree climbing lions in Ishasha

Cross the Equator

## **Hostel Wild Tracks Over lander Camp**

(Low End) (3 Cabins, Campsite)





Mpondwe Road, Oueen Elizabeth National Park Uganda Teddy: +256 (0) 701317476 David: +256 (0) 772619804 Email:info@wildtracksafaris.com

Website:-http://www.

wildtracksafaris.com/contact-us/

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## **Activities**

Boat trips on Kazinga Channel Chimpanzee-tracking in the Kyambura gorge Nature walks in the dark Maramagambo forest Cave Birding Game drives through the national park Cultural Heritage and Village Tours

# **Elephant Home** and Camp Site

(Low End) (3 Rooms and camp site)





Mobile: +256-706-581-477 Address: Mbarara Road Kikorongo, Kasese Uganda P.O BOX 320 Kasese - Uganda

Website:-https://www. theelephanthome.com/booking-i/

## **Activities:**

Bodaboda safari Kikorongo village walk Traditional dance Crafts making workshop Village hill trek Cotton growing tour

## Marafii Safari Lodge

(12 Cabins, Tents, 4 Dormitories) (Mid End)





Matt - +256 (0) 775 941 189 Tino - +256 (0) 784 056 831 Bookings Email:-Bookings@marafikisafaris.com

Tour Enquiries Email:-Info@marafikisafaris.com Web: www.marafikisafaris.com/ activities.html

## **Activities**

Land Safari
Boat Safari
Kyambura Gorge
Crater Lake Exploration
Cross the Equator
Cultural Village Walks
Tree Climbing Lions of Ishasha

## Ihamba Lakeside Safari Lodge

(10 Rooms) (mid-end)





Kampala Booking Office Amadinda House, First Floor Rm 18 Parliament Avenue, App. Farmers House Email: info@ihambasafarilodge.com Tel: +256 393 513 675 / +256 705 555 056 Web:www.ihambasafarilodge.com

## **Activities**

Activities in Queen Elizabeth National Park Activities in Rwenzori Mountain National Park

## Kikorongo Safari Lodge

(20 Cottages) (High-End)





Kampala Booking Office Dewinton Road, Theatre House Plot 5 F7 P.O.Box 2599 Kampala, Uganda Telephone:-0789 390 350 | 0708 222 222 | 0775 692 334 Email:-bookings@ kikorongosafarilodge.com

Website:-https:// kikorongosafarilodge.com

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## **Activities**

Bush Experience Splendor Morning Sunrise Game Drive Boat Ride Kazinga Channel Breakfast in the Park 3 Nights Wonder in the Wild Picnic Thembo Falls Hike & Swim Breakfast in the park Breakfast in the Park Ishasha Tree Climbing Lions

## Katunguru Buffalo Lodge (17 Rooms) (High End)





Kampala Reservations Office Plot 475 Tal Cottage Road, Off Kabusu Road, Kampala Email: - bookings@ savannahlodges.com Telephone:-+256 772 378565 Web:www.buffalolodge.ug

## Activities

Game Drives Boat Cruise On The Magical Kazinga Channel Chimpanzee Trekking Community Walks Family Fun

Nature Lodges the Bush Lodge (Mid-End) (10 Non-Self-Contained Tents. Two

(10 Non-Self-Contained Tents. Two Self Contained Tents, 12 Selfcontained Bandas)





Tel:+256312294894 / 770532881 Email:-booking@naturelodges.biz Web: naturelodgesuganda.com/

## **Activities**

Game Drives Launch Trip Birding Chimpanzee Trekking in Kyambura Gorge Salt Crater Lakes Wildlife Research Tours

**Engiri Game Lodge** and Camp

(mid-end) (7 cottages, tents and campsite)





Queen Elizabeth NP., Fort Portal – Mpondwe Rd, Rubirizi, Uganda. Telephone:-: (+256) 774 728867/ (+256) 775 757894, (+256) 751 096756, (+256) 773 974996, (+256) 751 543057

Email: - info@engirigamelodge.com Web:www.engirigamelodge.com/

## **Activities**

Bird Watching Campfire and goat roasting Chimpanzee tracking in Kyambura Gorge Crater lakes and underground cave visits
Sundowner boat cruise on Kazinga
Channel

# Albertine Valley Lodge (5 rooms)





Queen Elizabeth National Park, Kichwamba Uganda Tel: 039 4812915

Email:-:albertinevalleylodge@gmail.com Email:-Info@albertinevalleylodge.com Web:albertinevalleylodge.com

## **Activities**

Bird Watching
Campfire and goat roasting
Chimpanzee tracking in Kyambura
Gorge
Crater lakes and underground cave
visits
Sundowner boat cruise on Kazinga
Channel

100 April 2021 April 2021 April 2021

## **BANKS**

#### **ABC Capital Bank Limited**

Pilkington Road
P.O.Box 21091 Kampala
+256 200 516600/
+256 414 345200
Swift: ABCFUGKA
abc@abccapitalbank.co.ug

### Barclays Bank of Uganda Limited

Plot 2 & 4 Hannington Road Barclays Uganda Call Centre Toll Free 0800222333 Toll Free 0800200200 Tel: +256 (0) 312 218348 Swift: BARCUGKX Email: barclays.uganda@ barclays.com

### **Bank of Baroda**

Plot 18, Kampala Road P.o Box 7197 Kampala (U +256 414 236 192/ +256 414 233 680/1 +256 414 236 192 Swift: BARBUGKA Email: kampala@ bankofbaroda.com

### **Bank of Africa Uganda Ltd.**

Plot 45, Jinja Road P.O.Box 2750 Kampala Tel:+256 414 302 001 Swift: AFRIUGKA feedback@boauganda.com www.boauganda.com

### Bank of India (Uganda) Ltd.

+256 313 400 437 / +256 414 341 880 Email: BOI.Uganda@ bankofindia.co.in

### **Cairo International Bank**

Plot 30 Kampala Road P.o Box 7052 Kampala (U) +256 414 230 141/ +256 230 136 Swift: CAIEUGKA Email: cibug@infocom.co.t Web: www. cairointernationalbank.co.t

## Commercial Bank of Africa (Uganda) Ltd

Twed Towers, Plot 10 Kafu Road, Nakasero - Kampala P.O. Box 74827 Kampala (1 +256 312 188400 Swift: CBAFUGKA Email: Samuel.odeke@ cbagroup.com www.cbagroup.com

## Centenary Rural Development Bank Ltd

Head Office, Mapeera Hous Plot 44-46 Kampala Road +256 414 346 856/ 256 251 276/7 +256 414 251 273 Swift: CERBUGKA info@centenarybank.co.ug www.centenarybank.co.ug

## Citibank Uganda Ltd

P.o Box 7505 Kampala +256 312 305 500/ +256 414 305 500 +256 414 340 624 Swift: CITIUGKA Web: www.citigroup.com

#### **DFCU Bank**

Plot 26 Kyadondo Road Tel: 0414 351000 Swift: DFCUUGKA Email: Customercare@ dfcugroup.com

### Diamond Trust Bank Uganda Limited

Plot 1//19, DTB Centre, Kampala Road P.O Box 7155, Kampala 256 314 387100/ 256 314 387200 +256 414 342286 Swift: DTKEUGKA Email: info@dtbuganda.cc

## **Ecobank Uganda Limited**

Plot 4 parliament Avenue P.O Box 7368 Kampala +256 312 266 078/ +256 312 354 100 +256 417700 100/ +256 312 266 079 Swift: ECOCUGKA ecobankug@ecobank.com

## **Equity Bank Uganda Ltd**

Piot 390, Pioteesa i Road, Katwe P.O. Box 10184 Kampala (U) +256 772 290 000/ +256 772 291 000

+256 772 292 000/ +256 758 563 244

+256 758 563 244 Swift: FOBI UGKA

Email: info@equitybank.co.ug Web:www.equitybank.co.ug / www.ug.equitybankgroup.com

### Exim Bank (Uganda) Ltd.

Plot 6, Hannington Rd.
Po. Box 36206, Kla
256-312 302400/
+256-312 202162
Swift: EXTNUGKA
infoug@eximbank-ug.com
www.eximbank-ug.com

## **Finance Trust Bank Ltd**

Plot 121 & 115,Block 6, Katw P.O.Box 6972, Kampala +256/1/13/1275 / +256414255146 Swift: FTBLUGKA Email: customercare@ financetrust.co.ug Web: www.financetrust.co.

## Guaranty Trust Bank (Uganda) Limited

P.O Box 7323, Kampala ( +256 417 718500/ +256 414 233833 N/A Swifts GTBIUGKA bankingug@gtbank.com Web: www.atbank.co.ug

### **Housing Finance Bank Ltd**

Wampewo Avenue, Kololo +256 414 259 651/2 +256 414 341 429 Swift: HFINUGKA info@housingfinance.co.ug

## **KCB Bank Uganda Limited**

P.O. Box 7399 Kampala +256 417 118 200/ +256414345751 N/A Swift: KCBLUGKA Email:ContactCentreUG@ug. kcbbankgroup.com

## **NC Bank Uganda Limited**

Plot 4/6, Nakasero Road Box 28707 Kampala +256 312 388100/ +256 312 388155 +256 417 337000 Swift: NINCUGKA Email: info@nc-bank.com

## **Orient Bank Ltd**

Kampala +256 417 719 101/+256 414 348039 Swift: ORINUGKA Email: mail@rient-bank.com

### Stanbic Bank Uganda Ltd

Crested Towers, Short Tower 17 Hannington Road Po Box 7131 Kampala Uganda +256 417 154 600/ +256 312 224 600 +256 414 231 116/

## Standard Chartered Bank Uganda Ltd

Plot 5 Speke Road Branch P.O. Box 711, Kampala +256 200 524 100/ +256 313 294 100 +256 414 342 875/ +256 414 231 473 Swift: SCBLUGKA Email: Ug.Service@sc.com

## Tropical Bank Ltd

Plot 27 Kampala Road P.o Box 9485 Kampala +256 414 313 100 +256 312 264 913 Swift: TROAUGKA Email: admin@trobank.com Website: www.trobank.com

## United Bank for Africa Uganda Ltd

Plot 2 Jinja Road. P.O Box 7396 Kampala (U) +256 417 715 100 Swift: UNAFUGKA cfcuganda@ubagroup.com www.ubagroup.com



## **FOREX BUREAU OUTLETS**

#### ACCESS

P.O.Box 27632 Kampala, Shop No.12 Krish Mall, Old Portbell Road, Bugolobi, 0414-223508 accessforex.bugolobi@ gmail.com

#### **ACCESS**

P.O.Box 27632 Kampala, Plot No.1744 Muyenga Road, Kabalagala, Kampala 0414 266377 accessforex.kabalagala@ gmail.com

#### **AMAL**

P.O.Box 10363 Kampala, Plot No.1 Central Lane, Arua 0753-819042 amalarua@gmail.com

## ACE

P.O. Box 21921, Kampala, Entebbe International Airport - Arrival Lounge, Entebbe 0782-841378 acefxb@gmail.com

### **ALREADY**

Plot No. 4 Rashid Khamis Road, Already Hotel Building, Kampala 0772-429001 alreadyfxb@yahoo.com

## ALPHA CAPITAL PARTNERS

P.O. Box 33996, Kampala, Plot No.12 Kampala Road, Cham Towers, Shop No. 17, Kampala, 0392-612648 forexalpha@alphacap.co.ug

#### **AMIN**

P.O Box 74538 Kampala, Plot 25, William Street, Arua Park Mall, Shop No. B/3, Kampala. 0778-000000 aminfxb@gmail.com

### **AMRON**

P.O. Box 1255, Mbarara, Nakumatt Building, Plot 4, Buremba - Kakoba Road, Mbarara. 0775-729890 amronforexbureau@gmail. com

#### **ARACH**

P.O. Box 34983, Kampala, Plot 5B Wilson Road 0775-657686 arachforex@yahoo.com

### **ARUA FXB**

P.O.Box 7166 Arua, Plot No.7 Adumi Rd, Bazaar Ward, Arua 0784-624717 aruaforex@yahoo.com

#### **ASANTE**

P.O. Box 70643, Kampala, Plot No.18, Nabugabo Road, Mariam Nabusi Arcade, Shop No. 4, Kampala 0774-763432 asantefxb@gmail.com

## **ASHANTI**

P.O. Box 31364, Plot 5B Wilson Road 0772-246065 ashantiforex@gmail.com

### **ASSURED**

P.O. Box 3147, Kampala, Plot No. 8 Johnson Street, Titanic Plaza, Shop No. TC-07, 0774-235919 assuredforexbureau@yahoo.com

### **ATELERE**

P.O. Box 11512, Kampala, Plot 18 Nakivubo Road - Kikubo Lane, Nambusi Mariam Arcade, Kampala. 0772-507978 atelerefxbureau@gmail.com

#### **AUSSIE**

P.O. Box 37227, Kampala. Plot 1432 Jinja Road, Amani House, Ground Floor, Shop No. G1, Kireka Trading Centre. 0758009864 aussieforexbureau@gmail.

### В. М.

P.O. Box 7258 Kampala , Plot No. 8/10 Kampala Road, Uganda House, Kampala 0414-259359 bmforex@utlonline.com

### BAKAAL

P.O.Box 10161 Kampala, Plot 82 Ben Kiwanuka Street, Tropical Complex, Kampala. 0772-097027 bakaal\_kampala@hotmail. com

### BAKAAL

P.O.Box 10161 Kampala, Plot 11 Malinga Road, Mengo Kisenyi, Kampala. 0772-097027 bakaalkisenyi@gmail.com

### BANXELL

P.O. Box 12549, Kampala, Plot 29 Nakivubo Road, Katonga Business Centre, Shop No. BCD 10, Kampala. 0779 951 192.

## BATA

P.O. Box 36727, Kampala, Plot 5A, Avenue Road, Arua. 0772-702760 batafxb@gmail.com

#### BEST

P.O. Box 22701 Kampala , Plot No. 25A&B William Street, Trade Link Building, Level 2, 0712-729729 manager@bestforex-uganda.

#### BEST

P.O Box 22701 Kampala, Shop No. D/G-03, Plot No. 40/41, Mukwano Arcade 0712-729729 manager@bestforexuganda.com

### **BEST RATES**

P.O.Box 31448, Kampala , Capital Shoppers Shopping Centre, Shop 1 Ntinda Road, Kampala. 0705-734431 bestrates11@yahoo.com

#### **BESTBUY**

P.O. Box 609 Kampala Plot 43/47 Nabugabo Road, Premier Arcade, Kampala. 0772-649396 bestbuyforexbureau@yahoo.

## BRHIN

P.O. Box 471, Kampala, Plot 5 Dewinton Road, Theatre House, Ground Floor, Shop No. 3, Kampala 0788990830 brhin.nmt@yahoo.com

#### **BIASHARA**

P.O.Box 3011 Kampala , Plot 01, johnstone street, Kampala. Shop No. 08/09 Kalungi Commercial Plaza 0414-251521 biasharaforex@yahoo.co.uk

### BICCO

P.O. Box 3307, Kampala, Plot 1 Colville Street/Portal Avenue, Kampala 0414-252428 biccofxb@ymail.com

#### **BICCO**

P.O. Box 3307, Kampala, Plot 67, Main Street, Ediruma Building, Jinja. 0414-252428 biccofxb@ymail.com

### **BICCO**

P.O. Box 3307, Kampala,Plot 13, Buganda Road, Mukwano Courts, Shop No. G-02, Kampala. 0414-252428 biccofxb@ymail.com

### **BIGBILLS**

P.O Box 7714 Kampala, Plot 48, Shop No. 12/13, Kalungi Commercial Plaza, 0782-131826 bigbills.forex@yahoo.com

#### **BIGBILLS**

P.O Box 7714 Kampala, Plot 53 Kampala Road, Damanico Plaza 0782-131826 bigbills.forex@yahoo.com

## **BIO'S**

P.O. Box 22783, Kampala, Plot No.2863 Tank Hill Road, Tank Hill 0773-864045 info@biosforex.com Parade Building, Room No. 12, Kampala,

### **BLUE PRINT**

P.O. Box 73385, Kampala., Plot No. 35 Luwum Street 0772-121961 blueprintfxb@gmail.com

#### RONY

P.O. Box 36932, Kampala, Plot No. 82 Ben Kiwanuka Street 0701-754816 bonyfb2014@gmail.com

#### BRAVE

P.O. Box 75666, Kampala, Plot 359 Bombo Road, Collage Inn Building, 0772333370 bravefxbureau@gmail.com

## BUDDU

P.O.Box 23442 Kampalak, Plot No. 22A, Shop No.L3-662/3, Gaza land Plaza, William Street, Kampala 0414-340397 buddufxb@iwayafrica.com

## **CAPITAL**

P.O. Box 20000, Kampala, Plot No.56 Muyenga Road, Shop No. 2, Kabalagala, Kampala, 0772-483073 capitalforexbureau@gmail. com

### CAPITAL

P.O. Box 20000, Kampala, Plot No.67, Mubuto Road, Makindye 0772-483073 capitalforexbureau@gmail.

#### CAPITAL

P.O. Box 20000, Kampala, Plot No.74, Hoima Road, Nankulabye. 0772-483073 capitalforexbureau@gmail. com

### **CAPITAL**

P.O Box 20000 Kampala, Plot No. 46, Ggaba Road, Kampala 0772-483073 capitalforexbureau@gmail. com

#### **CASH CONNECT**

P.O. Box 21345, Kampala, Plot No.26/27 Nabugabo Road, Shop No. A01, Abamwe House, Kampala. 0772-865257 cashconnectfx@gmail.com

## **CASH CONNECT**

P.O. Box 21345, Kampala, Plot No. 28 Luwum Street, Eagle Plaza, Shop No. UG- 09. Kampala. 0772-865257 cashconnectfx@gmail.com

### **CASH FLOW**

P.O Box 70187 Kampala. Plot No. 9. Mulima Mavuni Arcade 0702-455715 cashflowforexbureau@yahoo.

#### **CASH MART**

P.O.Box 2878 Kampala., Plot No.17 Hannington Road, Kampala (Crested Towers) 0702-362389 cashmartforex@gmail.com

### **CITY FXB**

P.O. Box 3841 Kampala. Plot No.22 Luwum Street. Kampala 0772-719284 cityforexbureau@gmail.com

### **CITY FXB**

P.O Box 3841 Kampala, Plot No. 4 Jinia Road, Mukono 0772-719284 cityforexbureau@gmail.com

### **CITY FXB**

P.O. Box 3841 Kampala, Plot No.4010, Freedom City Mall, Suite No. A7. Namasuba. Kampala. 0772-719284 cityfxbfreedomcity@gmail

### CIVIC

P.O. Box 31472, Kampala, Plot No. 14 Wilson Road. Twese Plaza, Shop No. G7. Kampala. civicforex@gmail.com

#### CLYDE

P.O. Box 1582 Jinja, Plot No. 18 Clive Road, Jinja 0701-458289 clydeforexbureaultd@yahoo.com

#### **COMDEL**

P.O. Box 31081, Kampala, Plot No.6 Entebbe Road. Kamu Kamu Plaza. Kampala 0752-641540 comdelforex@yahoo.com

#### **CROWN**

P.O.Box 12047, Kampala, Plot No.1 Entebbe Road. Kampala. 0772-690639 crownfxb@hotmail.com

## **DAHABSHIIL**

P.O.Box 7689 Kampala, Plot No. 52 Kampala Road, King Fahd Plaza 0414-340556 dahabkampala@gmail.com

### **DAHABSHIIL**

P.O.Box 7689 Kampala. Plot No. 74A Bombo Road 0414-340556 dahabkampala@gmail.com

## **DAHABSHIIL**

P.O.Box 7689 Kampala, Block 12, Plot 22 Kibuga, Kisenvi. Kampala 0414-340556 dahabkampala@gmail.com

### DAHABSHIIL

P.O. Box 36889, Kampala. Plot No. 29 Naboa Road. Industrial Division, Mbale 0414-340556 dahabkampala@gmail.com

## **DAHABSHIIL**

P.O.Box 7689 Kampala, Plot No. 3 Transport Road. Arua Town 0414-340556 dahabkampala@gmail.com

#### DAVINETTE

P.O. Box 34918, Kampala, Plot No.6A Nile Avenue, Shop 4 Grand Imperial

Hotel Shopping Mall. 0752-410290 davinnetteforexbureau@ gmail.com

### **DEMO**

P.O. Box 331 Fort Portal, Plot No.9/10, Babiiha Road, Fort Portal, Kabarole, 0773-983070 demobureau@gmail.com

## **DESERT EXCHANGE**

P.O Box 5109 Kampala, Plot No.50/52 William Street. Smile Building Shop SHM2. 0414-252635 infodesertexchangeltd.com

### **DESTINY**

P.O. Box 21922, Kampala, Plot 35 Ntinda Road, Ntinda Complex, Block C. Shop No. F1-06. Kampala. 0772-543934 destinyforex1@gmail.com

### **DIVINE CASH**

P.O.Box 29817. Kampala. Plot No. 48 Kampala Road, Kalungi Commercial Plaza 0772-887361 cash.divine@yahoo.com

## **DOLLAR HOUSE**

P.O. Box 23404 Kampala . Shop No. 29, Plot No.52 Kampala Rd, King Fahd Plaza 0414-252918

### **DOLLAR HOUSE**

P.O. Box 23404 Kampala , Shop No. 18, Plot No.52 Kampala Rd. King Fahd Plaza 0414-252918 dollarhouseforex@vahoo.com

#### **DOLLAR HOUSE**

P.O. Box 23404 Kampala Shop No. 4. Plot 52 Kampala

Road, King Fahd Plaza 0414-252918 dollarhouseforex@yahoo.

### **DOLLAR HOUSE**

P.O. Box 23404 Kampala . Shop No. 14. Plot 52 Kampala Road, King Fahd Plaza 0414-252918 dollarhouseforex@vahoo.

### **DOT COM**

P.O. Box 27355, Kampala, Plot No. 52 Kampala Road. King Fahd Plaza. Ground Floor, Shop No. 13, Kampala. 0772-635637 dotcomforexbureau@gmail.

### DUAL

P.O.Box 12387, Kampala, Plot No.22 William Street, Shop No. L 03-16 & 0414-232926 dualforex@yahoo.com 17 Kampala.

#### DUAL

Plot No. 6/6A Nile Avenue, Grand Imperial Hotel Building, Ground Level, Kampala. 0414-232926 dualforex@yahoo.com

### **ECONOMIC EXCHANGE**

Plot No. 13B Kampala Road. Amadinda House. Ground Floor, Kampala, 0772-412476 economicexchangeug@ hotmail.com

#### **EASY CHANGE**

P.O. Box 3112 Kampala, Plot No. 15 Jinia Road, Mukono. Superior Shopping Centre. 0772-996161 easychangefxb@gmail.com

### **EASY TRADE**

P.O. Box 432, Tororo, Plot No. 17 Malaba-Kwapa

Road. Phoenix Investments Building, Malaba, 0772-405586

### ELBA

P.O. Box 8087, Kampala. Plot No.10 Johnstone Street. Level 05. Shop No.07. Transnile Building, Kampala, 0712-051645 elbafxb203@yahoo.com

#### **ELBA**

P.O. Box 8087, Kampala. Plot No.10 Johnstone Street. Level 02, Shop No.L15/16, Building, Kampala. 0712-051645 elbafxb203@yahoo.com

### **ELDOUMA**

P.O. Box 25934. Kampala. Plot 52 Kampala Road. King Fahd Plaza, Shop 27. Kampala 0789-068585 eldoumaforex@yahoo.com

### **ENTEBBE FXB**

P.O.Box 239 Entebbe. Plot No.1B Kitoro Road. Entebbe. 0774-185841 entebbeforex@gmail.com

#### **ENTERBE FXB**

P.O.Box 239 Entebbe. Plot No. 30 Airport Road. Entebbe. 0774-185841 entebbeforex@amail.com

P.O. Box 74802. Kampala. Plot No. 23/31. Rashid Khamis Road. Mukwano Mall. Shop No. U/G-84. Kampala 0782-106123

### **EXPRESS EXCHANGE** PARK

P.O. Box 8141. Kampala. Plot

273. Block 6339. Buziga Road, Twins Apartment. Buziga Katuso, Kampala, 0772-649513

FAIR PRICE P.O. Box 3011, Kampala, Plot 153 Kisenvi Road, Kampala. 0702-610288 fairpriceforexbureau@ vahoo.com

### **FIN FINEE**

P.O.Box 6106. Kampala. Plot No. 33 Kvagwe road. Shamba Complex, Kampala, 0772-429335 finfinee@amail.com

#### **FLOODGATES**

P.O. Box 33677 Kampala. Plot 479 Ndeeba, Masaka Road, Kampala 0773-368511 floodgatesfb@yahoo.com

### **FOREX BUREAU 2000 LTD**

P.O.Box 9823. Kampala. Plot No. 2 Mackay Road. Kampala 0414-340622 fxbureau2000@gmail.com

#### FREE WHEELS

P.O. Box 12851, Kampala, Plot No. 3. Ben Kiwanuka Street, Zaina Textile Centre. Kampala. 0712-801053 ogugertrude@gmail.com

## FRIENDS

P.O. Box 71989. Kampala. Plot 47 balvev@msn.com Kampala Road, Mabirizi Complex Kampala.

## **GAI EXCHANGE**

P.O. Box 7396 Kampala, Plot No.52 Kampala Road, King Fahd Plaza, Kampala 0778-040365 gaiexchange@gmail.com

#### **GALAXY**

P.O. Box 33111, Kampala, Plot No.52 Kampala Road, King Fahd Plaza, Shop No.1, Kampala 0414-237123 galaxyforexbureau@gmail.

#### **GLORY**

P.O. Box 70738 Kampala, Plot 12, Johnson Street Superior Complex, Kampala 0772-441330 gloryfxb@gmail.com

GOLDENBAG P.O. Box 21165 Kampala, Plot No. 10, Wilson Street, Room CB 11 Jesco Plaza, Kampala 0712-979394 goldenbagforex@gmail.com

#### **GOOD NEWS**

P.O. Box 30171, Kampala, Plot No. 23A Luwum Street, DTL Plaza, Shop No. DT-132, Kampala. 0772-513357 goodnewsforexbureau@ yahoo.com

#### **GUILD FRANK**

P.O. Box 2546, Kampala, Quality Shopping mall, Plot 1620/1622 Lubowa Estate, Entebbe Road Kampala 0775-367651 guildfrankforex@gmail.com

## **GUILD FRANK**

P.O Box 2546 Kampala, Plot 1900 Nsambya Road, Capstone Building, Kabalagala, Kampala. 0775-367651 guildfrankforex@gmail.com

### **GUILD FRANK**

P.O Box 2546 Kampala, Quality Shopping Village, Plot 9922 Kitende, Entebbe Road Kampala 0775-367651 quildfrankforex@amail.com

#### HADY

P.O. Box 16007, Kampala, Plot No. 15 Nakivubo Road, Unifarm Plaza, Kampala 0772-435082 hady261@gmail.com

## **HEAVEN GATES**

P.O. Box 16007, Kampala, Shop No. B01/B02, Crane Plaza, Plot No. 19 Cooper Road, Kisementi, Kampala. 0704-166342 sheilakabajwisa@gmail.com

#### **HARE KRISHNA**

P.O.Box 34114,Kampala, Plot 15 Nabugabo Road, Kampala. 0414-340583 harekrishnafxb@gmail.com

#### HARVAN

P.O. Box 34542, Kampala, Plot No. 14 Wilson Road, Shop No. G.08, Twese Plaza 0312-110923 harvanforexb@yahoo.com

## **HEART**

P.O. Box 9931, Kampala, Plot 21 Nakivubo Road, Fami Plaza, Shop No. BFO7, Kampala. 0772-971753 heart.forexbureaultd.com

### **HIGH SAVINGS**

P.O. Box 762, Kampala, Plot 54 Kampala Road, Damanico Building, Shop No. G6, Kampala 0776-180387 highsavingsfxb@yahoo.com

## HJS

P.O.Box 22213, Kampala, Plot No.7 Burton Street, Mutaasa Kafeero Plaza, Shop No. L3-21. 0414-507086 hjsforex@yahoo.com

### **HOTEL AFRICANA**

P.O.Box 10218 Kampala, Plot No.16/18, William Street, Kalungi Plaza, Shop No.6, Kampala 0414-254115 hafbwilliam@gmail.com

## **HOTEL AFRICANA**

P.O.Box 10218 Kampala, Plot No. 2-4, Wampewo Avenue, Kampala 0414-348080 hotelafricanamainfxb@gmail. com

## **HOTSPOT**

P.O. Box 22492, Kampala, Plot 8 Johnson Street, Titanic Plaza, Kampala 0757-920539 hotspotforex@gmail.com

### **HYDERY**

P.O. Box 3707 Kampala , Plot 32, William Street, Kampala 0414-233984 hydery@hyderyforex.com

### IDAA

P.O.Box 31612 Kampala, Plot No. 30, Awich Rd., Gulu. 0704-344200 idaaforex@gmail.com

#### **IFTIN**

P.O.Box 1063 Kampala., Plot No. 06, Wilson Road, Prime Complex, Kampala. 0782-633891 iftinforex@yahoo.com

### **INDUSTRIAL GRAPHICS**

P.O Box 207 Entebbe, Plot No. 69, Spring Road, Bugolobi, Kampala 0772-930598 iglfxbureau@gmail.com

#### INTERLINK

P.O Box 1272 Jinja, Plot No. 8 Nizam Road, Jinja 0772-674312 interlinkforexbureau@gmail.

# REGISTERED AND INSPECTED FACILITIES IN WESTERN UGANDA

## **RAKIKI GUEST HOUSE**

Kisoro Bunagama

## GORILLA VALLEY LODGE

Kisoro Southern sector/ Bwindi Rushaga

## GORRILLA SAFARI LODGE LODGE

Kisoro Rushaga village, RubuguriT.C

## MUHUBURA MOTEL MOTEL

Kisoro Siaza groups

## **RAFIKI GUEST HOUSE**

Kisoro municipality

## NKURINGO BWINDI GOLLIRA LODGE

Kisoro Nkuringo trading centre

## **BAM REST HOUSE**

Kisoro hill

## **PARADISE HOTEL**

Kisoro municipality

## ICHUMBI GORILLA LODGE

Kisoro kihinndo 0788118233/ 0772500805

## CHAMELEON HILL LODGE

Kisoro kihinndo 0781514700

## NKURINGO GUEST HOUSE

Kisoro Ntungamo,Nyabwishenya

## GORILLA BACK PACKERS

Kisoro Nombe Rubuguri town council 0772661854

## SKY GORILLA CAMP

Kisoro Nyabwishenga 0774387118

## RUSHAGA GORILLA LODGE

Bwindi Kisoro kihinndo 0793930006/0774633331

## NHSONGI FOREST

Safari or tented Klsoro, 0774231913

## RUHORWALI PARADISH BAR AND LODGE

Rukiga Muhanga town council

## PRECIOSS CATERING SERVICE

Town Hotel, Rukiga Mparo

## **BUSIIGYE BAR & LODGE**

Rukiga Kamwezi

## VISION PALOR GUEST HOUSE

Rukiga

## APO - HOTEL

Rukiga Muhanga town council

## RIVERLINE GUEST HOUSE

Rukiga

## **DIVINE HOTEL**

Rukiga

## **SUMMIT SAFARI LODGE**

Rukiga, Muhanga town

## **BIVER GUEST HOUSE**

Rukiga Muhanga town

## **FIRST BAR AND LODGES**

Rukiga Muhanga town council

### **VISION BAR AND LODGE**

Rukiga Kamwezi

## **EB GUEST HOUSE**

Isingiro town council, 0775579494

## **AKEZA MOTEL AND**

**LODGE** Isingiro town council, 0774008545

## ZIRIO PUB AND GUEST HOUSE

Isingiro town council, 0779703174

## KATAMBA PUB AND GUEST HOUSE

Isingiro town council, 0779798592

### **JB MOTEL**

Isingiro town council, 0703210536

## WILLS GUEST HOUSE

Isingiro town council

## **VINE GUEST HOUSE**

Isingiro Lower high street

## MODERN GUEST HOUSE

Isingiro Bukanga, 0757641813

## **AK SUITES**

Isingiro Upper high street

## **GOOD LIFE PUB**

Isingiro town council

## **ABELINN**

Isingiro town council

## ETA MABONA GUEST HOUSE

Isingiro town council 0789292794/0757581214

### **HIS GRACE SUITS**

Isingiro town council 0755161396

## TOGETHER BAR AND GUEST HOUSE

Isingiro town council

## **BMK11 GUEST HOUSE**

Lower high street

## **BNK 111 GUEST HOUSE**

Isingiro Mbarara road

## **ANOTHER WAY PUB**

ISingiro Bukanga

## **SECRET GUEST HOUSE**

Isingiro Market street

## **TEXAS GUEST HOUSE**

Isingiro Burezi road

## **BMK1 GUEST HOUSE**

Isingiro Burezi street

## **NGARAMA PASSWORD**

Isingiro Upper high street

## MOUNTIAN GUEST HOUSE

Isingiro Rugaga road

## PAKALAST BAR AND GUEST HOUSE

Isingiro Lower high street

## COUNTRY BAR AND GUEST HOUSE Isingiro

upper high street

## CAMP JACKSON GUEST HOUSE

Isingiro Upper high street

## JB MOTEL MOTEL

Isingiro town council 0776362030

## KIRUHURA ROYAL GUEST HOUSE

Kiruhura Rushere

## AMAZON SUITS RUSHERE

Kiruhura Rushere

## MODERN PUB AND LODGE

Kiruhura Rushere

# RUSHEREHOSPITAL COMMUNITY GUEST HOUSE

Kiruhura Rusheretown council 0772866516

## BRAVO SPORTS BAR LODGE

Kiruhura Rushere

## **STEP INN LODGES**

Kiruhura Rushere

## BUNINGWIRE GUEST HOUSE

North Ankole diocese Kiruhura Rushere

## **OCCANS LOUNGE**

Kiruhura Rushere

## JOMAKA GUEST HOUSE BAR AND RESTAURANT

Kiruhura Rushere

## SUNDAY RESTING IN BAR AND LODGE

Kiruhura Rushere

## MUGISHA BAR AND LODGE

Kiruhura Rushere

## MUTALIKOYA GUEST HOUSE

Bundibugyo town Mumpaliza road

## BUTWAKA GUEST HOUSE

Bundibugyo town Mumpaliza road

## **MODERN LODGE**

Bundibugyo Mumpaliza road

## KAMBERE ERISAS' SAFARI LODGE

Bundibugyo fortportal road portal

## **TRAVELLER LODGE**

Bundibugyo town - fortal high way 0777304875

## **BLUE SKY MOTEL**

Bundibugyo fortportal rd. 0783427683

## **FOREST LODGE**

Bundibugyo Kbale cell

## **PAPA YOKA HOTEL**

Bundibugyo Kisenyi -Mukirania road

## SWEET MOTHER EXECTIVE WIREH

Bundibugyo town Mumpaliza road

## **TARID GUEST HOUSE**

Rubanda Murole, 0782682778

## **MUKO GUEST HOUSE**

Rubanda Muko market area 0773815472

## **MUHIMBA'S HOUSE**

Rubanda Karukara ward Hamurwa town council, 0780781414

## RWAKANUMA'S GUEST HOUSE

Rubanda Karukara ward Hamurwa town council

## GEGERIIS GUEST HOUSE

Rubanda Karukara ward Hamurwa town council, 0772352634

## **HERITAGE LODGE**Muko market area

Rubanda

## VOLCANO HOTEL RUBANDA

Rubanda Murole trading center 0784820850

## **KAMAINN**

Ntungamo Ntungamo municipality

## JERUSALEN TREES COTTAGES

Ntungamo Kiiziko road 0752585298/0702225527

## **LEED LODGES**

Ntungamo Mbarara -Kabale road. 07704712150 /0782193586

## NEETING POINT GUEST HOUSE

Ntungamo, 072963390

## **CHOSEN RESTAURANT**

Ntungamo, 0772341583

## **SPARKLE GUEST HOUSE**

Ntungamo, 0751343820/0702510459

## **EDSON GARDENS**

Ntungamo, 0772534238

## **ATHENS BARS**

Ntungamo, 0751588136/078598216

## **GILGAL GUEST SUITS**

Ntungamo, 0772908044/0702369171

### **NILE BAR**

Ntungamo, 0705056477

## **SMART LODGE**

Ntungamo

## **BLAGO GUEST HOUSE**

Ntungamo

## TRENDIES HOTEL

Ntungamo Kategaya rd. 0772658215

## MATCH AND MIX BAR & LODGE

Ntungamo Cell 9 Kyamaruuli road 0772341583

## HOME TO HOME TOURIST HOTEL

Mbara - Kabale road 0703000825

## **AMBIACE PUB**

Ntungamo Mbarara -Kabale road 0772358709

## PARK VIEW BAR AND LODGES

Ntungamo Mbarara -Kabale road 0758970756

## MEETING POINT GUEST HOUSE 11

Ntungamo Kyamate -Kanuma - road 0776927813

## ELEGANT MOTEL AND LOUNGE

Ntungamo, 0787723999/772055790

## KIRUHURA RESTAURANT

0772889719

## **DEMBE LODGES**

Ntungamo Central ward, central division, 0772607867 / 701828306

## **ARIHO HOTEL**

Ntungamo Central ward, central division, 0785915137/772517278

## QUID PROQUO SCURRY INN

Ntungamo Kabahambi cell

central division 782314075/703521335

## **SLEEP AS A KING**

Ntungamo Central ward, central division, 0700635053

### SINGLE LINE

Ntungamo Ntungamo municipality Council 782961796

## ANKOLE RESORT AND SPOT

## NTUNGAMO RESORT HOTEL

Ntungamo Kategaya road

## **TREK SAVANAH HOTEL** 0772840387

## **PEOPLE'S LODGE**

Ntungamo Central ward, central division 0784694251/759507920

## **LUCKY GUEST HOUSE**

Old Mbara - Kbale road, 0772982701

## M.D ANNEX GUEST HOUSE

Ntungamo Kaguta road, 0772341679

## **BEN HILL GUEST HOUSE**

Ntungamo Opposite radio Ankole

## LONDON IMAGE BAR AND LODGE

Ntungamo Next matooke market 0772317814

## **VALLEY INN HOTEL**

Ntungamo Kakole road, 0703945288

## MOON LIGHT GUEST HOUE

Old Mbara - Kbale road, 0701828306

## M.K BAR AND LODGE

Ntungamo Radio Ankole rd. 772683254

## PERTENT BAR AND LODGES

Ntungamo Kategaya rd. 0773542758

## **CITY LODGE**

Ntungamo Kaguta road. 0772868156

## **EMBASSY TOUR HOTEL**

Ntungamo Kategaya rd. 0785583968

## **BELSMO HOTEL**

Ntungamo New Mbarara -Kabale road 0772487559

## **SAL GUEST HOUSE**

Ntungamo New Mbarara, 0755766700

## GOOD TIME BAR AND LODGE

Ntungamo Kategaya road 0788077432

## **ACIF HOTEL**

Kasese Kilembe road

## KASANZI BAR AND LODGE

Kasese Railway kikonzo, 0775387162

## AK COMPLEX HOTEL

Kasese Kilembe road

## TRIPPLE P BAR AND LODGE

Kasese Mbogoyabo

road - Kisanga 0772585827/702585827

## **HALF LONDON**

Kasese Off bishop Masereka road 0775710700

### **MAJARSUN LODGE**

Kasese Mukiramia street, 0702522569

## RWENZORI IMPERIAL HOTEL

Kasese Dr. Henry bwambale road 0781293443/ 783464369

## **JELIZA HOTEL KASESE**

Kasese Rwenzori road, 0777442811

## ROADSIDE VIEW BAR AND LODGE

Kasese Opposite delta 0754361193

## TRAPPICAL SAFARI INN

Kasese road - Kisanga, 0781181113

## **TEBAKA LODGE**

Magarita street, 0776674625

## TREVELLERS INN

0776812981/754329909

## PARK LINE BAR AND LODGE

Kasese Mukirania street 0782324930/ 706737336

## SAMARAN BAR AND LODGE

Kasese Mbogoya -Kisanga, 0772986259

## **KILEMBE LODGE**

Kasese Magarita street, 0772893374

## NEN- PARK VIEW BAR AND LODGE

Kasese Mukirania street 0788189933/780228019

## MUNYONYO GUEST HOUSE

Kasese Saad road, 0786738969

## COMFART LODGE AND HOTEL

Kasese Mukiramia street

## **MBARA SAFARI LODGE**

Kasese Mbara - Kabale road 0703301650

## **COLLIN HOTEL**

Busongola Magarita street 0772768155

## NELO HOPE GUEST HOUSE

Kasese Dr. Henry bwambale road 0774400106

## TRANS AFRICA GARDENS

Kasese Mbogoya - Kisanga 0779364548/ 785196411

## EMIRATE HOTEL KASESE

Kasese Mukirania street

0755314380

## **NEXUS LODGE**

Kasese Mukirania street 780373268

## **COUNTRY SIDE RESORT**

**KASESE** Kasese Kitoro - Nyakasanga 11 0782540065/ 774458376

## **GARDEN CITY**

Kasese

Dr. Henry bwambale road 0773822304

## **KASANZI VIEW**

Kasese Kisanga-Mbogoyabo road 0783423080

### WHITE HOUSE HOTEL

Kasese Dr. Henry bwambale road 048344706/ 752536263

## **MAJOR SUN LODGE**

Kasese Mukirania street 0702522569

## **ROCK GARDEN**

Kasese Saad road 0758363333/ 772634864

## PARK SIDE PUB AND LODGE

Kasese Mukirania street 0772355348

## **HAWAI BAR AND LODGE**

Kasese Mbara road -Kiteso 0772338730/ 700211051

## SIZZLERS BAR AND LODGE

Kasese Kogere road -Kilembe 0754705201

## MBARA SAFARI LODGE

Kasese Annex stan

## PANASONIC BAR AND LODGE

Kasese road - Kisanga 0782585091/703684091

## NEW LIFE BAR AND LODGE

Kasese Kizungu -Nyakasanga 0705558850 /789675764

## RWENZORI INTERNATIONAL HOTEL

782282008

## PLUS TWO BAR AND LODGE

Kasese Stanley town centre - central divison

## MARIYAN BAR AND LODGE

Kasese Stanley town centre - central divison

## CITZEN BAR AND LODGE

## SK REST GARDEN

Kasese, 0700160868

## KIRUHUKA BAR AND LODGE

Kasese Stanley town centre - central divison

## SKYLINE BAR AND LODGE

Kasese Kisagazi - Kasese f/p road 0752516280

## MT. RWENZORI GUEST HOUSE

Kasese Alexander street

## **VIRINA GARDEN**

Kasese Town centre-Rwenzori road

## FRIENDS PARIC WAY

Kasese Town centre-Rwenzori road

## **SNOW VIEW HOTEL LTD**

Kamwe kamwe bar and garden Lodge (L)

## FRIENDS CORNER BAR AND LODGE

Kasese

## TJ GLOBAL HOTEL KASESE

Kasese Magarita street 0392175965

## ATACOO HOLIDAY IN/ PENTAL HOUSE

Stanley town centre central divison 0701498094

## LEISURE PUB BAR AND LODGE

## SPARON BAR AND LODGE

Kasese

## **MOON LIGHT LODGE**

Kasese 0782430771/ 701430771 Kitwile resturant and lodge Kasese

## **SUN SET LODGE**

Kasese, 0777210113

## SIZZLERS BAR AND LODGE

Kasese

### **NEW VEGAS LODGE**

Kasese 0785809783

## **COLLIN PALM GARDENS**

Kasese Busongora, 0772768155

## LABENZE BENZE BAR AND LODGE

Kasese Kyabambe road central division 0773254686

## SHOE BILL GUEST HOUSE

Kasese Kamulikirizi 0772369707

## HAPPY LAND GUEST HOUSE

Kasese 0772966242

## LOW PRICE BAR AND LODGE

Kasese 0774525509

## **KIDODO GUEST HOUSE**

Kasese 0394863294

## KASESE VILLA GUEST HOUSE

Kasese 0779591110

## **BETHEL GUEST HOUSE**

Kasese 0789325643/774007951

## **MBARA SAFARI LODGE**

Kasese Mbarara - Kasese road 0703301650

## SPRING INTERNATIONAL HOTEL

## THIRT'S (03'S) CLUB

Kyabambe road - central division, 0781266686

### **HIGHLAND LOSE**

Kabale 0708090786

## **GREEN HILLS HOTEL**

Kabale

## **AGENDA REST INN**

Kabale Along Kisoro road 073257775

## **GOLF SIDE INN**

Kabale 0783556679

## **JOWILLS HOTEL**

Town Hotel (TH) Kabale 0774807494

## **KIGEZI GARDENS INN**

Kabale 0773250306/779870999

## AFRIQUE BAR AND LODGES

Kabale

## **VIENNA GUEST HOUSE**

Kabale Kekubo cell Rukonjo road 0782192707

## VICTORIOUS GUEST HOUSE

Kabale

## RWENZORI BAR AND LODGE

Kabale Nkunda road 0775036295

## DOT COM GUEST HOUSE

Kabale 0774386908

## **ALPINE GUEST HOUSE**

Kabale

## **NYAKISHENYI LODGES**

Kabale

## WORLD NEIBOURS INN

Kabale 0775499663

## VISI TOURS HOTEL AND ACCOMMODATION

Kabale 0784127013

## **CLOUDS VIEW HOTEL**

0775431899

## CITY MAX HOTEL

Kabale, 750404220

## **TOWN VIEWS INN**

Kabale 0772680770/772682836

## MEDITERENIAN SOURCE

Kabale, 0772159218

## HERAS COUNTRY RESORT

Kabale, 0772451396

## LIONS VILLA RESTAURANT

Kabale 0756055604/ 781424504

## BANBOCHA LODGE

Kabale, 7725729042

## **SKY LINE HOTEL**

Kabale, 0772389030

## BRAZIN FOREST RESORT

Kabale Rukondo road 77286683458

## ROYAL COMFORT GUEST HOUSE

Kabale Babukika

### **STANDARD HOTEL**

Kabale

## RENDEZOUS VALLEY PUB

Kabale 782730174

## TWO STEPS BAR AND LODGING

Kabale

## **HAPPY LAND INN**

Kabale Market street <u>135</u>

## BUNYONYI HEIGHTS INN

Kabale 0776740652

## THE BOSS MONALIZA

Kabale

## **CEPHAS INN**

Kabale

## **CAPRICON HOTEL**

Kabale 0774464909

## **MANHATTAN HOTEL**

Kabale

## LITTLE RITZ HOTEL

Kabale Nyerere Avenue 0771681016

### HILL TOP HOTEL

Kabale 0779842965

## NEW LANDON IMAGE HOTEL

Kabale

## **COUNTRY VIEW HOTEL**

Kabale

## KIRIGIME GUEST HOUSE

Kahale



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- +256 712 741 015 www.gorilla-tracking-uganda.

## **Enjoy Safaris Africa Limited**

Plot 1 Colville Street Shumuk

+256 756 443 096

## **EverBased Tours and Travel Limited**

Luwum street, Plot 25, JBK Plaza, 2nd Floor

#### **Exclusive African Safaris**

- +256 414 286 415
- +256 772 887 484.
- +256 705 739 025

www.ugandasafariexperts.com

## **Experience Uganda Travel**

- +256 788 714 587 /

## **Friendship International Tours And Travel Limited**

Mukwano Mall, Rm F-Rashid Khamis Road UG-47 P.O.Box

- +256 787 367 685
- vanee c@126.com

## Gecko Safaris (U) Ltd

Eco Bank Plaza,2nd floor 2L

- +256 414 698 940 /

## **Global Interlink Travel Services Ltd**

52 Grand Imperial Hotel

Kampala, Uganda

- +256 414 235 233 /

## Go Uganda Safaris | Credit **Uganda Tours**

Nansana Town council

- +256 393 281 547 /

## **Gorilla Bookings Uganda**

- +256 392 911 059 /

### **Gorilla Tours Ltd**

- +256 414 200 221 /

### **Gorilla Trek Africa Ltd**

Box 22754, Kampala Uganda +256 776 107 004 /

- +256 705 487 517

## **Gorillas And Wildlife** Safaris LTD

Suite 15 Hotel Areba Building,

Plot 488 Entebbe-Kampala Rd 12 Kms from Ebb Airport P.O.Box 10089, Kampala

- +256 392 080 994 /
- +256 772 979 425

### **Gracious Tours And Travel**

no. FC 50. Namasuba. Ebb +256 414 580 712 /

- +256 414 580 712

## **Great Lakes Safaris Ltd**

Mutungo Hill Plot 1001, Block

- +256 414 267 153 /
- +256 772 426 368

#### **Great Value Safaris Ltd**

Plot 1 Suite No.108. Lower Ground Floor, Next To

- +256 414 347 501.
- +256 312 272 236
- +256 776 692 286.
- +256 758 996 633

### **Green Breaks Uganda Ltd**

E4 Topher Close, Mbuya, Kampala P.O.Box 548. +256 393 277 128 /

- +256 772 200 337

## **Green Journeys Africa** Uganda

- +256 414 665 558 /
- +256 757 982 448

### **Green World Safaris**

Entebbe Road- Naiia +256 414 696 498 /

- +256 772 676 558

### **Greenleaf Tourist Club**

+256 414 230 460/1/

## **Heritage Holiday Safaris**

Plot 6B-7B luthuli 5th close

- +256 782 291 358 /

info@heritageholidaysafaris.com

## **Hog Safaris** Uganda

- +256 312 514 404
- +256 782 711 903.
- +256 752 656 142

## **Home To Africa Tours and Travel Company**

- +256 414 692 378 /
- +256 774 872 185

## **House of Uganda Safaris**

Road Ntinda. P.O.Box 6465, Kampala Uganda +256 777 912 940 /

- +256 758 567 725

## **Insight Safari Holidays**

Plot 19 Bukoto Street P.O.Box 256 392 613 687. 256 414 580 794

## **Journeys Uganda**

- +256 771 664 445 /
- +256 782 531 915 info@journeysuganda.com

### **Kabiza Wilderness Safaris**

Plot 472 Nsambya Babies

- +256 772 978 292 /
- +256 774 785 852

### Kagera Safaris Uganda

- +256 782 477 992

## **Kampala Executive Aviation**

KAFTC Kajjansi Airfield Gate1

- +256 772 712 557/
- +2256 776 236 699

## **Kara-Tunga Arts & Tours**

Circular Road, Plot 80. P.O. Box 127, Moroto, Uganda

- +256 785 071 885 /
  - info@kara-tunga.com www.kara-tunga.com

## **Kazinga Tours Ltd**

Close 406 Makamba Road. +256 414 274 457 /

## **Kennedy Safaris**

## **Kibo Slopes (U) Ltd** Uganda

kampala@kiboslopessafaris.com

### Kigezi Biota Tours LTD

Road, plot 20 Kabale district P.O.BOX 666, Kabale

- +256 750 745 970

## **Kikooko Africa Safaris LTD**

Wakiso District (Near J&M Hotel P.O.Box 10719, Kampala

+256 704 446 048

### **Kisa Safaris**

Plot 923.Ham Towers.

- +256 392 176 841 /
- +256 782 720 231/
- +256 701 070 444/

## **KJong Safaris Ltd**

Plot No. 28 Chorley Crescent Box 40289 Kampala

- +256 312 111 304 /
- +256 751 646 578/
- +256 776 660 918

## **Kompass Safaris**

Plot 1069 Kamuli-Kilule Road.

- +256 775 213 904

## **Kori Safaris**

AK Building, off Gayaza Rd (after Kubiri roundabout)

- +256 701 600 600

## www.gorilla-safari.net **Kyaninga Royal cottages**

- +256 392 962 489 / +256 755 715 069 /
- +256 704 571 790

info@kyaningaroyalcttage.com

## Lake Bunyonyi Eco Resort **Tours and Travel**

UMA Show Grounds 3844 Kampala

- +256 772 412 855

## **Lake Kitandara Tours And** Travel

Plot 442 Bukasa-kirinya road, +256 312 277 304 / +256 775 887 258

### **Lets Go Travel Ltd**

Plot 2 Bandali Rise, Bugolobi.

- +256 772 614 193

## **Lifetime Experience Safaris**

## **Livingstone African Safaris**

Plot 3692. Kabanda Road. 29023, Kampala, Uganda +256 312 292 947 / +256 772 459 379

## **Love Uganda Safaris & Tours Ltd**

Plot 83, Semawata Road

+256 392 177 127 /

+256 772 633 920

## **Malachite Tour And Travel** Block 116, Plot 166, Nangabo

Road Zone, Masooli, Bombo P.O.Box 12312, Kampala +256 712 326 225

## **Mamaland Safaris** Gaba Road, Kansanga

28645. Kampala

### **Mantana African Safaris**

+256 414 320152 / +256 772 401 391

## **Maranatha Tours And Travel Ltd**

## **Matoke Tours**

P.O.Box 1881, Kampala,

- +256 751 057 863 /
- +256 782 374 667

## **MOGAMBO, Pasión Por** África. Ltd

- +256 414 692 789 /

## **Muafrika Expenditions Ltd**

Mawugulu Village Entebbe

- +256 782 714 441 /
- +256 702 714 441

## **Nalubale Rafting**

+256 782 638 938 / +256 782 638 938

## **Nanjing Tour and Travel**

- +256 393 202 763 /
- +256 393 202 763

## **Naturetrack Expeditions** Uganda

+256 392 896 754 / +256 774 132 967

## **Netspan Ltd**

Equatorial Hotel Shop No 42P.O.Box 10532 Kampala.

- +256 414 348 766 /
- +256 772 704 326

## Nile Rapid Falls Tours & Travel (U) Ltd

Namugongo P.O. Box 1579.

- +256 392 001 702
- +256 772 222 686;

## **Nile River Explorers**

+256 434 120 236 /

## **Nkuringo Walking Safaris** (U) Ltd

Plot 34 Kitinda. SOS Zone - EntebbeP.O.Box 10152. +256 312 107 386 info@nkuringowalkingsafaris.com www.nkuringowalkingsafaris.com

## **Nshongi Safari Tours &** Travel Ltd Plot 7 Market Street.

Kampala, P.O. Box 23119 +256 414 237 775 +256 701 349 040

## **Nshuti Safaris Ltd**

+256 755 600 222 / +256 755 600 222

## **PearlAfric Tours And Travel Bureau**

+256 414 346 168, +256 752 504 301.

## **Picnic Safaris Ltd**

Plot 2-4. Kiwana road. Nakumatt Store +256 312 515 402 / +256 312 515 402

## **Pinnacle Africa Safaris**

Plot 475 Tal Cottage Road. +256 414 272 711

### **Platinum Tours And Travel**

Plot 8 Colville Street next to P. O Box 8102 Kampala, +256 392 001 357 /

- +256 712 841 143

## **Primate Expeditions Ltd**

+256 774 387 632 /

+256 774 387 632

### **Primate Watch Safaris**

Plot 4277 Namasuba-Ndeije RD.off Ebb P.O. Box 671 +256 772 616 107 info@primatewatchsafaris.com

## **Primate World Safaris** Uganda

Nakawa, Kampala Uganda. driver rd.Ground floor near kamwesi PO Box 70537 +256 414 660 278 /

## **Prime Safaris & Tours Ltd**

A.K. Building, Gayaza About P.O. Box 16373. +256 414 532 162 / +256 773 912 891

## **Raft Uganda Adventures**

+256 772 237 438 +256 750 237 438

## **Range Land Safaris**

www.rangelandsafaris.com

### **Realm Africa Safaris**

- +256 414 320 756 / +256 704 669 088
- info@realmafricasafaris.com

### **Red Chilli Hide Away**

Plot 17 Gangaram Rd Mbuya P.O.Box 40288, Kampala

- +256 312 202 903
- +256 772 509 150
- reservations@

redchillihideaway.com

## Reed Buck Uganda Tours and Travel

- +256 782 177 658 /
- +256 782 177 658
- reedbuckuganda@gmail.com www.naturesafariuganda.com

### **Renewills Tours and Travel**

Entebbe Bugonga, Queen's Road, Nakasamba Road Plot 7 P.O.Box 27332, Kampala

- +256 312 111 637 /
- +256 758 920 250

info@womentouruganda.com www.womentouruganda.com

## Riessnance Tour and Travel Company Ltd

Lumumba Avenue P.O. Box 3008

- +256 776 161 935;
- +256 757 701 423

info@riessnancetours.co.ug www.riessnancetours.co.ug

### **Roadtrip Uganda**

Grace Musoke Rd, Bukoto Kampala P.O.Box 1881 , Kampala +256 773 363 012 /

+256 773 363 012

info@roadtripuganda.com www.roadtripuganda.com

### Safari 2 Gorilla Tours

Tumushabe Amos House BTN Jopfam Hotel and Kabale Golf Course P.O.Box 568, Kabale +256 774 608 916 / +256 774 608 916 info@safari2gorilla.com

### **Safari Skies LTD**

Radio Station road, Upper Konge Hill, Plot 4 Kampala Uganda P.O.Box 23132, Kampala

- +256 782 256 699 /
- +256 782 209 186 info@safariskies.com

### Sense Of Africa-Uganda

Plot 1 Kimera Road, Ntinda Shopping Centre, Kampala Office#E03 PO Box 7681, Uganda

- +256 779 597 924 /
- +256 772 553 238

steven@senseofafrica.co.ug

## **Shiyaya Tours & Travel**

Plot 45 Bukoto street

- +256 200 922 210 / +256 700 222 101
- shiyaya@shiyaya.trave www.shiyaya.travel

## **Shoebill Safaris**

Najjanankumbi, Ebb Ro

- +256 757 642 401/
- +256 757 642 401 tours@shoebillsafaris.com

### **Simba Africa Expeditions**

Lubowa, off Twins Motel off Entebbe Road +256 414 581 109 / +256 772 354 691 info@africa-expeditions.com www.africa-expeditions.com

#### **Sites Travel Limited**

Kampala Serena Confrence Centre, 2nd Floor suite 33

- +256 414 347 443 /
- +256 772 417 481 info@sitestravel-ug.com www.sitestravel-ug.com

## **Skymate Tours & Travel**

Equatorial Shopping Mall level 1 Rm 640- William street Kampala

- +256 414 697 188 /
- +256 782 915 447

info@skymatetoursandtravel.com www.skymatetoursandtravel.com

## **Speedway Safaris Ltd**

Plot 24 Suna/Nyanama Road, off Kampala - Entebbe Airport Highway P.O. Box 37400, Kampala Uganda

- +256 772 381 544 /
- +256 715 700 700

info@speedwaysafaris.com www.speedwaysafaris.com

#### Speke Uganda Holidays

Plot 47 Ntinda Road, Kampala, Uganda. P.O. Box 23532

- +256 393 294 531
- +256 701 207 009

info@spekeugandaholidays.com www.spekeugandaholidays.com

## **Sun Africa Expeditions**

Plot 42,Lumumba Avenue,Buganda Rd. Kampala P.o Box 12303,Kampala,Ugand +256, 485,661,004

+256 782 536 992

info@sunafricaexpeditions.com www.sunafricaexpeditions.com

### SwanAir Travel & Safaris

Plot 4 Kimathi Avenue +256 414 235 608

+256 772 750 965

swanair@swanairtravel.biz www.swanairtravel.biz

### **Tailor Tours and Safaris Ltd**

Bweyogerere-kirinya, Kampala

- +256 414 580 820
- +256 781 243 646

nfo@tailorsafaris.com

### **Tales of Africa Safaris Ltd**

Plot 34,Kansaga Rd,Kampala +256 704 106 042 / safaris@talesofafricasafaris.com www.talesofafricasafaris.com

## **Terp Travel Ltd**

Plot 37/41 Portbell P.O.Box 12339, Kampala +256 702 475 426 namubiru.prossie@yahoo.com www.trayel.tomosigroup.ug

## The Crested Crane Bwindi Tours

Uganda

- +256 414 233 999
- +256 752 200 380

thecrestedcranebwindi.com www.thecrestedcranebwindi.com

## The Far Horizons U Ltd

Plot 5101/2, Upper Konge, Makindye.

- P.O. Box 37789 Kampala
- +256 772 786 999
- +256 783 583 923 info@thefarhorizons.com
- www.thefarhori

**The Tourist Centre** 

Plot 2 Main Street - Post Office Building Jinia P.O.Box +256 434 122 758

- +256 706 600 001
- safaris@touristcentresafaris.com www.jinjatouristcentre.co.ug

## The Uganda Safari Company

Plot 5 Binayomba Road, Bugolobi, Kampala. P.O.Box 23825, Kampala, Uganda

- +256 414 251 182
- +256 772 489 497 info@safariuganda.com www.safariuganda.com

## Thousand Hills Expenditions

Uganda +256 777 284 831

+256 782 121 769

thousandhillsexpeditions.com www.

thousandhillsexpeditions.com

## **Tourland Uganda**

Equatorial Mall Suit 504 P.O. Box 24611 Kampala, Uganda

- +256 772 990 886
- www.tourlanduganda.com

## Travel 256 Ltd

3rd Floor, Najja Shopping Centre, Ebb Rd, Kampala P.O.Box 33137 , Kampala

- +256 772 367 972/ +256 772 367 972
- +256 //2 36/ 9/2 info@travel256.com

## Travel2Uganda

Kansanga,Gaba Road P.O.Box 72702, Kampala +256 786 292 880 / +256 786 292 880

gabriella@travel2uganda.com

#### **Travelers Link Africa**

Park Royal -Room 209 starting June 2016 OPP Watoto Church Central

- +256 414 699 658 /
- +256 754 062 366
- info@travelerslinkafrica.com www.travelerslinkafrica.com

## Triple Tee Adventures Limited Uganda

- +256 393 612 865 /
- +256 772 212 865 info@tripleteeug.com

## **Twende Expeditions Ltd**

Craft Africa opposite hotel Triangle, Buganda Road P.O.Box 694, Kampala +256 772 404 621 info@twendeexpeditions.com www.twendeexpeditions.com

## Uganda - Trails Ltd

Entebbe, 5A Nakiwogo Ro +256 793 382 481 / +256 780 292 327 info@uganda-trails.com

www.uganda-trails.com

## **Uganda Experience Safaris**

Unit 5, Trust House 20 Airport Road Entebbe P.O.Box 534, Entebbe, +256 414 320 569 / +256 774 040 170

## Uganda Travel Bureau 2004 Ltd

Pan Africa House, Kimath Avenue Kampala P.O.Box 5619, Kampala, Uganda +256 312 232 555 / +256 772 232 555 info@utb.co.ug

## Uganda Wildlife Scene

+256 414 237 506 / +256 772 434 386

## **Venture Uganda Ltd** Uganda

+256 393 202 033

## **Victoria View Hotels and Tours Ltd**

near Serena Kigo P.O. Box 1508, Kampala +256 392 178 088 /

## **Visit Uganda Tours and Travel Uganda**

+256 700 137 176 / +256 700 137 176

### **Volcanoes Safaris**

13 Cooper Road Kisementi P.O.Box 22818, Kampala, +256 414 346 464 /

## **Voyager African Safaris** Limited

P.O.Box 36453, Kampala (U)

+256 712 441 832 voyager@discoverafrica.co.ug

## **Wave Expeditions Limited**

Capital shoppers Complex

+256 414 661 541 / +256 772 653 193

## **Whistling Duck Tours And Travel Ltd**

Plot 16 Kisinia Road. +256 434 122 168 / +256 792 767 605

## **Wild Frontiers Uganda**

414 321 479 / +256 772 502 155

## **Wild Jungle Trails Limited**

+256 414 663 115 /

## **Wild Whispers Africa**

Plot 19 Bukoto Street. 36566. Kampala +256 312 107 945 /

### **World Venture Ltd**

### Y- Save Safaris Limited

basaba@v-save.org

Block 668 2nd Floor Unit 3, Buganda Road Flats +256 792 657 327



## **TOURIST INFORMATION CENTRES**



## MBARARA DISTRICT

## Mbarara Tourism **Information Centre**

Located along Plot 352 Mubangizi Road, Mbarara City Tel: +256701498046/ +256701356038/+256772592569 Email: embassyh@gmail.com Website: www.visitmbarara.com

## **QUEEN ELIZABETH** NATIONAL PARK

## **Mweva Visitor Information Centre**

Located in Oueen Elizabeth National Park Tel: +256782387805

## **BWINDI IMPENETRABLE NATIONAL PARK (BINP)**

## **BUHOMA Park Head Ouarters**

Located in Kanungu District, Buhoma Town Council - Southern Ward. Easily accessible via Oueen Elizabeth NP (Ishasha sector) and Rukungiri.

Tel: +256-782-957-970/ +256-773-494-641

## **RUHIIA Tourism Station**

Located in Rubanda District, Ruhija sub-county, Kitojo parish. Easily accessible via Kabale Municipality Tel: +256-772-850-593/ 256-772-850-593

## **RUSHAGA Tourism Station**

Located in Kisoro District, Rubuguri Town Council - Eastern Ward, Easily accessible via both Kabale & Kisoro Towns

Tel: +256-772-911-499/ +256-783-148-777

## **NKURINGO Tourism Station**

Located in Kisoro District. Nyabwishenya Subcounty, Nkuringo Town Board. Tel: +256-772-640-157/ 256-775-015-254

## UGANDA SAFARI GUIDES ASSOCIATION (USAGA)

The Uganda Safari Guides Association (USAGA) was formed in 2000 by tour guides and specialists of tourism subactivities such as birding, butterflies, reptiles, and cultural tourism, to provide a platform to increase their visibility and recognition as key actors in the tourism industry. USAGA was formally registered as a company limited by guarantee on 14th May 2004, and has since grown in membership and is recognized as the umbrella association of all tour guides and associated clubs in Uganda. USAGA's organizational structure is governed by the General Assembly whose authority is delegated to the Executive Committee and operationalized through a secretariat based in Kampala. USAGA membership includes ordinary, corporate and associate members, and with 600 individuals currently registered as ordinary members. admin@ugasaf.orgLocation: Capital Shoppers Nakawa 2nd Floor, Room 17 Phone: +256 786 401 191 Mobile: +256 782 919 838Mobile: +256 777 912 938.

## **PRACTICAL INFORMATION**

 Western Uganda is best visited during the drier months of June to August and December to February, when it's easiest to go gorilla trekking

in hilly Bwindi and the wildlife viewing in the parks is at its prime. Travelling during the rainy low season months of March to May and September to November does have its budget-friendly benefits though - you'll get cheaper room rates at hotels and lodges and it is possible to get discounted gorilla trekking permits, but be prepared for muddy roads. torrential downpours. challenging hiking and low visibility for wildlife.

If you want to go gorilla trekking, you need to book vour permit several months in advance through the Uganda Wildlife Authority or through a tour operator, as there's a limited number of permits that sold every day and during the most popular months for trekking (June to August) the permits can sell out five months in advance. For chimpanzee habituation experiences it's best to book around three months in advance

Market share of petroleum products marketing companies in Uganda, these are some of the companies you will get to fuel your transport means while touring the South western Part of Uganda.

RANK	OIL COMPANY	PERCENTAGE
1	Vivo Energy	22.7
2	Total M&S Uganda	19.6
3	Oryx, Kobil and Mogas	9.0
4	Independent oil marketers	49.0

Uganda Tourism Police Force Unit; This has well over 1000 fully trained personnel aiding in protecting of tourists and visitors to Uganda. Thus, both local and international Tourists. They are found at most Tourist sites including hotels and lodges thought Uganda. You can reach them on:



Tourism Police	0717 179563
Mbarara	0714 667841
Ibanda	0714 667845
Ntungamo	0714 667848
Kiruhura	0714 667863
Isingiro	0714 667866
Bushenyi	0714 667851
Sheema / Kibingo	0718731758
Kabale	0714667857



814

**Emergency:** 999/112

Police Information Resource Centre



## **TRANSPORT**

## Taxis, busses and other transport in Uganda

The main vehicles of the puplic transport in Uganda are small mini busses, which are called here "taxis". In contrast to our taxis these are approved for 14 people and low priced. Nationwide they are distinguished by their blue chequered markings.

## How does it work?

These taxis are driving on fixed routes, mainly through the cities and from their centres to the suburbs. It is not that easy to tell which taxi goes where, so it is best always to ask. All the gandans are really friendly and they will help you.

You can flag them down everywhere and you can get off everywhere. The payment is done after the ride. the amount depends on the distance. When you drive far out of Kampala

you don't pay more than a few Euros. You pay when you alight the co-driver at the rear door. Always carry enough small change with you. Advice: When you first use a taxi, take somebody with you who knows how it works. After this test you will see how easy it is. Its not always comfortable to use taxis in Uganda. Sitting with 14 people in a small car, in the middle of a traffic jam with 30° outside - there are better things in the world. If you want to avoid such a situation, using a special hire is the better choice.

## The last few kilometers with boda boda

In addition there are the so called "boda bodas", either as motorbikes or bicycles. That means that you are the pillion rider. The boda bodas are uesed for the destinations off the main roads, instead of walking home some kilometers from where the taxi stops. Within Kampala the main advantage of boda bodas is that you safe time during rush hours. You reach your target by boda boda quickly, while all others have to wait in the traffic jam. Boda bodas are very cheap. For a distance of some few kilometers you pay only 50 cent. However, their use is not without hazard in the bustle of the streets. Because there is no helmet you could use, and you cannot be sure if the driver knows anything about "safe driving".

## White man on a boda boda?

Often the Ugandans wonder about white tourist on a boda boda. From their perspective every tourist is

"rich". Therefore white people could afford an own car, or at least could afford a "special hire". If you don't feel uncomfortable when people on the street wonder about you, then you can safe a lot of kilometers on your feet.

## Special hire: more comfortable, still cheap

A "special hire" in Uganda is that, what we would call a "taxi" in Europe: A standard vehicle for 4 persons + driver, who drives you wherever you want. This works very well, and the drivers are frindly, helpful and they know one's way around.

The fee does not depend on the distance or the duration, but its negotiated before you start. Of course as a tourist you always pay a little bit more than a Ugandan. But nevertheless you can drive through whole Kampala for not more than 5 Euro - some insider tipps from the driver inclusive, and sometimes air conditioned!

When you walk through Kampala by feet, the drivers of "special hire" and "boa boda" permanently make you offers to use their vehicle. This is always meant kindly and friendly, even the hundredth offer. Therefore you should also be friendly when you refuse this offer.

## Travelling by bus in Uganda

All cities in Uganda are linked by bus. The bigger coaches are preferable compared to the smaller shared taxies regarding security and comfort. Especially recommended are the post coaches, for which you can obtain

tickets at every post office. Departure is normally at the post office as well. To travel by bus is in general cheap. On average you pay 1-2 Euros per 100 km. It is best to by your ticket the day before departure.

There are also international connections, for example to Nairobi (Kenia) or Kigali (Ruanda). Details, addresses and fares you can establish through known travel guides for Uganda or locally.

## **Shopping in South Western Uganda**

In the capital Kampala you actually can get everything what you are used to at home. There are a few western style shopping centers (e.g. Garden City Shopping Mall, Quality Hill Shopping Mall, Shoprite Checkers). There are big shopping malls in other cities as well, especially South Western Uganda in particular, Partly you will encounter the same brands and products which you find in the shelves at home.

Recommended are the countless small local supermarkets, where you can purchase regional products at cheaper prices. You will find these shops in a lot of towns.

Tempting is also the numerous streets stands of local people offering fruits, herbs, nuts and the huge choice and freshness especially of the tropical fruits beats every supermarket at home! Pineapples, bananas, mangos, papayas, oranges and a lot more you can get here in excellent quality for a few cents.

Be careful with meat and fish, because the hygienic standards often leave a lot to be desired.



## **HEALTH SERVICES**

- . Kabale Regional Referral Hospital, commonly known as Kabale Hospital, is a hospital in the town of Kabale in Kabale District, in south-western Uganda. It is the referral hospital for the districts of Kabale, Kanungu, Kisoro and Rukungiri.
- 2. Mbarara Regional Referral
  Hospital, commonly known as
  Mbarara Hospital, is a hospital
  in Mbarara in the Western Region
  of Uganda. It is the referral
  hospital for the region and
  specifically for the districts
  of Mbarara, Bushenyi, Ntungamo,
  Kiruhura, Ibanda, and Isingiro.

## **Emergency 24 Hours**

+256701995356 Ambulance Number: +25677000000

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## MINISTRY OF TOURISM, WILDLIFE AND ANTIQUITIES.

2nd FLOOR RWENZORI TOWERS, PLOT 6 NAKASERO ROAD P.O. BOX 4241, KAMPALA,UGANDA.

**Phone:** 0200780400

**Email:** info@tourism.go.ug **Website:** tourism.go.ug



## **Collaborating Partners:**







